

Proceedings of the 7th International Seminar on Psychology Universitas Muhammadiyah Purwokerto

29th May 2025, Purwokerto, Central Java, Indonesia

ISPsy 2025

General Chairs

Tesa Nurul Huda, Universitas Muhammadiyah Purwokerto, Indonesia

Technical Programme Chairs

Nia Anggri Noveni, Universitas Muhammadiyah Purwokerto, Indonesia

Ayu Kurnia Sari S, Universitas Muhammadiyah Purwokerto, Indonesia

Dian Bagus Mitreka Satata, Universitas Muhammadiyah Purwokerto, Indonesia

Conference Organization

Steering Committee

Retno Dwiyanti Universitas Muhammadiyah Purwokerto, Indonesia

Organizing Committee

General Chair

Tesa Nurul Huda Universitas Muhammadiyah Purwokerto, Indonesia

General Co-Chair

Itsna Nurrahma Mildaeni Universitas Muhammadiyah Purwokerto, Indonesia

TPC Chairs

Nia Anggri Noveni Universitas Muhammadiyah Purwokerto, Indonesia

Ayu Kurnia, S Universitas Muhammadiyah Purwokerto, Indonesia

Dian Bagus Mitreka Satata Universitas Muhammadiyah Purwokerto, Indonesia

Co-Chairs

Eka Rizki Meilani Universitas Muhammadiyah Purwokerto, Indonesia

Hana Ayu Amalia Universitas Muhammadiyah Purwokerto, Indonesia

Sponsorship and Exhibit Chair

Imam Faisal Hamzah Universitas Muhammadiyah Purwokerto, Indonesia

Local Chair

Ahmad Fauzan Iswahyudi Universitas Muhammadiyah Purwokerto, Indonesia

Workshops Chair

Ugung Dwi Ari Wibowo Universitas Muhammadiyah Purwokerto, Indonesia

Publicity & Social Media Chair

Uswatun Hasanah Universitas Muhammadiyah Purwokerto, Indonesia

Publications Chair

Nia Anggri Noveni Universitas Muhammadiyah Purwokerto, Indonesia

Web Chair

Rizal Nopriyanto Universitas Muhammadiyah Purwokerto, Indonesia

Posters and PhD Track Chair

Gisella Arnis Grafiyana Universitas Muhammadiyah Purwokerto, Indonesia

Panels Chair

Danny Ontario Rusmono Universitas Muhammadiyah Purwokerto, Indonesia

Demos Chair

Yoza Okta Saputra Universitas Muhammadiyah Purwokerto, Indonesia

Tutorials Chairs

Suwarti Universitas Muhammadiyah Purwokerto, Indonesia

Dinar Sari Eka Dewi Universitas Muhammadiyah Purwokerto, Indonesia

Technical Program Committee

Shinta Adella	Universitas Muhammadiyah Purwokerto, Indonesia
Dian Bagus Mitreka Satata	Universitas Muhammadiyah Purwokerto, Indonesia
Ayu Kurnia	Universitas Muhammadiyah Purwokerto, Indonesia
Tri Na'imah	Universitas Muhammadiyah Purwokerto, Indonesia
Herdian	Universitas Muhammadiyah Purwokerto, Indonesia
Rr. Setyawati	Universitas Muhammadiyah Purwokerto, Indonesia
Dyah Astorini Wulandari	Universitas Muhammadiyah Purwokerto, Indonesia
Fatin Rohmah Nur Wahidah	Universitas Muhammadiyah Purwokerto, Indonesia
Nur'aeni	Universitas Muhammadiyah Purwokerto, Indonesia
Kamsih Astuti	Universitas Mercu Buana Yogyakarta, Indonesia
Reny Yuniasanti	Universitas Mercu Buana Yogyakarta, Indonesia
Laily Rahmah	Universitas Islam Sultan Agung, Indonesia
Dwi Wahyuningsih Choiriyah	Universitas Islam Sultan Agung, Indonesia
Anik Indarwati	Universitas Muhammadiyah Gorontalo, Indonesia
Endang Dwi Wahyuni	Universitas Muhammadiyah Purwokerto, Indonesia
Shanti Rahmawati	Universitas Muhammadiyah Purwokerto, Indonesia
Indri Maharsiwi.	Universitas Muhammadiyah Purwokerto, Indonesia
Heri Suroso	Universitas Muhammadiyah Purwokerto, Indonesia
Azzura Laila Amalisy	Universitas Muhammadiyah Purwokerto, Indonesia
Ockta Berliantama	Universitas Muhammadiyah Purwokerto, Indonesia
Agus Isomi	Universitas Muhammadiyah Purwokerto, Indonesia
Suyoko	Universitas Muhammadiyah Purwokerto, Indonesia
Anggun Subekti	Universitas Muhammadiyah Purwokerto, Indonesia

Preface

All praise and gratitude are due to Allah SWT, the Most Merciful and Compassionate, whose boundless blessings and guidance have enabled the successful organization of the 7th International Seminar on Psychology held at Universitas Muhammadiyah Purwokerto, with the theme “Religiosity and Human Flourishing: Psychological and Humanistic Approaches to Well Being.” This esteemed international seminar provides a crucial forum for an extensive and diverse group of psychologists, scholars, and humanistic thinkers from various parts of the world to convene and engage in meaningful dialogue about the complex interplay between religiosity and human well-being.

