# Legal Protection for Doctors for Medical Risks That Could Occur to Patients

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Abstract. Specialists are frequently viewed as amateurish for patients or families who can't acknowledge the disappointment of a treatment endeavor, specialists are accused by patients who are brought about by the actual patient, specialists are thought of as careless, and there are demands for constrained get back from patients or the patient's loved ones. This exploration utilizes a standardizing juridical methodology, specifically lawful examination did by inspecting library materials or optional information as fundamental material for research by directing quests on guidelines and writing connected with the issue being considered. In resolving conflicts between doctors and patients over alleged violations of the code of ethics, the MKDKI has the power to analyze and submit choices on questions connecting with the discipline of specialists and dental specialists. MKDKI can decide if there are mistakes made by specialists in the use of clinical disciplines. This organization is an independent foundation from the Indonesian Clinical Board which in doing its obligations is autonomous.

Keywords: Legal Protection; Doctor; Patient; Medical

# 1 BACKGROUND

To achieve the greatest possible level of public health, health development is one component of national development that seeks to increase awareness, willingness, and ability to live healthily for everyone. All Indonesian society, including the government and business world, strives to improve the country's health. Several facilities, including doctor's offices, are needed to maintain public health. While it is true that doctors are the "Leaders" in the healthcare industry, there are still some medical specialties that cannot be replaced by other healthcare professionals.

The Medical Practice Act Number 29 of 2004 should be the reason for all expert exercises completed by specialists. This plans to give a feeling that all is well with the world to the gatherings in light of the fact that in the connection between the patient and the specialist or other clinical work force, or between the patient and the emergency clinic, the patient's position is generally more fragile.

The patient is in the position of needing help, while the health worker is in the position of providing help. As a result, the position of health workers is stronger than that of patients. Patients are more likely to experience unfair treatment when there is a power gap between patients and health professionals. Therefore, it is appropriate for the patient's position to be

protected in the medical practice law so that they are not harmed, or in other words, the patient needs to receive justice or protection.

Then again, this is additionally the situation with wellbeing laborers. The place of wellbeing laborers with the presence of the Clinical Specialize in legal matters, for this situation, is to acquire lawful conviction, so patients can't for arbitrary reasons make allegations against specialists or other wellbeing laborers assuming an unwanted occasion happens.[1]

The study of medical law from a normative legal perspective means that medical law can be seen from 3 points of view, namely:

- 1) Criminal aspects of medical law,
- 2) Civil aspects of medical law, and
- 3) Administrative aspects of medical law. These three aspects are what bind the behavior of doctors in carrying out their profession, apart from that, a doctor must complete his behavior under these regulations so that he is not said to have committed "Malpractice".[2]

The presence of clinical regulation is planned to make consistency in the way of behaving of specialists in managing different networks (patients, attendants, emergency clinics, and so forth.) with the goal that equity, harmony, and concordance will be made for all gatherings associated with giving wellbeing administrations. Wellbeing administrations. As a general rule, one might say that clinical regulation is regulatory regulation since it is a part of State Managerial Regulation, as alluded to in State Managerial Regulation.[1]

As to clinical area, as of late there has been far reaching news in the public broad communications, both through electronic media and print media, that Indonesian doctors practice a lot of malpractice. A report from the Central Health Legal Aid Agency shows that there are around 150 cases of malpractice in Indonesia, although most of them do not accept green clothes. The Indonesian Doctors Association (IDI) received 306 complaints of alleged violations in public reports from 1998 to 2004.[3]

This kind of news has caused unrest or at least concern among doctors, because the profession of a doctor is like eating Simalakama fruit, being eaten by a dead father and not being eaten by a dead mother, not helping is declared wrong according to the law by being helped, there is a risk of being sued by the patient or his family if it does not meet his expectations.

