

Proceedings of the 4th International Conference on Psychology and Health Issues

1 November 2025, Padang, West Sumatera, Indonesia

ICoPHI 2025

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Preface

Praise be to God Almighty for the successful organization of the 4th International Conference on Psychology and Health Issues (ICoPHI 2025), held in Padang, Indonesia, on November 1st, 2025, under the technical sponsorship of the European Alliance for Innovation (EAI). This conference served as an international forum for researchers, academics, and practitioners to exchange knowledge, present their latest research findings, and engage in meaningful discussions on the theme “*Digital Health and Local Wisdom: Advancing Psychological and Health Care for a Sustainable Future.*”

The technical program of ICoPHI 2025 consisted of peer-reviewed papers selected through a rigorous double-blind review process involving at least three independent reviewers for each submission. The accepted papers were organized into various thematic areas reflecting the broad scope of psychology and health sciences, including digital well-being, indigenous and cultural psychology, psychological health, educational psychology, organizational well-being, social well-being, community health, evidence-based practice in health, and disaster and mental health, among others.

In addition to the paper presentation sessions, the conference featured distinguished keynote speakers from both international and national institutions. The international keynote speakers included John DeFroni, Ph.D. (United States), Dr. Priyolatha Govindasamy (Malaysia), and Dr. Shofee U. Rahman (Pakistan). The national keynote speakers were Prof. Dr. Suryani, M.Si., Novika Purnama Sari, Ph.D., Gumi Langery Rijal, M.Psi., Ph.D. (Cand.), and Dr. Erpita Yanti, S.KM., M.Kes. Their insightful presentations contributed significantly to the enrichment of academic discourse and provided valuable perspectives on contemporary challenges and future directions in psychology and health sciences.

We would like to express our sincere gratitude to the Steering Committee and the Organizing Committee for their dedication and continuous efforts in ensuring the success of this conference. Special appreciation is extended to the members of the Technical Program Committee and the reviewers for their careful evaluation of the submitted manuscripts and for upholding the quality of the scientific program. We also gratefully acknowledge the support and cooperation of the European Alliance for Innovation (EAI) throughout the preparation of these proceedings.

Finally, we would like to thank all authors and participants for their valuable contributions and active engagement in the conference. We believe that ICoPHI 2025 has provided a meaningful platform for scholarly exchange and collaboration, and we hope that the papers included in this volume will serve as a valuable reference and inspiration for future research in psychology and health sciences.

Prof. Dr. Suryanef, Dr. Farah Aulia and Devi Lusiria, S.Psi, M.Psi, Psikolog

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