The primary aim of this seminar is to deepen the scholarly understanding of the ways in which spiritual and religious factors contribute to human flourishing, explored through psychological theories and humanistic principles. In today’s fast-evolving social and cultural environment, investigating these spiritual dimensions is essential, as they often serve as fundamental sources of resilience, purpose, and overall life satisfaction. By combining empirical research with reflective humanistic inquiry, this seminar aspires to advance an integrative framework that not only enriches academic discourse but also provides applicable insights for enhancing the well-being of individuals and communities.

We extend our sincere appreciation to the keynote speakers, presenters, participants, and organizing committee members, as well as the invaluable guidance and oversight provided by the Steering Committee, chaired by Retno Dwiyaniti, Ph.D. Their collective dedication, expertise, and collaborative efforts have been instrumental in the success of this seminar, greatly enriching the quality of discussions and knowledge exchange throughout the event.

It is our hope that this seminar will foster the expansion of knowledge in both psychological and humanistic fields and stimulate ongoing international partnerships that encourage innovation and excellence in research and applied practice aimed at promoting global human well-being.

Tesa Nurul Huda

Contents

Family and Parenting

Fathers Who Stay Involved: The Key to Psychological Well-Being in Emerging Adulthood? <i>Ulayya Diva Devina, Hazhira Qudsyi</i>	1
The Role of Family Functioning in Shaping Meaning in Life Among Children of Divorced Parents <i>Finelia Amanda Putri, Fitra Kurniadi, Nida Muthi Annisa, Cahyaning Widhyastuti</i>	14
The Relationship Between Individual-Parent Career Goal Discrepancies and Life Crafting <i>Marsha Melani Putri, Adelia Nur Octapiani, Cahyaning Widhyastuti, Nida Muthi Annisa</i>	24
The Influence of Marriage Perceptions on Decision-Making Among Early Adult Women <i>Sarah Sarah, Gisella Arnis Grafiyana</i>	32
Partner Selection Process among Young Adults from Interfaith Family Backgrounds <i>Azalia Nur Khofifah, Nia Anggri Noveni</i>	42
Flourishing Adolescent Boys in LPKA Class I and Class II Foster Children <i>Eprillia Elfane Lucia Salsabila, Rr. Setyawati</i>	51
The Relationship Between Effective Communication and Marital Satisfaction in Wives in The First Ten Years of Marriage <i>Ramaryllis Chesylia Monalu, Malida Fatimah</i>	62
Outdoor Activity as Mindfulness Process for Early Childhood Development <i>Rikha Surtika Dewi, Nita Anggi Purnama</i>	71
“VOC Parenting” (Authoritarian Parenting) associated with the Formation of Children's Character from an Islamic Perspective <i>Luh Putu Shanti Kusumaningsih</i>	84
Transforming Social Skills in Children with Autism: Inclusive Teaching Best Practices <i>Nur’aeni Nur’aeni, Dhiyah Ulhaq Nazhifah Ulayya, Dyah Astorini Wulandari, Imam Faisal Hamzah</i>	96
The Relationship Between Self-Compassion and Psychological Well-Being in Emerging Adulthood Who Have Lost a Father Figure Due to Death <i>Deswita Ning Tiyas Pangestika, Mira Aliza Rachmawati</i>	107
Measuring the Link: Family Resilience and Negative Emotional State in Elderly Aisyiyah Banyumas <i>Suwarti Suwarti, Ayu Kurnia S, Dyah Astorini Wulandari, Nadaa Rihhadatul Aisy, Fajrin Aldina Fezihisya</i>	120

Education and Learning

Too Afraid to Disconnect? Investigating the Influence of Nomophobia on	129
--	-----