Humanistically, doctors as ordinary people are certainly not free from negligence and neglect, even deliberate actions. Negligence that occurs when carrying out professional duties can result in medical malpractice. However, in the eyes of the law, those who are guilty are still guilty and as we know, everyone must have the same position before the law regardless of status, descent, gender, or position and social status, by the principle of Equality Be for the Law, while in society there are also people who have bad intentions, who deliberately attract doctors to litigate. Negligence by and by is in some cases clouded based on what is called clinical gamble, so it is entirely expected for a worked specialist expertly, to be specific by clinical expert guidelines, clinical benefit norms, and Standard Working Techniques (SOP) to in any case be accused of misbehavior.[4]

In completing clinical practice, a specialist will no doubt experience circumstances that emerge from the consequences of his patient's treatment. For instance, assuming that a patient is treated until he passes on or becomes debilitated, the patient's family might answer that this is negligence.

A specialist should be dealt with equivalent to a patient or a patient's family in protecting their privileges, no matter what the specialist's carelessness. because it's possible that the patient's medical service provider is to blame for the patient's decline or death rather than the doctor. The patient's family not following the doctor's instructions, nurse error, or perhaps the infrastructure of the hospital are additional factors that could contribute to this.

Obviously, this will be exceptionally hindering to the specialist himself, despite the fact that people in general fails to really see what is implied by negligence so every clinical activity or clinical benefit did by a specialist doesn't live up to the assumptions of the patient or the patient's family, including demolishing the patient's condition or other most pessimistic scenario the patient kicks the bucket, it is considered as misbehavior completed by the specialist, so that for this situation the clinical benefits given by the specialist are viewed as by the patient or the patient's family to be amateurish and, surprisingly, viewed as the specialist's shortcoming altogether.

#### 2 METHOD

The regulating juridical methodology is utilized in this examination, as per Soekanto. The standardizing juridical methodology is legitimate examination completed by looking at library materials or auxiliary information as essential material for research by directing pursuits on guidelines and writing connected with the issue being investigated.[5] In this legitimate examination, the creator attempts to analyze the regulations and guidelines connected with the issue being explored, specifically in regards to the dismissal of BPJS patients by medical clinics.

Regularizing juridical examination utilizes optional information sources. Optional information in this kind of regulating juridical exploration is information obtained from legitimate materials, comprising of essential lawful materials, auxiliary legitimate materials, and tertiary legitimate materials.[6]

Lawful materials as auxiliary information used to dissect legitimate issues in this postulation are as per the following.

- a. Primary lawful materials, in particular restricting legitimate materials, as legal guidelines, statute, deals, common arrangements of the gatherings, and so forth., specifically with regard to purchase and sale agreements.[7] The essential legitimate materials utilized in this exploration incorporate:
  - 1) The 1945 Constitution of the Republic of Indonesia
  - 2) Law No. 36 of 2009 Concerning health,
  - 3) Law No. 29 of 2004 concerning medical practice
  - 4) Law Number 29 of 2004 concerning Medical Practice
- b. Secondary Legitimate Materials, in particular materials that give clarifications of essential lawful materials, for example, draft regulations, research results, or assessments of lawful specialists.[8]
- c. Tertiary Legitimate Materials, in particular legitimate materials that give guidelines and clarifications to essential legitimate materials and optional lawful materials, for instance, word references (regulation, English, and Indonesian), reference books, and others.[9]

#### 3 RESULTS AND DISCUSSION

# 3.1 The necessity of legal protection for doctors

The legitimate connection between a specialist and a patient is a wellbeing administration relationship or one more term for clinical activity between a Wellbeing Supplier (wellbeing specialist organization) and a Wellbeing Collector (beneficiary of wellbeing administrations).

According to Leenen as quoted by Wiradharma [10], Commitments of specialists in doing wellbeing administrations. Commitments rise out of the idea of clinical consideration where specialists should act by the principles of the clinical calling or complete their clinical practice in a moral way.

The obligations of doctors in Article 51 of Law Number 29 of 2004 concerning medical practice, namely:

- a. Providing clinical benefits by proficient guidelines and standard functional techniques as the need might arise.
- b. Refer the patient to another specialist who has better skill or capacities, assuming they can't do an assessment or treatment.
- c. Until the patient passes away, keep everything he knows a secret.
- d. Carry out crisis help on philanthropic grounds except if he is certain that there are others on the job and fit for getting it done.
- e. Increase information and follow advancements in clinical science.

