The Effect of Fins on the Performance of the Plate Heat Recovery Ventilator

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Abstract. The present work focuses on modifying an existed commercial heat recovery ventilator unit. The heat exchanger (the core) of this unit is a fixed plate type operating in a crossflow arrangement without fins. The theoretical analysis is performed to investigate the effect of adding a suitable number of fins to the core in two conditions. These conditions are to investigate the effect of adding fins on the performance of the ventilation unit and the possibility of reducing the core size maintaining the original performance, provided that the added fins do not lead to exceeding the permissible pressure drop of 450 Pa at full capacity of 1000m³/h air flow rate. The obtained results indicate that adding fins up to 144 fins per meter makes the heat recovery ventilator has its highest performance with an increase in effectiveness by 33.3%. The lowest volume that can be obtained without compromising the performance of the exchanger is 37% of the original volume by adding 120 fins/m.

Keywords: Heat Recovery Ventilator, Plate Heat Exchanger, Energy Saving.

1 Introduction

Mechanical ventilation is used to continually provide fresh air while recovering thermal energy [1]. Mainly, compact heat recovery ventilator (HRV) is adopted for better air distribution [2]. It consists of a heat exchanger that transfers heat between the hot fresh air with stale room air that has been thermally pre-treated but carries pollutants and needs to be disposed of. The plate heat exchanger as shown in Fig 1, represents the core of the HRV unit. It is constructed from several Aluminum layers or parting plates. The plates serve as the primary surface for heat transfer. They are stacked on each other, separated by spaces, to form two sets of passages through which fresh air and indoor air alternately flow and exchange heat due to temperature differences without mixing.

Among the many compact heat exchangers, the finned plate heat exchangers have their superior performance. They are distinguished by high efficiency, smaller size, low weight and reasonable cost [3]. The sensible effectiveness is close to 66% [4].

The most two important factors that affecting the effectiveness of heat exchangers are the heat transfer surface area and the convective heat transfer coefficient. Note that air is one of the low-level fluids in the values of the heat transfer coefficient. To compensate for this factor secondary surface areas like fins are used.

One of the important strategies in energy sustainability is to recover heat lost due to ventilation as efficiently as possible by using heat recovery ventilators. The benefit of the energy recovery ventilator was summarized by, reducing HVAC energy consumption, reducing peak demand, improving humidity control, and providing appropriate ventilation. The magnitude of the benefits varies depending on climate [5]. The main parameters that affecting the HRV performance are the construction parameters and the operating parameters [6].



Fig 1. Plate HRV construction [5].

Mardiana et al [7] concluded that to study the performance of HRV in terms of heat duty and effectiveness, the following parameters should be considered: the dimensions which determine the core size, the core material, flow arrangement, airflow rate, and the permissible pressure drop.

Alireza Vali et. al [8] showed that the highest sensible effectiveness was obtained by using fins with a smaller aspect ratio. To achieve more than 60%, effectiveness, NTU should be larger than 3 with an aspect ratio less. than 0.3.

Ahmed A. Abduljabbar [9] showed that reducing the channel pitch of the core by increasing fin density acted as a motivation for better performance.

Ahmed Taha Al-Zubaidi [10] found that the effectiveness for corrugated fins was found 10% higher than the case of the pins type owing to the difference in surface area, passage length, and Reynolds number. The pressure drop in both cases was 11.02 Pa.

Ranganayakulu and K.N. Seetharamu [11] concluded that the heat transfer coefficient of the gases is smaller than liquids by 10 to 50 times. Therefore, enhancing the air-side heat transfer coefficient could have significantly reduced the heat exchanger size. It was possible to achieve this target by increasing the heat transfer surface area per unit volume by adding fin.

2 Theoretical Analysis

A commercial HRV is analyzed under climate similar to the climate in Basra City. The technical feature of the HRV is shown in Table 1. The HRV configuration parameters, operating parameters, and assumptions are first determined. then the dominant equations and formulas are discussed.

Table 1. The technical features of the HRV unit [5].

