

Synthesis, Consolidation and In-Vitro Characterization of Zinc and Potassium Co-Substituted Hydroxyapatite Nano Powders for Bioapplications

Kavitha M
{mk.bio@psgtech.ac.in¹}

PSG College of Technology, Coimbatore, India

Abstract. In the present work, the zinc and potassium co-substituted hydroxyapatite powders were successfully prepared by solution combustion synthesis method to study their bioactivity. The existence of functional groups such as phosphate and hydroxyl groups were revealed by FTIR spectroscopy and absorbance at 880 cm^{-1} confirms the co-substitutions in the synthesized powder. XRD patterns with the peak broadening near 32° showed the presence of HCP phase (hydroxyapatite) with substitutions and nanocrystalline nature. SEM images revealed that the diameter of the synthesized nanorods was from 10-25 nm with the length of about 100-400 nm. TEM images also confirmed the partial crystalline nature of the synthesized powders. EDS elemental analysis also confirmed the presence of Zn and K in the substitutions along with an average Ca/P ratio 1.7. Porous scaffolds were prepared by gelcasting method. SEM images of consolidated samples showed the presence of nanopores and the in-vitro studies confirmed the bioactivity in simulated body fluid without any cytotoxicity. Thus, the above results confirmed that the synthesized powders have similar characteristics like human bone and suggested for using it as a material for preparing porous scaffolds for bone, dental repairs, and replacements..

Keywords: Co-substitutions, nano-hydroxyapatite, cytotoxicity, dissolution studies.

1 Introduction

Bioactivity of Hydroxyapatite (HA) plays a vital role in the medical field in applications such as orthopedic and dental repairs and replacements. Bone defects caused by diseases or genetic disorders are a challenge for the normal functioning of a human and needs autografting, a 'gold standard' for bone re-generation Lim (2019)– García-Gareta (2015). Fracture fragments may disrupt the blood supply for the sequential activation of cells and bioactive molecules that are responsible for the fracture healing process K (2015), SzczeÅŻ (2017). The migration and recruitment of osteo progenitor cells, followed by their proliferation, are the first steps in bone tissue engineering followed by differentiation, matrix formation along with remodeling of the bones Gong (2015), Kim (2015). The osteoconductive, osteogenic, osteoinductive, and osteopromotive characteristics of grafts determine their capacity to promote recovery K (2015). In the structure of natural apatite, different metal ions such as K^+ , Mg^{2+} , Sr^{2+} , Zn^{2+} or Mn^{2+} are the most important trace elements and found in human bones and plasma. Zn is the second most frequently found transition metal after iron in the human body and responsible for collagen synthesis, preserve

bone mineral density, bone metabolism and avoid diseases like osteoporosis and arthritis. Potassium substitutions in the bone mineral reduce the calcium excretion. Hydroxyapatite with chemical formula $\text{Ca}_{10}(\text{PO}_4)_6(\text{OH})_2$ is a well-known bioceramic material with outstanding bioactivity and appropriate for constructing orthopedic and dental substitutes. The presence of larger amount of hydroxyapatite promotes the differentiation and mineralization of MC3T3-E1 cells on the composite scaffolds. Kavitha (2014), Rao (2016). Zinc is a trace element required for normal mammalian cell functions such as DNA and protein synthesis. It is used in osteoblastic cells to stimulate cell proliferation and alkaline phosphatase activity, which improves the osteogenic impact. Roohani (2013)– Seo (2010). This reduces bone resorption in MC3T3-E1 cells. Potassium lowers the excretion of urine calcium and improves calcium balance in healthy people Ceglia (2009), Dawson-Hughes (2009). Potassium bicarbonate and potassium citrate reduce the calcium excretion levels to a greater extent than potassium chloride Lambert (2015).

Substitution of zinc along with potassium in HA is recommended for their contribution in neutralizing the bone depleting metabolic acids to greater osteogenic activity and better calcium stability in bones. The presence of both the elements in the hydroxyapatite scaffold tends to increase the osteoblastic activity during bone regeneration. Though many research works on Zn substitution and K substitution in hydroxyapatite are reported, reports on co-substitution of Zn and K in hydroxyapatite are rarely found. Hence, an attempt on the preparation of zinc and potassium co-substituted hydroxyapatite powders were done and their characteristics are studied in the present work.