Regardless of whether the alleged medical malpractice is true or not, if it has been widely reported, a specialist who is associated with carrying out clinical negligence or disregarding regulations in the clinical calling can be indicted under managerial regulation, common regulation, or criminal regulation. The media would end his established career.

Clinical misbehavior may to be sure happen, whether purposefully or through carelessness, nonetheless, human specialists can't get away from the chance of committing endlessly errors since this is human instinct. In the realities that happen in the field, incidentally, there are a few reasons that a specialist ought to get lawful security hence or things. Among them:

- a. Even when they have provided medical services by professional standards, medical service standards, and operational procedure requirements, doctors are sometimes considered unprofessional. A doctor cannot be prosecuted under administrative law, civil law, or criminal law if he provides health services or practices medicine by professional standards and standard operational procedures.
- b. Even however the specialist has made sense of the analysis, the course of therapy, the reason for the clinical activity being done, different choices, as well as likely dangers and entanglements to the patient and additionally his family, the patient or patient's family will not acknowledge the clinical treatment. disappointment of treatment endeavors. Specialists can't be considered dependable in the event that these endeavors bomb after the patient consents to

- clinical therapy in view of clear and compact data and the clinical activity is by clinical benefit guidelines.
- c. The doctor is responsible to the patient for the actions taken by the patient, namely not honestly disclosing the history of the illness he suffered and the medication he took during his illness, not following the doctor's advice and instructions, or refusing the recommended treatment. This is interpreted as if the patient is also at fault because the patient has an obligation to the doctor, to be honest and comply with the doctor's advice and instructions.
- d. Doctors are considered negligent, even though they are not considered negligent if they select one of the many accepted medical interventions and perform it by professional standards, as is the case with diagnoses made using scientific tools and techniques. He had the opportunity to be clearer and more confident about his diagnosis, only to find out that his decision was wrong.
- e. If a careful clarification has been given and incidentally, the patient or potentially the patient's family concur that there is a formerly thought risk, then, at that point, the specialist can't be considered liable for his clinical activities, and the doctor and hospital are released from that responsibility. Forced discharge, namely patients who choose to leave the hospital of their own accord even though it is not approved by the doctor, and if a complete explanation has been given they are also released from responsibility.

Apart from the obligations doctors must fulfill in carrying out health services, doctors are also equipped with a series of doctor's rights. Normatively, these rights have been stated in legislation where their existence can be demanded, specifically regulated in Article 50 UUPK which states as follows:[11]

- a. Obtain lawful security insofar as doing undertakings by expert and standard functional strategies.
- b. Providing medical services in accordance with established operational and professional standards.
- c. Obtain complete and genuine data from patients or their families, and
- d. Receive remuneration for administrations.

The rights of doctors, as stated in Article 50 above, it appears that doctors have the right to obtain legal protection for the medical procedures they perform, as long as they are by professional standards and applicable operating methods. In other words, a doctor who performs a medical operation by ethical standards and accepted surgical practices cannot be legally sued in court.

## 3.2 Legal protection for doctors in carrying out their duties.

Legitimate guard for specialists assuming they are associated with committing clinical misbehavior, incorporates the lawful premise that gives assurance to specialists in completing clinical practice, safeguards that specialists should take to stay away from legitimate repercussions, and purposes behind not overwhelming approvals on specialists associated with committing clinical negligence.

a. Legal Fundamentals That Give Legitimate Security to Specialists in Doing the Clinical Calling

Legitimate arrangements that safeguard specialists in case of thought misbehavior are contained in Article 50 of the Clinical Provide legal counsel, Article 24 Section (1), related to Article 27 Passage (1) and Article 29 of the Wellbeing Regulation, and Article 24 Section (1) of the Public authority Guideline on Wellbeing Faculty

- b. Things Doctors Must Do to Avoid Lawsuits
  - 1) Informed Consent

A specialist should get educated assent in completing his expert obligations. The words "informed" and "consent" make up the phrase "informed consent," where "informed" means a description or explanation (information) and "consent" means giving permission or approval. Consequently, the expression "informed assent" alludes to the responsibility made by the patient or his family subsequent to unveiling every one of the dangers related with the operation that will be performed on them.[12]