Character	Value	Character	Value

n, (fin/m)	0	Heat Transfer area (A)	7.615 m ²
a, (fin spacing)		$\sigma = (A_o/A_{fr})$	$0.446 \ m^2/m^2$
b, (Plate spacing)	5.1 mm	$\beta = (A/V_p)$	390.2 m ² /m ³
N _{plate} /side	28	$\alpha = (A/V)$	173.94 m ² /m ³
Rated air flow	1000 m ³ /h	$L_1 \mathrel{x} L_2 \mathrel{x} L_3$	370 x 370 x 320 mm

2.1 Geometrical analysis

The compact air-to-air plate heat exchanger under investigation is shown in Fig 2. The exterior dimensions are L1, L2, and L3 as length, width, and depth respectively. Several plates are arranged to create adjacent overlaid cross-passage ways for air streams (both streams are unmixed).



Fig 2. The core of the heat Recovery unit [5].

The specified data of the core is taken from Table 1.

The primary heat transfer area is, $A_p = \alpha V$	(1)
The minimum flow area through the core is, $A_o = \sigma A_{fr}$	(2)
The frontal area of each flow side, A_{fr}	

$A_{fr,i} = L_i L_3 ,$	(3)

The mass flow rate of air \dot{m} is calculated as $\dot{m} = \rho \dot{V}$	(4)
The secondary heat transfer surface is provided through the fins area, $A_f = 2(bL_j) nL_1 N_{plate,}$	(5)
The total heat transfer area for each flow face A is given by, $A = A_p + A_f$	(6)
The hydraulic diameter D_h is given. by [12]. $D_h = 4 \frac{Ao}{\frac{A}{L_j}}$	(7)

 (A/L_j) is the wetted perimeter.

The ratio of minimum free flow area to frontal area for each flow face σ , is given by, $\sigma = \frac{A_0}{A_{fr}}$ (8)

The ratio of total surface area for a flow face relative to the void. volume is designated as β and is given by,

$$\beta = \frac{A}{v_p} \tag{9}$$

The heat transfer surface area for one flow face divided by the total apparent volume V of the exchanger is designated as α ,

 $\alpha = \frac{A}{V} \tag{10}$

2.2 Thermal analysis

The analysis is based on a set of heat exchanger dimensions and a specified volume air flow rate (\dot{V}) at predetermined temperatures of entering both hot and cold airstreams, $T_{h,i}$ and $T_{c,i}$, respectively.

Assuming Steady. state heat transfer with no losses and the air is uniformly distributed. Air properties are evaluated in the first pass of calculation at the inlet. No condensation of moisture. The heat conductivity of the metal is constant.

The subscripts c and h denote cold and hot streams respectively, i and o denote inlet and outlet respectively.

The mass flow rate (\dot{m}) is expressed as,

 $\dot{m} = \rho \dot{V}/3600 \text{ (kg/s)}$

(11)

 \dot{V} is the air volume flow rate (m^{3/}/h) The heat capacity, C is,

$C = \dot{m}c_p$ (W/K)	(12)
C_{min} is the smaller of C_h and C_c .	
The specific heat ratio is (C^*) ;	
$C^* = \frac{c_{min}}{c_{max}}$	(13)
The maximum velocity (u_{max}) through the minimum flow area, $u_{max} = \dot{m}/\rho A_o$ (m/s)	(14)
The mass velocity G is given by, $G = \dot{m}/A_o$ (kg/m ² .S)	(15)
<i>Re</i> , is the Reynolds number, $Re = \frac{\rho u_{max} D_h}{\mu}$	(17)
A modified practical correlation of Nusselt number is used [5],	
$Nu = (0.93 + 0.0001 Re) \left[0.274 Re^{0.569} Pr^{0.333} \right]$	(18)
The heat transfer coefficient h is given by,	

$$h = Nu \, \frac{k}{D_h} \tag{19}$$

The efficiency of thin fins is given as [12],

$$\eta_f = \frac{\tanh(\sqrt{\frac{2h}{k_m t_f}} l_f)}{\sqrt{\frac{2h}{k_m t_f}} l_f}$$
(20)

 k_m fin material thermal conductivity L_f the fin length

The overall heat transfer coefficient, assuming no fouling layers is given as [13].