Preparation of substituted hydroxyapatite powders can be done through combustion method Rao (2016), Kaygili (2018), hydrolysis, sol-gel Ching (2015), hydrothermal Moussa (2018), Nouri-Felekori (2019), inverse microemulsion method Li (2017), Ma (2016), sonochemical SzczeÅŻ (2017), Qi

(2016), chemical precipitation Ching (2015), Gentile (2015), solid-state reaction method Monmaturapoj and Yatongchai (2010). Out of these above-mentioned methods, considering the rapid synthesis with good energy efficiency to produce partially crystalline co-substituted HA powders, a self-propagating high-temperature combustion synthesis method is preferred. The aim of this work is to prepare the zinc and potassium co-substituted hydroxyapatite powders using solution combustion synthesis method along with characterization and consolidation of powders to ensure their purity, phases present and its bioactivity, to ensure its properties for bio applications.

2 Materials And Methods

Materials used for the synthesis of zinc and potassium co-substituted hydroxyapatite are commercially pure, SD Fine Chem Ltd make, calcium nitrate tetrahydrate (mol.wt: 164.09 g/mol), zinc chloride (mol.wt: 136.286 g/mol), potassium carbonate (mol.wt: 138.21 g/mol), diammonium hydrogen orthophosphate (anhydrous, mol.wt: 132.06 g/mol) and urea (mol.wt: 60.06 g/mol). Double distilled water was used for the preparation of the HA powders.

- Powder synthesis

A self-propagating combustion synthesis technique was used to produce the co-substituted HA powders. The containers required to prepare the solution were properly washed with double distilled water to avoid contamination. One molar concentration solutions of

calcium nitrate tetrahydrate, zinc chloride, and potassium carbonate were thoroughly mixed using magnetic stirrer for 30 minutes. Then, 150 ml of diammonium hydrogen orthophosphate solution was added dropwise to the above solution and stirred well to achieve homogeneity. Finally, a stoichiometric amount of urea was added as fuel into this solution, just before transferring into the muffle furnace, maintained at 400°C. At this temperature, urea decomposed into isocyanic acid (HNCO) and ammonia (NH₃) gaseous mixture. This exothermic reaction leads to a localized rise in temperature within the solution. This spontaneous rise in temperature leads to the combustion of the added precursors to form zinc and potassium co- substituted HA porous mass in a single step. Three samples were prepared with a different soaking time of 15, 30 and 45 minutes, to check the optimum time required for complete combustion of the precursors to get Zn and K co- substituted HA powder without any impurities. Then, the porous mass was crushed using mortar and pestle, washed using acetone and then dried.

- Consolidation of powder

Consolidation of the synthesized powders was done using the gel casting method. The consolidation initially involves the preparation of slip containing the synthesized powder, double distilled water, and organic monomer solution. Generally, polyacrylic acids such as Versicol KA11 and Dispex A40 (Allied colloids, UK) were used as dispersing agents for hydroxyapatite powders. Homogenization was done by using polyethylene spatula and then agitated with single blade stirrer. This slip was then poured into the thermocol molds having the required die cavity. The aqueous solution of acrylate monomers containing dienes was used to set the slip solution by enhancing the cross- linking to produce three-dimensional networking of solid particles. After polymerization, the gels were carefully removed from the mold after 20 hrs. It is then further dried at 300°C for 90 minutes. The dissolution characteristics of the prepared samples were done in simulated body fluid prepared with specified amount of NaCl, NaHCO₃, HCl, and MgCl₂.

3 Results And Discussion

Structure and properties of synthesized Zn and K co-substituted hydroxyapatite powders were analyzed using XRD, FTIR spectroscopy and SEM/EDS. Then the as-synthesized powders were consolidated to 25 mm cubes to study their metallurgical and biological characteristics in simulated body fluid (SBF).

- FTIR spectroscopy

Fourier Transform Infra Red spectroscopy was used for analyzing the functional groups present in the samples synthesized with 15, 30 and 45 min.