### 2) Medical Records

A "Clinical Record" should be made by doctors for every patient they treat, as well as getting educated assent. Article 46 Passage (1) of the Clinical Provide legal counsel directs the administration of clinical records. Clinical records are documents that contain data about persistent character, assessment, treatment, and different activities and administrations. Clinical records might be made for various reasons, including patient consideration, better expectations of care, instructing and research, financing, wellbeing measurements, and exhibiting moral, lawful, and moral troubles.[12]

- c. Reasons for Killing Disciplines for Specialists Associated with Committing Clinical Misbehavior
  - 1) Treatment Risks

According to Wiradharma, the risks of treatment consist of: [12]

- a) Inherent or innate dangers Each clinical activity completed by a specialist contains chances, hence specialists should do their calling keeping material guidelines. Takes a chance with that can emerge incorporate going bald because of chemotherapy with sitolatics.
- b) Hypersensitivity response. It is frequently impossible to anticipate the body's excessive immune response to the introduction of drugs or other foreign objects.
- c) Complications that happen out of nowhere and can't be anticipated. It frequently happens that the patient's visualization appears to be great, yet unexpectedly the patient's condition deteriorates and even passes on without knowing the reason. Amniotic fluid embolism, for instance, occurs.
- 2) Medical Accident

Because of the harm they cause to patients, medical accidents are often equated with medical malpractice. Because doctors work to treat rather than harm patients in the medical field, these two disorders must be differentiated. If a medical accident occurs, a doctor can be held liable if he or she can show how the incident occurred. [13]

## 3) Contribution Negligence

The specialist can't be accused assuming the specialist fizzles or is fruitless in treating his patient in the event that the patient doesn't make sense of really the historical backdrop of the sickness he has endured and the drugs he has utilized during his ailment or doesn't consent to the specialist's guidelines and directions or denies the therapy strategy that has been given, agreed. This is viewed as the patient's shortcoming, known as commitment carelessness or the patient is likewise to blame. Genuineness and submitting to the specialist's recommendation and directions are viewed as the patient's commitment to the specialist and himself.

# 4) Respectable Minority Rules & Error Of (in) Judgment

The medical field is very complicated because there is frequently agreement or disagreement about which treatment is best for a given medical condition. Apart from technology, medical science is an art and science that develops over time. Therefore, it is likely that each doctor will treat a disease differently. However, it must still be based on science that can be used as material for consideration. Given the above circumstances, a legal theory known as the respectful minority rule was developed by the courts, which expresses that a specialist isn't viewed as reckless assuming he picks one of the many acknowledged treatment modalities. At the point when a specialist commits an error in picking an elective clinical therapy for his patient, another hypothesis arises called blunder of (in) judgment, otherwise called a clinical judgment or clinical mistake, to be specific that the specialist's decision of clinical activity which depended on proficient principles ends up being some unacceptable decision.

# 5) Volenti Non Fit Iniura or Assumption Of Risk

Volenti non fit iniura or suspicion of chance is an old teaching in legitimate science that can likewise be applied to clinical regulation, to be specific a supposition that is known ahead of time about the presence of high clinical gamble to the patient assuming that an operation is performed on him. Assuming a gamble emerges that has been recently thought and a careful clarification has been given, however incidentally, the patient or his family got educated assent, then, at that point, the specialist can't be considered liable for his clinical choice. Aside from that, this hypothesis can likewise be utilized to protect instances of being compelled to return home (returning home without a specialist's consent), which liberates wellbeing offices like clinics from obligation.

# 6) Res Ipsa Loquitur

The transfer of the burden of proof from the plaintiff (patient or family) to the defendant (medical personnel) is directly related to the doctrine of

res ipsa loquitur. The defendant is responsible for showing that his actions did not constitute negligence or error if the defendant's actions were clear enough to be known by a layperson, according to common knowledge among the layperson, the medical profession, or both, and where the defects were, injuries, wounds, or proven facts resulting from medical negligence.