$$\frac{1}{UA} = \frac{1}{(n_o h A)_c} + \frac{t_{sh}}{k_m A_p} + \frac{1}{(n_o h A)_h}$$
(21)

$$\eta_o = 1 - \frac{A_f}{A} (1 - \eta_f) \tag{22}$$

The HRV effectiveness in terms of NTU is presented as, [14].

$$\varepsilon = 1 - \exp\left[\left(\frac{NTU^{0.22}}{c^*}\right) \left\{ \exp(-C^*NTU^{0.78}) - 1 \right\} \right]$$
(23)

$$NTU = \frac{UA}{c_{min}} \tag{24}$$

From the definition of the effectiveness (ε), the recovered heat is obtained as, $\dot{Q} = \varepsilon C_{min}(T_{h,i} - T_{c,i})$ (25)

Using the energy equation, the outlet temperature of the cold and hot streams can be determined as;

$$T_{c,o} = T_{c,i} + \varepsilon \, \frac{c_{min}}{c_c} \left(T_{h_i} - T_{c_i} \right) \tag{26}$$

$$T_{h,o} = T_{h,i} - \varepsilon \, \frac{c_{min}}{c_h} \left(T_{h_i} - T_{c_i} \right) \tag{27}$$

For the air to air heat cross-flow exchanger, since $C^* \approx 1$, the arithmetic average temperature is given [12].

$$T_{m,h} = \frac{T_{h,i} + T_{h,o}}{2} \qquad (^{\circ}\text{C})$$
(28)

$$T_{m,c} = \frac{T_{c,i} + T_{c,o}}{2}$$
 (°C) (29)

In this situation, it is necessary to recalculate the air properties and the thermal analysis steps have to be repeated based on the obtained mean air temperatures. If the resulting mean values of the mean temperature do not match the values of the last iterated, then the calculation should be repeated until they match.

2.3 Hydraulic analysis

The main pressure losses through the core only with uniform flow consist of:

- Contraction and Expansion losses at the entry and exit to the core.
- Friction losses along with the core [12].

$$\Delta P = 4f\left(\frac{L}{D_h}\right) \left(\frac{G^2}{2\rho}\right) + \left(K_c + K_e\right) \left(\frac{G^2}{2\rho}\right) \tag{30}$$

 K_c and K_e are the entrance and exit loss coefficient.

The recommended values of K_c and K_e are given by [13],

$$K_c = 0.5 (1 - \sigma)$$
 (31)

$$K_e = (1 - \sigma)^2 \tag{32}$$

A modified practical correlation of friction factor is used [5],

$$f = 37.6523 \left(\frac{l_f}{D_h}\right)^{-0.384} \left(\frac{a}{b}\right)^{-0.092} Re^{-0.835}$$
(33)

3 Results and discussions

The analysis is conducted under the most frequent operating indoor air temperature 24°C. The ranges of temperatures for outdoor weather are mostly ranged from 30°C to 48°C for hot climate in Basra. There are extremely hot and humid conditions, but they are considered rare and excluded.

Adding fins to the heat exchanger divides the air passages into smaller channels while increasing the surface area of the heat exchange. As a result, many factors are affected, some of which have a negative or positive impact to different extent on the HRV performance. Table 2 shows the effect of adding many fins up to 270 fins per/m. The flow rate is kept fixed at the maximum rated value of 1000m3/h. The table demonstrates the change in most factors involved in the calculations of the performance. Relative comparison between the first case with no additional fins (row a), and the last case with 270 fin/m (row b). It is expected that an increase in the number of Reynolds will occur due to the decrease in the flow area A_o after adding fins, but the calculations showed that Re is subjected to a decrease due to a greater percent reduction in the hydraulic diameter. This effect has reflected on the value of the Nusselt number (Nu), which underwent some decrease in the surface area (A). The outcome of all these variables is an increase in the NTU value, which leads to an improvement in the effectiveness (ϵ) when increasing the number of fins.