Fig.1. FTIR spectra image for three samples

Spectra of all the three samples (Figure 1) showed small absorption at 470, 478, 462 cm⁻¹ which are attributed to the ν₂ vibration mode and sharp bands at 570, 563, 609 cm⁻¹ were due to the ν₄ bending vibrations of phosphates without adsorbed carbonates. Absorbance around 880 cm⁻¹ indicated the substitutions in the cationic positions which might have confirmed Zn and K substitution in Ca positions of HA. The appearance of strong bands at 1026 and 1095 cm⁻¹ in HA-45 and 1002 and 1103 cm⁻¹ in HA-30 and 1018 and 1103 cm⁻¹ samples respectively can be ν₃ stretching of PO₄³⁻ ions. Small bands at 1427 cm⁻¹, 1411 cm⁻¹, 1442 cm⁻¹ in HA-15, HA-30, HA-45 respectively and 1489 cm⁻¹ indicate the ν₃

stretching mode due to the presence of phosphates. The smaller peaks around 1643 cm^{-1} and 2360 cm^{-1} were characteristic peaks of H_2O . A moderately broad peak around 3495 cm^{-1} in all samples can be attributed to hydrated OH^- ions. A sharp peak at 3556 cm^{-1} and small disturbances around 3865 cm^{-1} may probably be due to

the stretching vibrations of OH^- in HA powders, whereas the variation in peak intensities was due to the removal of OH ions when the soaking time increases from 15 min to 45 min. Thus the results confirmed the co-substitutions (Zn and K) in synthesized hydroxyapatite powders.

- XRD analysis

SHIMADZU Lab X-6000 X-Ray Diffractometer was used to carry out the XRD analysis for obtaining the diffraction pattern of the prepared samples using Copper ($K\alpha$) radiation ($\lambda = 1.5406 \text{ \AA}$) with a scan speed of $2^\circ/\text{min}$. Figure 2 shows the XRD patterns of all the three samples having different synthesis times 15, 30 and 45 min.

Fig.2. XRD spectrum for three samples

The crystal structure, phases present, change in lattice parameters and crystallite sizes of all the three samples were determined from XRD reports. XRD patterns of the prepared samples are closely matching with those of standard JCPDS file of pure hydroxyapatite (09-432). The most intense peaks was observed at around 31.82° in 15 min sample and 32.01° in 45 min sample. Presence of nearby three peaks confirmed the HCP crystal structure while a hump near 32° due to the peak broadening confirmed the nano crystalline nature of the synthesized HA powders. The peak shift from most intense peak of pure HA indicates the substitution of smaller Zn atom (139 pm) and larger K atom (280 pm) in Ca positions (231 pm). The crystallite sizes were calculated using Debye Scherrer equation given below and listed in the Table 1.

$$D = K\lambda / (\beta \cos \theta)$$

Where D is the average thickness in vertical direction of the crystal, K is Scherrer constant equal to 0.89, λ is the wavelength of X-ray, β is integral height to width of the diffraction peak (FMHM), θ is diffraction angle.

[Table 1 about here.]

The crystallite size of all the three samples were from 17 nm to 25 nm. It was observed that an increase in synthesis time led to the increase in the crystallite size. The increased Bragg peak intensities and narrower peak widths indicated an increase in the degree of crystallinity of the synthesized powders from 15 min to 45 min. The % crystallinity was calculated from the variation in intensities of the XRD peaks and reported in Table 1. Crystallite size and % crystallinity increased with increase in synthesis time. When the crystallite size increases, grain boundary area decreases, thus increasing the % crystallinity. The calculated lattice parameter values are also listed in Table 1 and indicates that there is shrinkage in both 'c' and 'a' lattice site due to the negative lattice strain. This shows that the effect of smaller Zn atom substitution in the lattice is higher than the larger K atom and lead to the hypothesis that the Zn atoms may occupy the body centres or corners of the HCP structure to have much effect in change in lattice constants. This leads to compressive residual stresses in the material, which is desirable property for the HA powders. XRD results confirm that the combustion method may be used for synthesis of co-substituted HA powders in a single step.

- SEM/EDS analysis

The morphology and particle size of the synthesized samples were examined using Scanning Electron Microscopy (SEM) of make JEOL-JSM 6360. SEM images shown in Figure 3 to 5 of the synthesized hydroxyapatite powders showed agglomerates of particles with dimensions from 250 nm to 1000 nm.

