

A Review of Public Speaking Coursebook: A Product of English Language Center Curriculum Research and Development

Elok Putri Nimasari¹, Restu Mufanti², Rohfin Andria Gestanti³
Universitas Muhammadiyah Ponorogo, Jalan Budi Utomo, No 10, Ponorogo, East Java,
Indonesia^{1,2,3}

{nimasari@umpo.ac.id¹,restu.mufanti@umpo.ac.id², rohfigestanti@umpo.ac.id³}

Abstract. English Language Center in Universitas Muhammadiyah Ponorogo is currently conducting a research and development of designing the best curriculum that correlates with students level and the university's pedagogical objectives. A previous internal research results imply that the Language Center should focus on two main courses: Standardized Test of Academic English Proficiency Test development and Public Speaking course project. Aligning to the prior research on Public Speaking curriculum development [1]–[3], this present study aims to deliver a final product of material development that is specifically designed for the first year students in Universitas Muhammadiyah Ponorogo. Document-based observation and analysis of Public Speaking's lesson plan is utilized as the key instrument of this research. Eight chapters of final product are presented. Furthermore, findings and discussion of the study are described qualitatively.

Keywords: *English Language Center Curriculum, Public Speaking, Coursebook*

1 INTRODUCTION

Curriculum is the center of learning that both formal and non-formal educational institutions should have. Generally speaking, curriculum provides a structured subject-matter and its teaching methodology that guide teachers and learners to well-receive required learning materials and experiences[4]–[7]. Therefore, learning goals can be successfully achieved as expected.

The dynamic of English language center curriculum have been studied for years by many scholars[8]–[10]. Analyzing the need of learners and the specific targets that the institutions intend to accomplish is the primary stage to develop the best curriculum. A well-designed curriculum directly impacts how a teacher teaches and a student learns[11], [12]. In addition, to effectively succeed the institutions' aims, it is pivotal to have a strong fundamental principles that are based on institutional policy, pedagogical goals and students' need analysis results[13], [14]. In summary, academic environment and conditions have a high critical influence into how the curriculum is designed.

Universitas Muhammadiyah Ponorogo, one of private universities in Indonesia, is recently evaluating what best practices that can bridge the importance of English competence for global demands and the students' capacity. According to the university policy, the students are

expected to actively involve in the international forum delivering various ideas. It is because multidisciplinary fields from worldwide context are working together to reconcile current industrial revolution[1]. This underpinning purpose refers to students' speaking and listening competence. Although those two productive skills are required to succeed the standard from the university, critical thinking analysis competence is essential to shape the ability of conceptualizing, analyzing, applying, and synthesizing the information or ideas to the audience[15], [16]. From this perspective, public speaking course is selected as the suitable program to meet the institution expectation.

Several primary studies have been conducted to identify the needs of first year tertiary students and challenges in designing the curriculum of public speaking course in English Language Center of Universitas Muhammadiyah Ponorogo. Studies by Mufanti [17], Mufanti et al. [1], R.A. Gestanti, et al. [2] and E.P. Nimasari [18] verify that speaking anxiety is the first issue that prevents them to engage with people in group discussion forum. Another problem reported is instructors' obstacles in teaching public speaking materials[1], [17]. They found that it is highly demanding to develop practical materials that suit with students' study background. The present study focuses on conducting a further research that fills the gap from the aforementioned research results. The objective of the study is developing a coursebook material based on lesson plan from public speaking program. Eight chapters of a coursebook final product are presented qualitatively.

2 METHODOLOGY

The study is classified as a qualitative research which addresses findings and discussion according to the data analysis descriptively. Two main instruments are used in the study. Literature reviews from the primary studies related to the research are gained as the underlying theory for the study[19]. Moreover, lesson plan of public speaking course program is employed as a center framework of the product since lesson plan is the central of material development[20]–[22]. Data of the study are collected from literature reviews and lesson plan's content. Thus, the raw material is organized using bottom-up approach. This approach is chosen as the best approach based on the results of the primary study[6], [23], [24].

3 FINDINGS AND DISCUSSION

3.1 Public Speaking Course Framework

Public speaking course program in English Language Center of Universitas Muhammadiyah Ponorogo is designed to develop speaking and listening competence of various critical ideas according to students' background of studies and to reduce students' anxiety and psychological barriers during their speech performance. The course consists of 16 meetings including learning class process, pre and post-test of speech. In the end of the program, students are required to be able deliver a six to eight-minute English public speaking that reflects innovative ideas in their disciplines. For instance, students of health science study program should be able to present their public speaking of cases related to the issues of health science. Therefore, students will have topics of speech depending on their field of discipline. The following figure is the public speaking rubric descriptors to assess students' performance.

