

# Link Budget Analysis of In-body to On-body UWB Low Band Communications for Capsule Endoscope

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## ABSTRACT

This paper aims to perform a link budget analysis for a typical application in wireless implant body area networks (BANs), i.e., capsule endoscope. Ultra wideband (UWB) technology is an attractive candidate for wireless body area communications, especially for providing a high data rate to fulfill real time transmission. In this study, based on the channel characterization and average bit error rate (BER) evaluation results in pulse position modulation (PPM) or on-off keying modulation impulse radio (IR) UWB system over in-body to on-body communication channel, system margin on both single fading channel and two-branch diversity channel are firstly derived and compared, then the link parameters including the communication distance, data rate as well as required transmit power are discussed to clarify the link budget improvement with adoption of diversity reception technique.

## Categories and Subject Descriptors

C.2.1 [Computer-Communication Networks]: Network

Architecture and Design-Wireless communication

## General Terms

Performance

## Keywords

Link budget, in-body to on-body communication, ultra wideband (UWB), spatial diversity, bit error rate (BER).

## 1. INTRODUCTION

Ultra wideband (UWB) is a technology which has been drawn considerable consideration recently in a wide range of applications especially for body area networks (BANs) where devices locate on or in the proximity of a human body [1]. For a very typical medical application such as capsule endoscope in implant BAN, a reliable communication link and a high data rate up to 10 Mbps are in urgent requirement to realize real time

image observations [2]. The use of UWB technology can offer these possibilities and become a strong candidate in the wireless standard on BAN. Based on our recent research results for UWB in-body propagation [3] [4], however, it is understood that in-body transmission has to be limited in the UWB low band, for example from 3.4 to 4.8 GHz as defined in Japan. That is because with the increasing radio frequency, skin depth or penetration depth of human tissue becomes very small. Different from wearable BAN communication, implant BAN mainly undergoes severe signal decay during transmission which may lead to undesired communication performance degradation. In order to improve the quality and reliability of UWB in-body communication, a spatial maximal ratiom combining (MRC) diversity reception technique has been adopted [5].

The objective of this study is to conduct a link budget analysis for PPM-IR-UWB and OOK-IR-UWB wireless communication system of capsule endoscope application. At first, we derive system safety margins versus communication distance in both single in-body fading channel and two-branch in-body MRC diversity channel based on our previous study results on channel characterization and BER performance evaluation, then we discuss the communication parameters such as communication distance, data rate as well as required transmit power over in-body communication channels. Finally we clarify the effective improvement of link budget with diversity technique. This work contributes to the understanding of the feasibility of capsule endoscope in UWB low band and practical system design.

## 2. LINK BUDGET ANALYSIS MODEL

Figure 1 shows an anatomically based human body model with an on-body elliptic disc dipole antenna to receive the capsule endoscope data. The body model was developed based on magnetic resonance imaging data, and has nearly 50 types of tissue with a spatial resolution of 2-mm [6]. The receiving antenna was assumed at five locations in the front of abdomen for spatial diversity reception, i.e., Rx1&Rx3, Rx1&Rx5 as shown in the figure. On the other hand, the transmitting antenna of the capsule endoscope was assumed as a 4-mm long dipole. It was moved along the small intestine at 33 locations, and at each location it had three different directions (x, y, and z) respectively. For each on-body receiver location, the path loss and shadow fading characteristics were derived from 99 data using the finite difference time domain (FDTD) method in conjunction with the anatomical human body model [7]. Then a two-path impulse response model was proposed and it made us easy to adopt a non-coherent envelop or energy detection at the receiver. BER

performance evaluation has also been clarified in [5]. The link budget [8] in this case is the accounting of all of the gains and losses from the transmitting dipole antenna of capsule endoscope, through the in-body fading channel to the receiving antenna in this case as shown in Figure 1.