## 3.3 Settlement of Medical Cases to Provide Legal Protection for Doctors

The applicable Code of Medical Ethics must be followed by a doctor performing his duties. As per him, the main thing in safeguarding specialists on the off chance that a specialist is associated with committing misbehavior is in the intervention cycle, on the grounds that the majority of the wellsprings of debates are absence of correspondence, which is the situation. It has been referenced in Regulation No. 36 of 2009 concerning Wellbeing, he further made sense of that the intercession stage is quicker in settling issues, and more powerful misfortunes will be decreased in settling debates, likewise, we know the rule that has consistently existed, in particular the "Guideline of Assumption of Blamelessness" until the individual concerned is genuinely demonstrated blameworthy by a court choice. He likewise said that settling wellbeing administration cases legitimately (prosecution) frequently manhandles wellbeing laborers, in light of the fact that separated from the way that the wellbeing specialist's future is as of now not doing so great, despite the fact that he isn't really blameworthy, later on he might lose the trust of patients, also sentiments disgrace for both yourself and your family can likewise be an enduring moral weight.

A doctor must start as a medical student before becoming a doctor and carrying out professional activities in order to properly implement the Code of Ethics. what is meant is as follows:

- a. Carrying out undergraduate education at the undergraduate medical faculty, introducing, appreciating, and understanding the medical code of ethics needs to be done as early as possible, namely through undergraduate education at the medical faculty.
- b. Carrying out logical design, preparing, and arara courses that are licensed by the Indonesian Specialists Affiliation (IDI) proficient association so the clinical set of rules can constantly be recollected by specialists, it is important to hold organized preparing/courses with respect to the clinical set of principles.
- c. Doctors should continuously be cautious in declaring or carrying out new strategies or medicines that poor person been demonstrated and that might cause public turmoil.
- d. Requires doctors to be open and speak truthfully, factually, and with professional manners when communicating with members, patients, and the wider community.
- e. Requiring specialists to have the option to follow advancements in clinical/wellbeing science and innovation as planned in the extent of article (1) is completed by; a) reading various literature in books, electronic library scientific magazines, brochures, and so on, b) participating in scientific activities such as; seminars, workshops, training and so on, so that knowledge

- and skills remain recognized and trusted, c) actively conducting medical or health research.
- f. It is mandatory for every doctor to always maintain their health so that they can work well.
- g. Providing appropriate legal protection, in a lawsuit or case from a patient or his family who is dissatisfied with the doctor's performance.

In the new Health Law No. 36 of 2009, the resolution of cases in health services must be through mediation and this is the basis of the new higher law.[14]

If a patient has a problem or case, the hospital where the doctors are located will first try to resolve it through mediation with the patient. The purpose of mediation is to bring the parties together to discuss their differences and reach a mutually agreeable solution. A mediator who is impartial and can mediate the parties' discussions to ensure an orderly dialogue process will guide the parties during the mediation process. to communicate problems more transparently and honestly.[15]

The mediation process begins in the following way:

- a. The mediator introduces himself and the parties.
- b. The mediator ensures that the parties are willing to resolve the problem through mediation.
- c. The mediator explains the meaning of mediation and the role of the mediator.
- d. The mediator explains the mediation procedure.
- e. The mediator explains the confidentiality parameters.
- f. The mediator explains the rules of conduct in the negotiation process.
- g. Identify general topics of issues that will be discussed determine the order of sub-topics that will be discussed in the negotiation process and prepare a negotiation agenda.
- h. The middle person can uncover stowed away interests which should be possible in two ways, to be specific straight by declaring direct inquiries to the gatherings, or by implication by paying attention to or reformulating the assertions set forward by the gatherings.
- i. The middle person make an effort not to adhere to a positional mentality, but rather to be open and search for elective answers for the issue together.
- j. Analyzing question goal choices, where the middle person assists the gatherings with deciding the benefits and inconveniences of tolerating or dismissing an issue goal. The middle person likewise reminded the gatherings to be sensible and not set nonsensical expectations or offers.
- k. Final bargaining process, where at this stage the parties have seen the intersection of their interests and are willing to make concessions to each other. The middle person likewise assists the gatherings with creating offers that can be utilized to test whether a goal of the issue can be accomplished.
- 1. reach a formal agreement, the parties draw up an agreement and procedures or implement the agreement

Patients reporting cases of medical negligence are informed of the various procedures available to treat their case and are invited to choose the one that best suits

their circumstances. A mediator will immediately begin preparations for mediation if he decides to take this route. Mediation officers will act as liaisons between patients and doctors through mediation, to achieve two goals at once: disputes between patients and doctors or hospitals can be resolved, and doctors or hospitals will experience a deterrent effect, the impact if they violate the code of ethics.