High-resolution images revealed nanorod like morphology with 10-25 nm diameter with length 100-400 nm. This confirms the results determined from XRD reports. Agglomeration and its sizes increases with increasing synthesis time from 15 to 45 min, may be due to clustering and further sintering of nanorods when there is enough exothermic heat. The aspect ratio of the nanorods was found to be in the range 10 – 15, which is similar to the morphological characteristics of human bone mineral and substitution of Zn and K does not have affected the morphology of HA from the previous reports Kavitha (2014). The absorbability/bioactivity of HA in body fluid during patient recovery process in implant applications depend on this aspect ratio. It seems that the variation in synthesis time has very less influence on the final morphology of the nanorods. However, the effect of time is high on agglomeration characteristics of HA powders. Figure 6 (a) and (b) showed the TEM images of the 15 min and 45 min samples. The images showed the partial crystalline nature of the nanorods and increase in crystallinity in 45 min sample than in 15 min sample.

Min sample (b 45 min sample)

This confirms the results obtained from XRD reports and SEM images. The interplanar distance 'd' for 15 min sample was determined as 2.7598Å which corresponds to (211), where there is a slight decrease in 'd' value from the pure hydroxyapatite (2.81 Å). Elemental analysis (EDS) were performed in order to determine the elements present in the prepared samples.

Figure 3 and 5 right side top images indicate the EDS spectrum for the 15 and 45 min samples respectively. Ca/P ratio in the synthesized powders were observed from

1.59 – 1.86. Presence of Zn and K peaks in the EDS report confirmed the substitution of both the elements along with Ca and P in the synthesized powder. This confirms the complete combustion, diffusion, and redistribution of substitutional atoms into the solvent matrix. This also confirms that the solution combustion technique may be used for bulk production of hydroxyapatite in an energy-efficient and cost-effective way with less synthesis time of 15 min.

4.5 Characteristics of consolidated scaffold samples

15 min sample was selected for consolidation to form a scaffold and the prepared scaffolds were analyzed using SEM/EDS, dissolution and cytotoxicity test to conform their bonding and biological characteristics. Visual observation of the consolidated scaffolds exhibited white, smooth, non-sticky and porous part without any cracks. The shrinkage after drying was determined as 16% due to the evaporation of liquid medium and binders added during gel casting.

Figure 7 shows the SEM image of 15 min consolidated scaffold before dissolution studies indicating flat surface with irregular nanopores with pore size ranging from 40 nm – 200 nm. Porous HA parts are preferred for orthopedic applications since the pores provide mechanical interlocking between particles and allow the body fluid to pass through capillary action into the implants. This enhances the dissolution of Ca, P, Zn, K ions leading to

supersaturation and re-deposition of calcium phosphates inside the pores. Bone tissue grows well into the pores ensuring strong bonding leading to firm fixation of the implants to the natural bone leading to fast recovery. The porosity aids in tissue growth and their binding with the HA and this may be confirmed further with dissolution studies.

4.5.1 In-vitro Analysis

Figure 8 shows the SEM image of the 15 min scaffold after dipping in the 50 ml of prepared SBF solution.

SEM images revealed the change in surface morphology of the consolidated sample after soaking in the SBF solution. The scaffold is firm in the SBF solution and also the pH is maintained at 7 during the dissolution studies. Table 2 shows the results obtained during dissolution studies.

Initial decrease in pH is due to the presence of OH group in scaffold and the basic buffer added during SBF preparation takes 40 hours to infiltrate into the porous hydroxyapatite and neutralize the scaffold. Consistent pH after two days shows that the scaffold gets adjusted with the SBF environment and it can be used as implants for orthopedic applications. It is concluded that the prepared scaffold stays as such for about 7 days and the pH also has been neutral, in which there is also a monolayer deposition of calcium and phosphate layer over the surface. The increase of weight from 2.02 g to 4.48 g as shown in Table 2. Figure 9 shows the results of the cell culture over the prepared samples.

Cytotoxicity study showed that the IC 90 value for the prepared ceramic scaffolds is 27 $\mu\text{g/ml}$. Hence it is concluded that the prepared samples are non-toxic and may be taken for further studies for orthopedic applications. Studies are also being performed in order to incorporate biopolymers in these porous scaffolds to improve their properties.