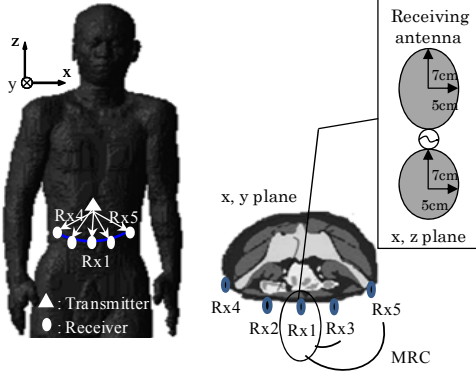


Figure 1. Link budget analysis model with diversity reception.

### 3. SYSTEM MARGIN

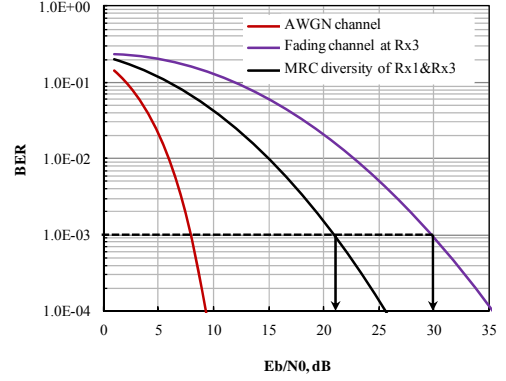
In order to analyze the link budget for in-body UWB channel, besides the derived path loss, the noise characteristics and the possible transmitted signal power also have to be calculated. The noise situation in a receiver depends on several noise sources. To simply this situation, we assume a single equivalent noise source as additive white-Gaussian-noise (AWGN). This noise is typically thermal, introduced by the receiving antenna and the front-end circuit of the receiver. The thermal noise power spectrum density (PSD) expressed in W/Hz is given by:

$$N_0 = kT_a + k(N_F - 1)T_0 \quad (1)$$

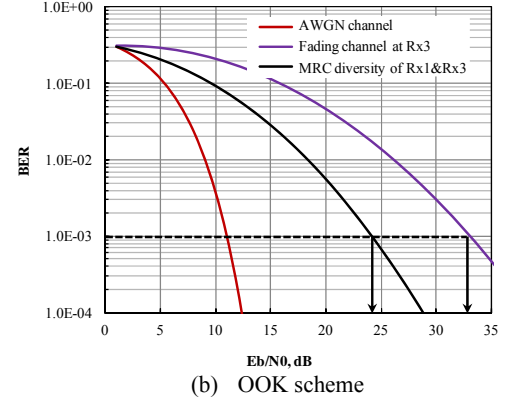
where  $T_a$  is the receiving antenna temperature;  $T_0 = 300K$  is the environment temperature;  $k = 1.38 \times 10^{-23} J / K$  is the Boltzmann constant; and finally,  $N_F$  is the noise figure of the receiving device (assumed as 6dB). Since the receiving device is adorned on the human body, a reasonable hypothesis is introduced as  $T_a = T_0 = 300K$ . Equation (1) can therefore be rewritten in decibel as

$$N_{0,dB} = 10 \log_{10}(kT_0) + N_{F,dB} = -198 \text{ [dBW/Hz]} \quad (2)$$

Since the FCC limits the emission power to be -41.3 dBm/MHz in the allowable band for UWB systems, the maximum allowed transmit power should be 0.1 mW or -10 dBm for the in-body to on-body communication at UWB low band (1.4 GHz bandwidth). The FCC regulation illustrates the fact that the UWB signal must meet the emission mask and the maximum allowed transmit power requirements. Signal power up to the maximum allowed transmit power can be considered as the best case in performance analysis for the UWB system. Given the allowed maximum power, we can evaluate system margin when a predetermined probability of error must be guaranteed at the receiver.



(a) PPM scheme



(b) OOK scheme

Figure 2. Average BER performances for IR-UWB system with PPM and OOK schemes and non-coherent detections.

