

# **Proceedings of the 7th International Seminar on Psychology Universitas Muhammadiyah Purwokerto**

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## **Preface**

All praise and gratitude are due to Allah SWT, the Most Merciful and Compassionate, whose boundless blessings and guidance have enabled the successful organization of the 7th International Seminar on Psychology held at Universitas Muhammadiyah Purwokerto, with the theme “Religiosity and Human Flourishing: Psychological and Humanistic Approaches to Well Being.” This esteemed international seminar provides a crucial forum for an extensive and diverse group of psychologists, scholars, and humanistic thinkers from various parts of the world to convene and engage in meaningful dialogue about the complex interplay between religiosity and human well-being.

The primary aim of this seminar is to deepen the scholarly understanding of the ways in which spiritual and religious factors contribute to human flourishing, explored through psychological theories and humanistic principles. In today’s fast-evolving social and cultural environment, investigating these spiritual dimensions is essential, as they often serve as fundamental sources of resilience, purpose, and overall life satisfaction. By combining empirical research with reflective humanistic inquiry, this seminar aspires to advance an integrative framework that not only enriches academic discourse but also provides applicable insights for enhancing the well-being of individuals and communities.

We extend our sincere appreciation to the keynote speakers, presenters, participants, and organizing committee members, as well as the invaluable guidance and oversight provided by the Steering Committee, chaired by Retno Dwiyaniti, Ph.D. Their collective dedication, expertise, and collaborative efforts have been instrumental in the success of this seminar, greatly enriching the quality of discussions and knowledge exchange throughout the event.

It is our hope that this seminar will foster the expansion of knowledge in both psychological and humanistic fields and stimulate ongoing international partnerships that encourage innovation and excellence in research and applied practice aimed at promoting global human well-being.

Tesa Nurul Huda

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