	n	Nf	Α	Dh	Re,av	Ao	Nu	U	NTU	3
а	0	0	7.62	0.0103	3248.4	0.0528	31.05	39.57	0.934	0.4556
	54	20	9.5	0.008	2604.4	0.0511	25.975	42.58	1.25	0.5209
1000 m3/h	108	40	11.4	0.0064	2175.6	0.0494	22.604	45.87	1.609	0.5745
	143	53	13	0.0057	1969	0.048	20.97	48.1	1.86	0.603
	162	60	13.2	0.0053	1868	0.0477	20.17	49.35	2.013	0.6183
	216	80	15.1	0.0045	1636.6	0.046	18.321	53.05	2.466	0.6541
b	270	100	17	0.0039	1456.2	0.0443	16.86	56.96	2.972	0.6835
*100% increase			1.23	-0.6235	-0.552	-0.161	-0.457	0.439	2.182	0.5003
	Th,i	Tc,i	Th,o	Tc,o	ΔTh	ΔTc	Qrec	ΔP	β	α
а	Th,i 46	Tc,i 24	Th,o 36	Tc,o 33.833	ΔTh 10.023	ΔTc 9.8326	Qrec 3233.7	ΔP 127.8	β 390.2	α 173.94
а	Th,i 46 46	Tc,i 24 24	Th,o 36 34.5	Tc,o 33.833 35.298	ΔTh 10.023 11.461	ΔTc 9.8326 11.298	Qrec 3233.7 3706.5	ΔP 127.8 240.9	β 390.2 502.1	α 173.94 216.92
а	Th,i 46 46 46	Tc,i 24 24 24	Th,o 36 34.5 33.4	Tc,o 33.833 35.298 36.508	ΔTh 10.023 11.461 12.639	ΔTc 9.8326 11.298 12.508	Qrec 3233.7 3706.5 4095.3	ΔP 127.8 240.9 359.5	β 390.2 502.1 621.7	α 173.94 216.92 259.61
a 1000 m3/h	Th,i 46 46 46 46	Tc,i 24 24 24 24 24	Th,o 36 34.5 33.4 33	Tc,0 33.833 35.298 36.508 37.166	ΔTh 10.023 11.461 12.639 13.28	ΔTc 9.8326 11.298 12.508 13.17	Qrec 3233.7 3706.5 4095.3 4306	ΔP 127.8 240.9 359.5 450	β 390.2 502.1 621.7 703	α 173.94 216.92 259.61 286.9
a 1000 m3/h	Th,i 46 46 46 46 46 46	Tc,i 24 24 24 24 24 24	Th,o 36 34.5 33.4 33 32.4	Tc,o 33.833 35.298 36.508 37.166 37.504	ΔTh 10.023 11.461 12.639 13.28 13.602	ΔTc 9.8326 11.298 12.508 13.17 13.504	Qrec 3233.7 3706.5 4095.3 4306 4414.1	ΔP 127.8 240.9 359.5 450 507.1	β 390.2 502.1 621.7 703 750	α 173.94 216.92 259.61 286.9 302.31
a 1000 m3/h	Th,i 46 46 46 46 46 46 46 46 46 46	Tc,i 24 24 24 24 24 24 24	Th,o 36 34.5 33.4 33 32.4 31.6	Tc,0 33.833 35.298 36.508 37.166 37.504 38.323	ΔTh 10.023 11.461 12.639 13.28 13.602 14.39	ΔΤc 9.8326 11.298 12.508 13.17 13.504 14.323	Qrec 3233.7 3706.5 4095.3 4306 4414.1 4675.6	ΔP 127.8 240.9 359.5 450 507.1 691.8	β 390.2 502.1 621.7 703 750 887.8	α 173.94 216.92 259.61 286.9 302.31 345
a 1000 m3/h b	Th,i 46 46 46 46 46 46 46 46 46 46 46 46 46	Tc,i 24 24 24 24 24 24 24 24 24	Th,o 36 34.5 33.4 33.4 33 32.4 31.6 31 31	Tc,o 33.833 35.298 36.508 37.166 37.504 38.323 39	ΔTh 10.023 11.461 12.639 13.28 13.602 14.39 15.037	ΔΤc 9.8326 11.298 12.508 13.17 13.504 14.323 15	Qrec 3233.7 3706.5 4095.3 4306 4414.1 4675.6 4891	ΔP 127.8 240.9 359.5 450 507.1 691.8 922.7	β 390.2 502.1 621.7 703 750 887.8 1036	α 173.94 216.92 259.61 286.9 302.31 345 387.7
a 1000 m3/h b	Th,i 46 46 46 46 46 46 46 46 46 46 46 46 46	Tc,i 24 24 24 24 24 24 24 24	Th,o 36 34.5 33.4 33 32.4 31.6 31	Tc,o 33.833 35.298 36.508 37.166 37.504 38.323 39	ΔTh 10.023 11.461 12.639 13.28 13.602 14.39 15.037	ΔΤc 9.8326 11.298 12.508 13.17 13.504 14.323 15	Qrec 3233.7 3706.5 4095.3 4306 4414.1 4675.6 4891	ΔP 127.8 240.9 359.5 450 507.1 691.8 922.7	β 390.2 502.1 621.7 703 750 887.8 1036	α 173.94 216.92 259.61 286.9 302.31 345 387.7