On the other hand, the received power at each receiver location can be expressed using the path loss model without considering shadow fading as

$$\begin{aligned} P_{r,dBW} &= P_{t,dBW} - PL_{dB} \\ &= PL_{0,dB} - 10n \log_{10}(d/d_0) \end{aligned} \quad (3)$$

where  $PL_{0,dB}$  is the reference path loss (48.5dB) at the distance  $d_0 = 5\text{cm}$ ,  $n$  is the path loss exponent and was introduced as 8 at Rx3, and  $d$  indicates communication distance. It should be noted that in equation (3), transmitting and receiving antenna gains have been considered when deriving the path loss model. Under the given modulation technique of PPM or OOK scheme, the link signal-to-noise power ratio (SNR) or  $E_b / N_0$  which is necessary for a receiver to achieve a specified level of reliability in terms of BER in decibel can be derived as

$$[E_b / N_0]_{dB} = P_{r,dBW} - 10 \log_{10} f_b - N_{0,dB} \quad (4)$$

where  $f_b$  is the frequency bandwidth or data rate. Thus, we can define the system margin for this in-body to on-body UWB channel as  $M_s$  by

$$M_s = \frac{E_b / N_0}{[E_b / N_0]_{spec}} \quad (5)$$

where  $[E_b / N_0]_{spec}$  denotes the required  $E_b / N_0$  for obtaining a specific probability of error. Here we use BER = 0.001 as the

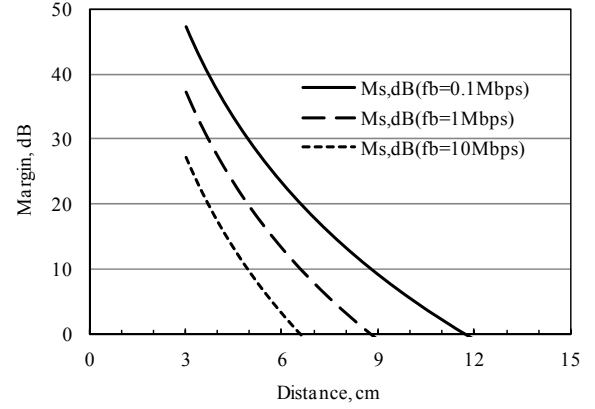
predetermined probability of error threshold according to error correction theory [9]. As shown in Figure 2, we can get the required  $E_b / N_0$  of IR-UWB with PPM and OOK schemes for non-coherent detection with BER =0.001. The corresponding values are 30 dB and 33 dB, respectively, without diversity for single fading channel at Rx3, and 21 dB and 24 dB, respectively, with MRC diversity of Rx1 and Rx3. In equation (5), if the link  $E_b / N_0$  exceeds the required  $[E_b / N_0]_{spec}$ , which means system margin  $M_s \geq 0dB$ , the wireless communication is feasible to be realized. The larger the system margin, the more reliable communication system. Since with the maximum allowed transmit power the best case can be expected in performance analysis for the UWB system, we assumed  $P_{t,dBm} = -10dBm$  in the derivation process of system margin. The parameters for in-body to on-body UWB link budget analysis are summarized in Table 1.

**Table 1. Parameters for in-body to on-body UWB link budget analysis**

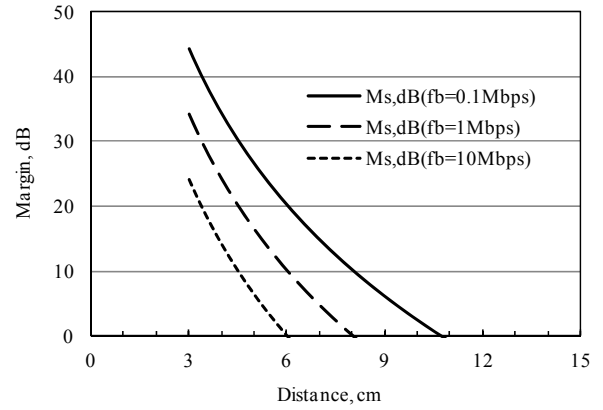
Transmitter & Receiver	
Frequency [GHz]	3.4-4.8
Transmitter output power $P_t$ [dBm]	-10
Standard temperature $T$ [K]	300
Receiver noise figure $N_f$ [dB]	6
Boltzmann constant [J/K]	1.38E-23
Signal quality	
Bit error rate	0.001
$E_b / N_0$ [dB]	30 (PPM, non-coherent detection)
	33 (OOK, non-coherent detection)
	21 (PPM, MRC diversity of Rx1&Rx3)
	24 (OOK, MRC diversity of Rx1&Rx3)