As per Article 29 of the Wellbeing Regulation, in the event that a wellbeing specialist is accused of carelessness in doing his work obligations, then this carelessness should be dealt with first through intervention. The clinical specialize in legal matters requires the foundation of a clinical discipline settlement organization which became known as the Indonesian Clinical Discipline Privileged Gathering (MKDKI). In any case, the clarification doesn't unequivocally state which body the intercession will happen at. MKDKI is a state agency that has the authority to determine whether or not doctors have committed errors in the application of medical or medical science disciplines and to impose punishments on those doctors who are found guilty. MKDKI isn't an intercession establishment for intervening question goal.

Indonesian Medical Council Regulation Number 2 of 2011 Concerning Procedures for Handling Cases of Alleged Violations of Doctors' Discipline regulates MKDKI's case handling procedures. After a complaint is filed, cases of alleged violations are handled. The prerequisites for the objection are contained in Article 3 of Perkonsil Number 2 of 2011. After the complaint has been registered with the MKDKI/MKDKI-P, the complainant is able to provide supporting data in the form of evidence and a declaration stating that the complaint is true. From that point onward, explanation will be completed by extraordinary officials from MKDKI/MKDKI-P. Then, we continue on toward case taking care of as a "Fundamental Assessment". This underlying assessment stage is examined in Article 13-18 of Chamber Guideline Number 2 of 2011. At this assessment stage, the MKDKI checks whether the objection is acknowledged, not acknowledged, or dismissed. Assuming the objection is gotten, the Seat of the MKDKI structures a MPD, in particular the Disciplinary Assessment Chamber. The individuals from this MPD come from MKDKI. MPD can conclude that the grumbling can't be acknowledged, dismissed, or ended the examination. MPD then explored. Examinations are done to gather data and proof connected with the occurrence being accounted for. After the examination, a disciplinary hearing will be held.

On the off chance that it is demonstrated that there has been a disciplinary infringement, after the choice the specialist or dental specialist being griped about can present an issue with the MKDKI choice to the Seat of the MKDKI no later than 30 days after the choice is perused or gotten by submitting new proof that upholds the protest.

As far as ensuring the impartiality of the MKDKI, Article 59 passage (1) of the Clinical Specialize in legal matters, expresses that the MKDKI comprises of 3 (three) specialists and 3 (three) dental specialists from their separate associations, one specialist and one dental specialist addressing the Rumah Affiliation. Disease and 3 (three) regulation alumni. So there could be at this point not any concern that specialists will safeguard their associates.

#### 4 CLOSING

A specialist needs to get lawful security, for example, from a few factors that are utilized as a reason for the patient or the patient's family to sue, including a specialist who is viewed as amateurish, a patient or family who can't acknowledge the disappointment of a treatment exertion, a specialist who is accused by patients who were clearly brought about by the patient himself, the specialist who was thought of as careless, as well as solicitations for constrained get back from the patient or the patient's loved ones. In any case, the specialists working frequently get grievances from patients or patients' family members. In spite of this, nobody has been given a green shirt in light of the fact that most issues can be settled through intercession. In the event that the patient or patient's family protests, this is likewise an activity to safeguard the specialist.

In settling clashes among specialists and patients over supposed infringement of the governing set of principles, the MKDKI has the power to analyze and submit choices on questions connecting with the discipline of specialists and dental specialists. MKDKI can decide if there are mistakes made by specialists in the use of clinical disciplines. This organization is an independent foundation from the Indonesian Clinical Board which in doing its obligations is autonomous.

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