Table 2. Fin effect on the HRV performance.

One of the consequences of these variables is an increase in the amount of change in the temperature of hot and cold airstreams (ΔT_h and ΔT_c), which led to an increase in the amount

of the recovered heat (Q_{rec}). Although the exchanger kept its size, it became more compact by the substantial increase in values β and α . The only negative condition that accompanied the improvement in thermal performance is the increase in pressure drop (ΔP).

It is evident in Figs 3, 4, and 5 that adding fins causes an increasing ineffectiveness. The recovered heat and pressure drop are also increased. Adding up to 143 fins/m doses does not lead to exceeding the permissible pressure drop of 450 Pa. At this point, the effectiveness is 60.3% instead of its initial value of 45.6% (an increase of 33.3%). The recovered heat is increased by 34%. Further, an increase in fins resulting in exceeding the permissible pressure drop. However, the number of fins can be increased to obtain better performance, but at a flow rate less than the maximum rate. For example, adding 162 and 216 to 270 fins/m, the critical flow rates would be 904, 695, and 543.5 m³/h to obtain an efficiency of 62.3%, 67.2%, and 71.1%, respectively. Operating the HRV at flow rates less than the critical at any added number of fins does not set limits on the number of fins. The area under the red dashed line indicates the safe field in terms of pressure drop for any number of fins below 144 fin/m. At a low flow rate with 270 fins/m, the effectiveness reaches the threshold of 80%.

Figs 6, 7, and 8 illustrate the effect of adding fins on the core volume relative to the original volume with no fins while maintaining its initial performance. The green point on the figures represents the exchanger condition at its original volume. It is clear from the figures that an increase in fins leads to an increase in all performance parameters. To keep these parameters unchanged, the volume of the exchanger should be reduced by a percent depends on the added number of fins. For example, when adding 20 fins/m, the volume must be reduced to about 82.8% of its original size, noting that the pressure drop is still below or at the permissible limit. Also, adding 40 fins/m allows reducing the size to 69% of the original without reservation.

The lowest volume that can be obtained without compromising the performance is 37% of the original volume by adding 120 fins/m. Extra fins do not lead to reduce the volume below 37% because it will lead to exceeding the maximum pressure drop. Adding 130 fins allows for a reduction in volume to 49%, but with better performance, the effectiveness improved by 10.4%, and the recovered heat increased by 11%. Adding 143 fin/m does not allow for any reduction in the size. At this point, the HRV has its highest performance with an increase in effectiveness and recovered heat by 33.3% and 34% respectively.



Fig 3. Effectiveness Vs flow rate.



Fig 4. Recovered heat Vs flow rate.







Fig 6. Effectiveness Vs relative volume.



Fig. 8. Pressure drop Vs relative volume.

4 Conclusions

The following conclusions are extracted from the discussed results for the HRV performance:

- 1- While the heat recovery ventilator recovers low-quality heat, it indirectly provides high-quality energy to accomplish the same task by A/C systems without violating the second law of thermodynamics.
- 2- The pressure drop did not exceed 130 Pa at its maximum rated design flow, allowing improving the thermal performance.
- 3- Adding fins up to 143 fin/m, make the HRV has its highest performance with an increase in the effectiveness by 33.3% and an increase in the recovered heat by 34% with the condition of pressure drop not exceeding 450 Pa.
- 4- The HRV size can be reduced to 37 % of its original size without compromising its performance in terms of efficiency and heat duty by adding 120 fins/m with the condition of pressure drop not exceeding the permissible level.

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