CONCLUSION

Zinc and potassium substituted hydroxyapatite was successfully synthesized using combustion synthesis method in a single step. FTIR results confirmed the presence of functional groups, while XRD and EDS analysis confirmed the substitution of Zn and K in the synthesized powders. XRD reports of 45 min sample qualitatively confirmed high purity and better crystallinity than 15- and 30-min samples. The calculated crystallite size of all the three powders was about 17 nm – 25 nm with the % crystallinity of 51-67%. SEM images showed that the diameter of the synthesized nanorods was from 10- 25 nm with the length of about 100-400 nm. EDS Elemental analysis also confirmed the presence of Zn and K in the substitutions along with an average Ca/P ratio 1.7. SEM images of the scaffolds prepared by gel casting revealed nanopore structures that pave the way for the growth of bone tissues in it. The dissolution studies showed that the weight of the scaffold increased by the deposition of calcium and phosphate layers from the simulated body fluid. The cytotoxicity test also revealed that the IC 90 value is 27 μg and it is 100% non-toxic. Consolidated samples revealed the presence of nanopores and also confirmed that deposition/bioactivity in simulated body fluid without any cytotoxicity. Thus, the above results confirmed that the synthesized powders have similar characteristics like natural bone mineral and can be taken for further studies to use it in drug delivery system.

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Fig. 1 SEM and EDS images for 15 min sample

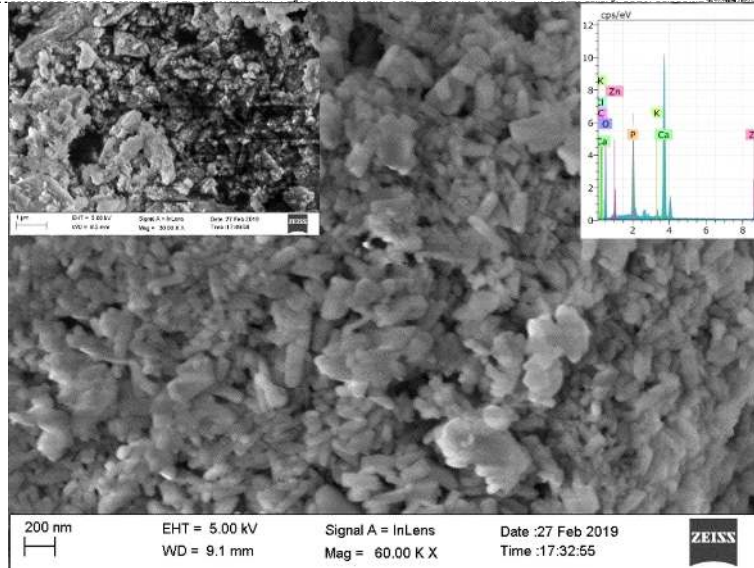
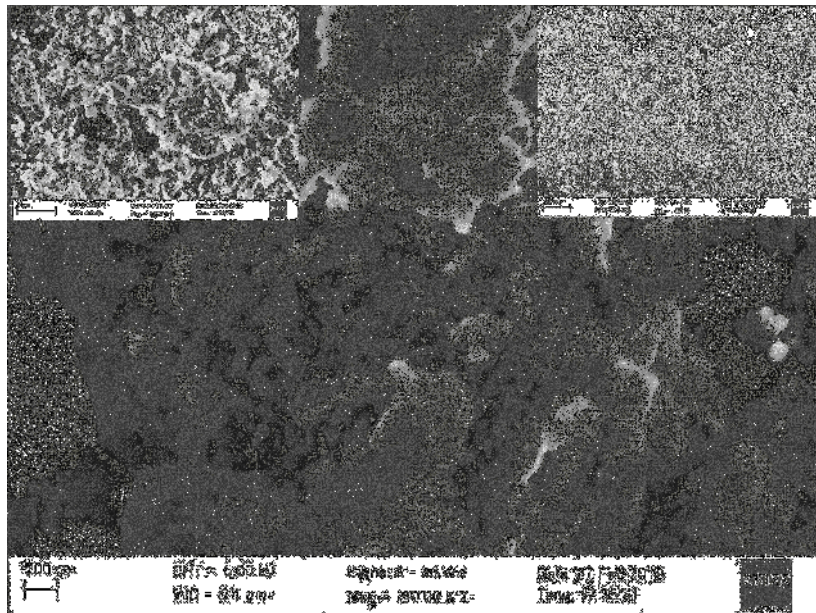