Problematic Internet Use and Sleep Quality among College Students <i>Syakira Nurfajrina, Hazhira Qudsyi</i>	
Overview of Work Readiness in Vocational Students <i>Pratista Arya Satwika, Farida Hidayati, Selly Astriana, Rin Widya Agustin, Tri Rejeki Andayani, Risha Vania Jovita, Zakira Adila Jari</i>	144
Understanding Coping Strategies in Islamic Boarding School Adolescents: Literature Review <i>Shafira Aurellia Indaryanto Putri, Novi Qonitatin</i>	152
Predictors of Academic Stress: The Role of Emotion Regulation and Hardiness in Thesis Writing <i>Siti Ambiyah Ramadhanti, Hariz Enggar Wijaya</i>	165
Student Engagement and School Well-Being in Vocational High School Students: The Role of Academic Self-Efficacy as A Mediator <i>Devi Jati Septyningtyas, Tri Na'imah, Retno Dwiyaniti</i>	176
The Prevalence of the Halo Effect among University Students: A Quasi- Experimental Study <i>Voosini Saravanan, Sangamitra Sathiaselvan, Praveena Selvam, Kugineeshni Gopal, Atasha Ayuni Jaafar, Md Azman Shahadan</i>	188
The Effect of Watching Mantappu Academy YouTube Educational Videos on Students Mathematics Learning Outcomes <i>Alifatul Wazni Bilqisty, Kemal Zia'ul Umam, Tesa Nurul Huda</i>	214
The Development and Psychometric Properties of the Academic Dishonesty Scale (Indonesian Version) in Emerging Adulthood Students <i>Philicia Christanti Martajaya, Jason Dionnecius Young, Sandi Kartasasmita, Didik Brahmantio Saryono, Tasya Viviana</i>	221
Time Management and Academic Stress among Final-year University Students in Yogyakarta <i>Eni Anggraini, Narastri Insan Utami</i>	237
Mental Health and Wellbeing	
Mental Health and Resilience of Families with Schizophrenia: A Literature Review <i>Lenny Syamsuddin</i>	247
Mental Health and Moral Awareness in Juvenile Offenders: A Systematic Review of Literature <i>Sri Nugroho Jati</i>	256
Artificial Intelligence in Mental Health: A Narrative Review (Innovation, Ethics and the Future) <i>Salahuddin Liputo</i>	272
Technology and Digital Behavior	
The Effect of Problematic Internet Use on Body Image in Teenage Girls Who Use Tiktok in Indonesia <i>Althaffauz Najwa Darmawan, Gisella Arnis Grafiyana</i>	283

Description of Intimate Friendship Among Blackpink Fans Using Rant Accounts on Social Media X <i>Ilmi Fauziyyah Zahra, Suwarti Suwarti</i>	291
Social Issues and Community	
Nonsuicidal Self-Injury Instruments in Indonesia <i>Trie Septia Nurhaliza, Kartika Sari Dewi</i>	305
Positive Character: Implementation of Positive Behavior through MISI (Kemandirian, Inisiatif, dan Salim) Habituation in Kindergarten A Learners <i>Nabilla Feylisha Azzahra, Tri Na'imah, Nur'Aeni Nur'Aeni</i>	317
Workplace and Career	
The Influence of Work Passion and Job Crafting on Job Embeddedness Among Employees of PT X in Semarang City <i>Kharisma Febi Arfiana, Retno Dwiyantri</i>	331
The Effect of Job Demand and Work-Life Balance on Turnover Intention of Health Workers at RSU Aghisna Medika Kroya, Cilacap District <i>Stevia Hias Saputri, Retno Dwiyantri</i>	341
The Role of Perceived Organizational Support as a Mediator in the Influence of Work Environment on Work Engagement in Police Members <i>Agustina Inesia Emasintia Sutoro, Bonita Sandika Budi, Eka Putri Purwitasari, Retno Dwiyantri</i>	348
To What Extent Training Programs Can Enhance Employee Engagement: A Case Study <i>Laily Rahmah, Nabila Rachmawati Setianingsih</i>	357
The Influence of Work Motivation and Work Environment on Employee Loyalty at PT KAI (Persero) DAOP 5 Purwokerto <i>Afra Ramadani Oktaviani, Retno Dwiyantri, Ugung Dwi Ario Wibowo, Dian Bagus Mitreka Satata</i>	372
The Effect of Employee Engagement Training on Organizational Citizenship Behavior among Warehouse Employees at CV. X <i>Nira Immanuel Saputri, Reny Yuniasanti</i>	379
The Influence of Work-Life Balance and Organizational Climate on Job Satisfaction of Employees of PT KAI Daop 5 Purwokerto <i>Tasya Angelina Pesik, Retno Dwiyantri</i>	390
Youth and Adolescence	
Hardiness Personality on Subjective Well-Being in Adolescents Exposed to Sexual Harassment at Mts Negeri 2, Gorontalo District <i>Anik Indarwati, Marsyanda Eka Putri, Firsta Hannni Enggarang Galih</i>	397
Self Control and Peer Conformity on Fear of Missing Out: Study on Adolescent Tiktok Users in Jakarta <i>Zahrina Ghaisani Fadhillah, Eka Rizki Meilani</i>	406
Spiritual Practices in the Millennial Era: 40-Day Personal Transformation to Build Inner Peace <i>Akhmad Liana Amrul Haq, Imron Imron, Muhammad Adha Alfarisi</i>	415

