

Proceedings of the 7th International Seminar on Psychology

Universitas Muhammadiyah Purwokerto

29th May 2025, Purwokerto, Central Java, Indonesia

ISPsy 2025

General Chairs

Tesa Nurul Huda, Universitas Muhammadiyah Purwokerto, Indonesia

Technical Programme Chairs

Nia Anggri Noveni, Universitas Muhammadiyah Purwokerto, Indonesia

Ayu Kurnia Sari S, Universitas Muhammadiyah Purwokerto, Indonesia

Dian Bagus Mitreka Satata, Universitas Muhammadiyah Purwokerto, Indonesia

Technical Program Committee

Shinta Adella	Universitas Muhammadiyah Purwokerto, Indonesia
Dian Bagus Mitreka Satata	Universitas Muhammadiyah Purwokerto, Indonesia
Ayu Kurnia	Universitas Muhammadiyah Purwokerto, Indonesia
Tri Na'imah	Universitas Muhammadiyah Purwokerto, Indonesia
Herdian	Universitas Muhammadiyah Purwokerto, Indonesia
Rr. Setyawati	Universitas Muhammadiyah Purwokerto, Indonesia
Dyah Astorini Wulandari	Universitas Muhammadiyah Purwokerto, Indonesia
Fatin Rohmah Nur Wahidah	Universitas Muhammadiyah Purwokerto, Indonesia
Nur'aeni	Universitas Muhammadiyah Purwokerto, Indonesia
Kamsih Astuti	Universitas Muhammadiyah Purwokerto, Indonesia
Reny Yuniasanti	Universitas Mercu Buana Yogyakarta, Indonesia
Laily Rahmah	Universitas Mercu Buana Yogyakarta, Indonesia
Dwi Wahyuning sis Choiriyah	Universitas Islam Sultan Agung, Indonesia
Anik Indarwati	Universitas Islam Sultan Agung, Indonesia
Endang Dwi Wahyuni	Universitas Muhammadiyah Gorontalo, Indonesia
Shanti Rahmawati	Universitas Muhammadiyah Purwokerto, Indonesia
Indri Maharsiwi.	Universitas Muhammadiyah Purwokerto, Indonesia
Heri Suroso	Universitas Muhammadiyah Purwokerto, Indonesia
Azzura Laila Amalisy	Universitas Muhammadiyah Purwokerto, Indonesia
Ockta Berliantama	Universitas Muhammadiyah Purwokerto, Indonesia
Agus Isomi	Universitas Muhammadiyah Purwokerto, Indonesia
Suyoko	Universitas Muhammadiyah Purwokerto, Indonesia
Anggun Subekti	Universitas Muhammadiyah Purwokerto, Indonesia

Preface

All praise and gratitude are due to Allah SWT, the Most Merciful and Compassionate, whose boundless blessings and guidance have enabled the successful organization of the 7th International Seminar on Psychology held at Universitas Muhammadiyah Purwokerto, with the theme “Religiosity and Human Flourishing: Psychological and Humanistic Approaches to Well Being.” This esteemed international seminar provides a crucial forum for an extensive and diverse group of psychologists, scholars, and humanistic thinkers from various parts of the world to convene and engage in meaningful dialogue about the complex interplay between religiosity and human well-being.

The primary aim of this seminar is to deepen the scholarly understanding of the ways in which spiritual and religious factors contribute to human flourishing, explored through psychological theories and humanistic principles. In today's fast-evolving social and cultural environment, investigating these spiritual dimensions is essential, as they often serve as fundamental sources of resilience, purpose, and overall life satisfaction. By combining empirical research with reflective humanistic inquiry, this seminar aspires to advance an integrative framework that not only enriches academic discourse but also provides applicable insights for enhancing the well-being of individuals and communities.

We extend our sincere appreciation to the keynote speakers, presenters, participants, and organizing committee members, as well as the invaluable guidance and oversight provided by the Steering Committee, chaired by Retno Dwiyanti, Ph.D. Their collective dedication, expertise, and collaborative efforts have been instrumental in the success of this seminar, greatly enriching the quality of discussions and knowledge exchange throughout the event.