Fig. 2 SEM and EDS images for 30 min sample

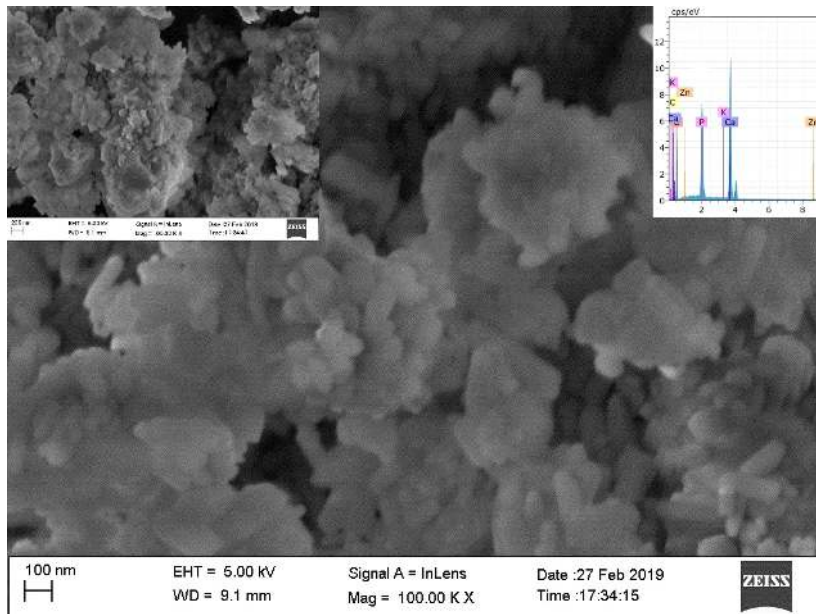


Fig. 3 SEM and EDS images for 45 min sample

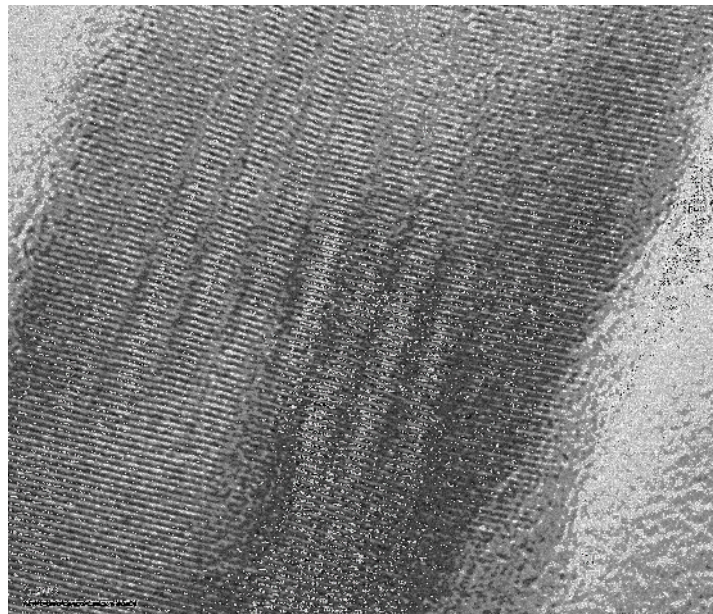


Fig. 4

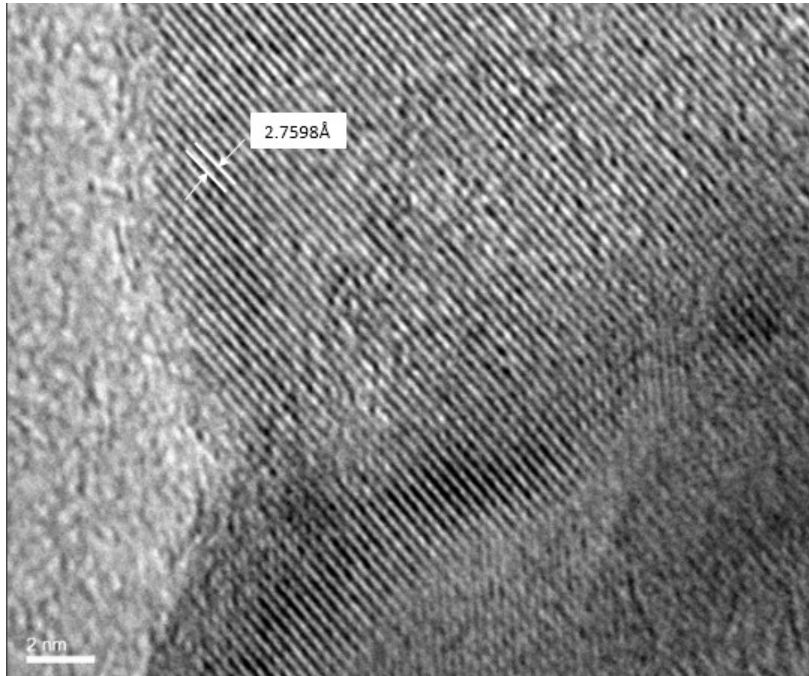


Fig. 5 TEM images of 15 and 45 min HA samples

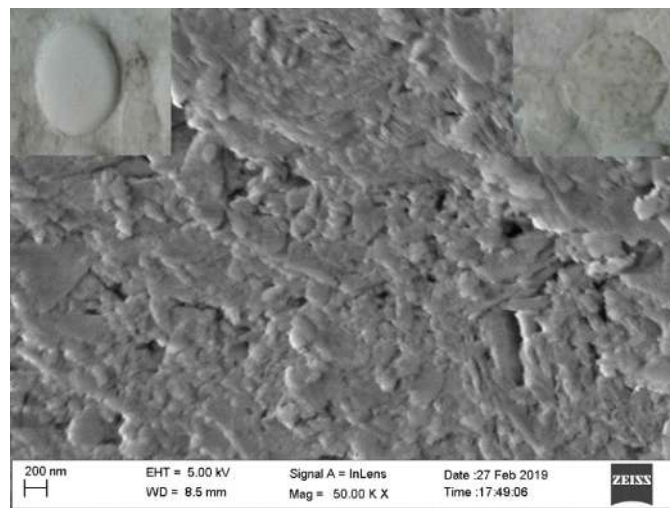


Fig. 6 SEM image of 15 min consolidated scaffold before dissolution studies

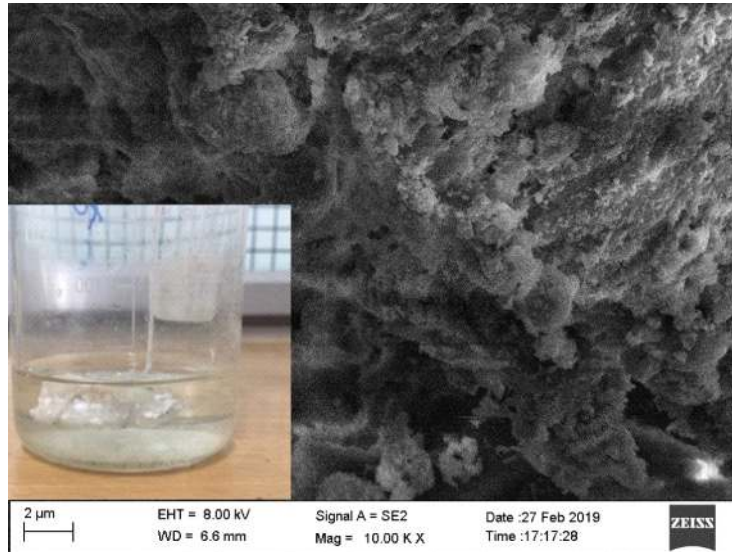


Fig. 7 SEM image of 15 min consolidated scaffold after dissolution studies

Table 1 results obtained from XRD reports of 15, 30 and 45 minHA samples

Sample ID (based on soaking time)	Crystallite size (nm)	Degree of crystallinity	Lattice constants and c values (Å)	Lattice strain (Å)
15 min	17.1047	51%	8.8903 6.8847	- 52.7
30 min	19.4399	54%	8.2493 6.7939	- 45.09
45 min	25.0758	67%	8.2286 6.8328	- 42.40

Table 2 change in weight and pH during the dissolution test in SBF

Time of soaking (hours)	Change in pH	Weight of the specimen (g)	Change in weight (g)	Cumulative CaP deposited
Initial	2	2.02	-	-
24	2.5	2.06	0.04	0.04
48	7	2.75	0.69	0.73
64	7	3.18	0.43	1.16
112	7	3.86	0.68	1.84
136	7	4.34	0.48	2.32
160	7	4.36	0.02	2.34
184	7	4.36	0.00	2.34