Under the assumption of system parameters tabulated in Table1 and the above equations, we can derive the system margin versus communication distance at different data rate. Figures 2 and 3 show the dependence of system margin on link distance with data rates of 0.1 Mbps, 1 Mbps and 10 Mbps for IR-UWB with PPM and OOK, respectively. It can be found that, at a data rate of 1 Mbps, the system has a margin of at least above 0 dB for PPM at a distance of 8.8 cm and for OOK at a distance of 8 cm both from the body surface. If the data rate is increased to 10 Mbps, the possible communication distance will be limited to only 6.6 cm for PPM and 6 cm for OOK. These results suggest that a further BER improvement is necessary to make the data transmission from the digestive organs possible. Figures 4 and 5 show the dependence of system margin on link distance with the MRC diversity reception of Rx1&Rx3. Such an improved receiver structure provides a better system margin. As can be seen, in almost all of the transceiver locations inside the digestive organs which are usually within 15 cm from the body surface, a data rate of 0.1 Mbps can always have a system margin above 0 dB for PPM with 2-branch MRC diversity. When the data rate is increased to 1 Mbps and 10 Mbps, however, the corresponding communication distances will be reduced to 11.4 cm and 8.6 cm, respectively. The possible communication distance for OOK scheme is somewhat shorter compared to PPM scheme? The maximum link distances at different data rates considered in this study are summarized in Table 2. It has been confirmed that the use of a 2-branch spatial diversity can improve the link budget

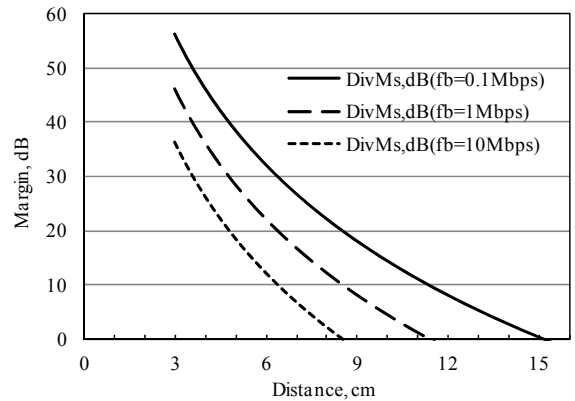
effectively, but it seems insufficient to secure a reliable wireless link for the capsule endoscope application. Nevertheless, it should be pointed out that if we employed higher order diversity or larger transmit power a higher data rate up to 10 Mbps with longer link distance up to 15 cm could be expected.



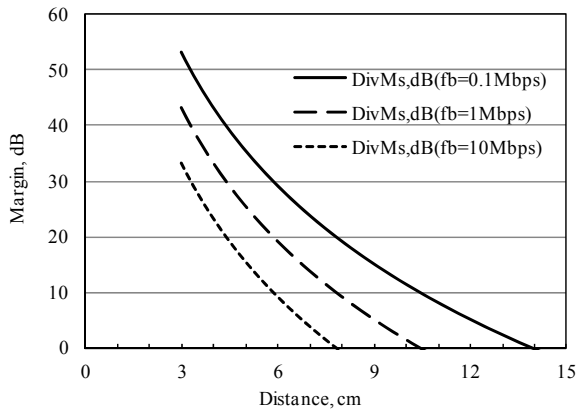
**Figure 3. System margin versus communication distance for PPM-IR-UWB system**