It is our hope that this seminar will foster the expansion of knowledge in both psychological and humanistic fields and stimulate ongoing international partnerships that encourage innovation and excellence in research and applied practice aimed at promoting global human well-being.

Tesa Nurul Huda

Contents

Family and Parenting

Fathers Who Stay Involved: The Key to Psychological Well-Being in Emerging Adulthood?	1
<i>Ulayya Diva Devina, Hazhira Qudsyi</i>	
The Role of Family Functioning in Shaping Meaning in Life Among Children of Divorced Parents	14
<i>Finelia Amanda Putri, Fitra Kurniadi, Nida Muthi Annisa, Cahyaning Widhyastuti</i>	
The Relationship Between Individual-Parent Career Goal Discrepancies and Life Crafting	24
<i>Marsha Melani Putri, Adelia Nur Octapiani, Cahyaning Widhyastuti, Nida Muthi Annisa</i>	
The Influence of Marriage Perceptions on Decision-Making Among Early Adult Women	32
<i>Sarah Sarah, Gisella Arnis Grafiyana</i>	
Partner Selection Process among Young Adults from Interfaith Family Backgrounds	42
<i>Azalia Nur Khofifah, Nia Anggri Noveni</i>	
Flourishing Adolescent Boys in LPKA Class I and Class II Foster Children	51
<i>Eprillia Elfane Lucia Salsabila, Rr. Setyawati</i>	
The Relationship Between Effective Communication and Marital Satisfaction in Wives in The First Ten Years of Marriage	62
<i>Ramaryllis Chesylia Monalu, Malida Fatimah</i>	
Outdoor Activity as Mindfulness Process for Early Childhood Development	71
<i>Rikha Surtika Dewi, Nita Anggi Purnama</i>	
“VOC Parenting” (Authoritarian Parenting) associated with the Formation of Children's Character from an Islamic Perspective	84
<i>Luh Putu Shanti Kusumaningsih</i>	
Transforming Social Skills in Children with Autism: Inclusive Teaching Best Practices	96
<i>Nur'aeni Nur'aeni, Dhiyah Ulhaq Nazhifah Ulayya, Dyah Astorini Wulandari, Imam Faisal Hamzah</i>	
The Relationship Between Self-Compassion and Psychological Well-Being in Emerging Adulthood Who Have Lost a Father Figure Due to Death	107
<i>Deswita Ning Tiyas Pangestika, Mira Aliza Rachmawati</i>	
Measuring the Link: Family Resilience and Negative Emotional State in Elderly Aisyiyah Banyumas	120
<i>Suwarti Suwarti, Ayu Kurnia S, Dyah Astorini Wulandari, Nadaa Rihhadatul Aisy, Fajrin Aldina Fezihisyah</i>	
Education and Learning	
Too Afraid to Disconnect? Investigating the Influence of Nomophobia on	129

Problematic Internet Use and Sleep Quality among College Students <i>Syakira Nurfajrina, Hazhira Qudsyi</i>	
Overview of Work Readiness in Vocational Students <i>Pratista Arya Satwika, Farida Hidayati, Selly Astriana, Rin Widya Agustin, Tri Rejeki Andayani, Risha Vania Jovita, Zakira Adila Jari</i>	144
Understanding Coping Strategies in Islamic Boarding School Adolescents: Literature Review <i>Shafira Aurellia Indaryanto Putri, Novi Qonitatin</i>	152
Predictors of Academic Stress: The Role of Emotion Regulation and Hardiness in Thesis Writing <i>Siti Ambiyah Ramadhanti, Hariz Enggar Wijaya</i>	165
Student Engagement and School Well-Being in Vocational High School Students: The Role of Academic Self-Efficacy as A Mediator <i>Devi Jati Septyningtyas, Tri Na'imah, Retno Dwiyanti</i>	176
The Prevalence of the Halo Effect among University Students: A Quasi-Experimental Study <i>Voosini Saravanan, Sangamitra Sathiaseelan, Praveena Selvom, Kugineeshni Gopal, Atasha Ayuni Jaafar, Md Azman Shahadan</i>	188
The Effect of Watching Mantappu Academy YouTube Educational Videos on Students Mathematics Learning Outcomes <i>Alifatul Wazni Bilqisty, Kemal Zia'ul Umam, Tesa Nurul Huda</i>	214
The Development and Psychometric Properties of the Academic Dishonesty Scale (Indonesian Version) in Emerging Adulthood Students <i>Philicia Christanti Martajaya, Jason Dionnicius Young, Sandi Kartasasmita, Didik Brahmantio Saryono, Tasya Viviana</i>	221
Time Management and Academic Stress among Final-year University Students in Yogyakarta <i>Eni Anggraini, Narastri Insan Utami</i>	237
Mental Health and Wellbeing	
Mental Health and Resilience of Families with Schizophrenia: A Literature Review <i>Lenny Syamsuddin</i>	247
Mental Health and Moral Awareness in Juvenile Offenders: A Systematic Review of Literature <i>Sri Nugroho Jati</i>	256
Artificial Intelligence in Mental Health: A Narrative Review (Innovation, Ethics and the Future) <i>Salahuddin Liputo</i>	272
Technology and Digital Behavior	
The Effect of Problematic Internet Use on Body Image in Teenage Girls Who Use Tiktok in Indonesia <i>Althaffauz Najwa Darmawan, Gisella Arnis Grafiyana</i>	283

Description of Intimate Friendship Among Blackpink Fans Using Rant Accounts on Social Media X	291
---	-----

Ilmi Fauziyyah Zahra, Suwarti Suwarti

Social Issues and Community

Nonsuicidal Self-Injury Instruments in Indonesia	305
--	-----

Tri Septia Nurhaliza, Kartika Sari Dewi

Positive Character: Implementation of Positive Behavior through MISI (Kemandirian, Inisiatif, dan Salim) Habituation in Kindergarten A Learners	317
---	-----

Nabilla Feylisha Azzahra, Tri Na'imah, Nur'Aeni Nur'Aeni

Workplace and Career

The Influence of Work Passion and Job Crafting on Job Embeddedness Among Employees of PT X in Semarang City	331
---	-----

Kharisma Febi Arfiana, Retno Dwiyanti

The Effect of Job Demand and Work-Life Balance on Turnover Intention of Health Workers at RSU Aghisna Medika Kroya, Cilacap District	341
--	-----

Stevia Hias Saputri, Retno Dwiyanti

The Role of Perceived Organizational Support as a Mediator in the Influence of Work Environment on Work Engagement in Police Members	348
--	-----

Agustina Inesia Emasintia Sutoro, Bonita Sandika Budi, Eka Putri Purwitasari, Retno Dwiyanti

To What Extent Training Programs Can Enhance Employee Engagement: A Case Study	357
--	-----

Laily Rahmah, Nabila Rachmawati Setianingsih

The Influence of Work Motivation and Work Environment on Employee Loyalty at PT KAI (Persero) DAOP 5 Purwokerto	372
---	-----

Afra Ramadani Oktaviani, Retno Dwiyanti, Ugung Dwi Ario Wibowo, Dian Bagus Mitreka Satata

The Effect of Employee Engagement Training on Organizational Citizenship Behavior among Warehouse Employees at CV. X	379
--	-----

Nira Immanuel Saputri, Reny Yuniasanti

The Influence of Work-Life Balance and Organizational Climate on Job Satisfaction of Employees of PT KAI Daop 5 Purwokerto	390
--	-----

Tasya Angelina Pesik, Retno Dwiyanti

Youth and Adolescence

Hardiness Personality on Subjective Well-Being in Adolescents Exposed to Sexual Harassment at Mts Negeri 2, Gorontalo District	397
--	-----

Anik Indarwati, Marsyanda Eka Putri, Firsta Hannni Enggaring Galih

Self Control and Peer Conformity on Fear of Missing Out: Study on Adolescent Tiktok Users in Jakarta	406
--	-----

Zahrina Ghaisani Fadhilah, Eka Rizki Meilani

Spiritual Practices in the Millennial Era: 40-Day Personal Transformation to Build Inner Peace	415
--	-----

Akhmad Liana Amrul Haq, Imron Imron, Muhammad Adha Alfarisi