**Figure 4. System margin versus communication distance for OOK-IR-UWB system**



**Figure 5. System margin versus communication distance for PPM-IR-UWB system with diversity**



**Figure 6. System margin versus communication distance for OOK-IR-UWB system with diversity**

**Table 2. Parameters for in-body to on-body UWB link budget analysis**

Data rate	Maximum link distance [cm]			
	Without diversity		With diversity	
	PPM	OOK	PPM	OOK
0.1 Mbps	11.6	10.8	15.2	13.8
1 Mbps	8.8	8	11.4	10.4
10 Mbps	6.6	6	8.6	7.8

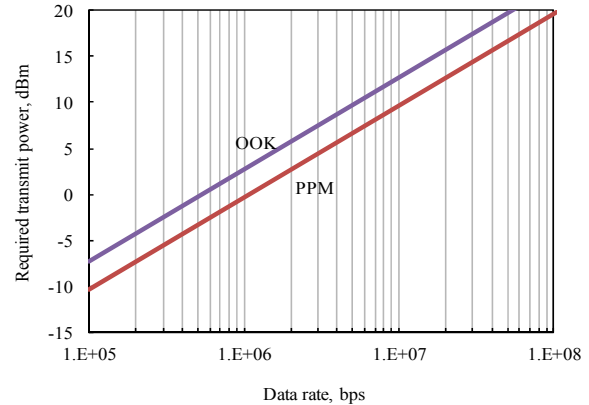
#### 4. REQUIRED TRANSMIT POWER AND DATA RATE

The analysis in the previous section is under the condition that the allowable maximum transmitting power is -10 dBm based on the FCC UWB regulation. However, this regulation is defined in indoor environment. For a UWB transmitter inside the human body, the signals arriving to the body surface will be largely attenuated due to the lossy tissues. This means that a larger transmit power may be allowed as long as the signals at the body surface is sufficient weak. It is therefore meaningful to clarify the relationship between the data rate and the required transmit power. The required transmit power can be derived from Equation (3) and (4) as

$$P_{t,dBW} = [E_b / N_0]_{dB} + N_{0,dB} + 10 \log_{10} f_b + PL_{0,dB} + 10n \log_{10} (d / d_0) \quad (6)$$

Under the 2-branch diversity reception of Rx1&Rx3, we use Equation (6) to derive the relationship between required transmit power and data rate  $f_b$  as an example. Here  $E_b / N_0$  was set to  $[E_b / N_0]_{spec}$  for obtaining a BER of 0.001, i.e., 21 dB for IR-UWB with PPM and 24 dB for IR-UWB with OOK. Figure 7 shows the required transmitting power as a function of data rate at a communication distance of 15 cm, which covers almost all of the possible link distance for a capsule endoscope. The result indicates a required transmit power of at least 10 dBm (10 mW) for achieving a data rate as high as 10 Mbps for the in-body to on-body transmission. Such a data rate can be expected to provide a high-quality image transmission for capsule endoscope application. Moreover, if the transmit power is allowed up to 20

dBm, the data rate may achieve 50 Mbps so that a real-time transmission for un-compressed capsule images become possible. It should be noted that, even if the transmit power (20 dBm or 100 mW) is totally absorbed by the human body, the ten-gram averaged specific absorption rate (SAR) will be 10 W/kg which still satisfies the safety guideline under occupational exposure condition. When the transmit power is limited below 10 dBm, the ten-gram averaged SAR will never exceed the safety guideline of 2 W/kg for daily public exposure [10].



**Figure 7. Required transmit power versus data rate at in-body to on-body communication distance of 15 cm for MRC diversity reception.**

#### 5. CONCLUSIONS

The link budget analysis for a typical medical application of capsule endoscope in UWB low band has been performed based on derived average BER performance of PPM and OOK schemes and non-coherent detection. Based on a predetermined system margin, the maximum link distance has been clarified at different data rates under the maximum allowable transmit power. In addition, the improvement on link distance by diversity reception has also been quantified, and the result has shown a sufficient feasibility to achieve a high data rate transmission at a desired link distance of 15 cm. It has been found that if the transmit power is allowed up to 10 dBm, the data rate may achieve as high as 10 Mbps, and the SAR is still at a completely acceptable level.

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