PUBLIC SPEAKING OVERALL PERFORMANCE					
Performance Standard	Advanced (4)	Proficient (3)	Basic (2)	Minimal (1)	Deficient (0)
CONTENT					
Locates, synthesizes and employs compelling supporting materials	All key points are well supported with a variety of credible materials (e.g., facts, stats, quotes, etc.). Sources provide excellent support for thesis, all sources clearly cited.	Main points were supported with appropriate material, sources correspond suitably to thesis, nearly all sources cited.	Points were generally supported using an adequate mix of materials, some evidence supports thesis, source citations need to be clarified.	Some points were not supported, a greater quantity/quality of material needed, some sources of very poor quality.	Supporting materials are nonexistent or are not cited.
Uses an effective organizational pattern	Very well organized, main points clear, mutually exclusive and directly related to the thesis, effective transitions and signposts.	Organizational pattern is evident, main points are apparent, transitions present between main points, some use of signposts.	Organizational pattern somewhat evident, main points are present but not mutually exclusive, transitions are present but are minimally effective.	Speech did not flow well, speech was not logically organized, transitions present but not well formed.	No organizational pattern, no transitions, sounded as if information was randomly presented.
Develops a conclusion that reinforces the thesis and provides psychological closure	Provides clear and memorable summary of points, refers back to thesis/big picture, ends with strong of either or call to action.	Appropriate summary of points, some reference back to thesis, clear direction or call to action.	Provides some summary of points, no clear reference back to thesis, closing technique can be strengthened.	Conclusion lacks clarity, trails off, ends in a lone at odds with the rest of the speech.	No conclusion, speech ends abruptly and without closure.
DELIVERY					
Produces accurate pronunciation, grammar, and speech	Produces excellent pronunciation, grammar, speech is on a professional and general topics as effortless and smooth as a native's speaker.	Produces good pronunciation, grammar, speech is effortless and smooth, but perceptibly non-native in speed and evenness.	Produces adequate pronunciation, grammar, speech is occasionally hesitant with some unevenness.	Often uses of incorrect pronunciation, grammar, speech is frequently hesitant and sentences may be left uncompleted.	Produces incorrect pronunciation and grammar, speech is very slow and uneven.
Effectively uses vocal expression and paralanguage to engage the audience	Excellent use of vocal variation, intensity and pacing, vocal expression natural and enthusiastic, avoids fillers.	Good vocal variation and pace, vocal expression suited to assignment, few if any fillers.	Demonstrates some vocal variation, enunciates clearly and speak audibly, generally avoids fillers (e.g., um, uh, like).	Sometimes uses a voice too soft or articulation too indistinct for listeners to comfortably hear, often uses fillers.	Speak inaudibly, enunciates poorly, speaks in monotone, distracting fillers.
Demonstrates nonverbal behavior that supports the verbal message	Postures, gestures, facial expression and eye contact well developed, natural, and display high levels of poise and confidence.	Postures, gestures and facial expressions are suitable for speech, speaker appears confident.	Some reliance on notes, but has adequate eye contact, generally avoids distracting mannerisms.	Speaker relies heavily on notes, nonverbal expression stiff and unnatural.	Usually looks down and avoids eye contact, nervous gestures and nonverbal behaviors distract from or contradict the message.

Adapted From Lisa M. Schreiber, Gregory D. Paul & Lisa R. Shibley (2012) And Oller, J.W. (1979)

Fig. 1. Public Speaking's Score Rubric Descriptors

According to the results of a study by Mufanti, et al. [1], it is significant to study micro skills of public speaking before the students start to create their own speech. Some micro skills needed are, for instance, understanding the purpose of the speech, knowing the audience of the speech, and organizing important stages to give the best public speaking performance. Data from students' scores of pre-test performance also indicate that students are lack of information of how to prepare an interactive and interesting public speaking. The table below shows pre-test results.

Faculty	Pre-test	Category
Islamic Faculty	1.90	Minimal
Social and Political Science	1.82	Minimal
Teacher training and Educational	2.32	Minimal
Economic	1.91	Minimal
Engineering	1.88	Minimal
Health	1.83	Minimal
Law	1.60	Minimal

Fig. 2. Sample Students' Pre-Test Average Scores

Considering the results of public speaking pre-test, it is necessary to teach students from bottom level or micro skills to the complex ones. From this result, public speaking's lesson plan is arranged using bottom-up teaching approach and is completed by various practical

tasks that can encourage students to have a deeper-comprehension of the material[23]. Figure 3 displays sample lesson plan of public speaking course program.

No	Core material	Sub Material	Skill	Classroom Activities (Steps)	Assignments	Assessment
Course Schedule : Public Speaking Time allocation : 100 Minutes Instructor : Goal : ➤ Students are able to speak in formal situation using appropriate vocabulary and grammar, correct pronunciation and speak fluently and acceptable. ➤ Students are able to write in formal form based on the materials discussed. ➤ Students understand course outline learning Course Syllabus :						
1.	Introduction in Public Speaking	1. Definition of public speaking. 2. Problems in public speaking.	Speaking	1. Students together with the instructor discuss definition of public speaking. 2. Students discuss orally the problem faced in delivering speech.	Student Practice Page 3	Students' answers in classroom (15%)
2.	The Function of Public Speaking	Elaborate the function of public speaking.	Speaking Writing	1. In group, students discuss the function of public speaking. 2. The representatives of groups present the result of discussion. 3. Instructor gives feedback from the result of discussion.	Short essay about public speaking functions.	Students' answers in classroom (25%)
3.	Knowing about Speech	1. Types of speech based on the delivery purposes. 2. Types of speech based on the delivery occasions.	Speaking Reading	1. Students together with the instructor discuss the types of speech. 2. Students analyze the examples of speeches given. 3. Discuss the result of analyzing.	Student Practice Page 41	Students' answers in classroom (15%)
4.	Knowing about Speech	1. Types of speech based on the occasions. 2. Perform certain type of speech by implementing the tips in delivery.	Speaking	1. Students together with instructor discuss the tips in delivering speech. 2. Students perform speeches in student practice 1 by applying tips that have been discussed.	Perform speech in student practice 1.	Oral student practice (15%)

Fig. 3. Sample Lesson Plan of Public Speaking Course Program

The lesson plan's framework above are the basic structure to develop coursebook material. Each chapter consists of comprehensive information of micro skills under macro skills of public speaking: identifying major purposes, determining the types of speech, preparing the speech, designing a well-prepared speech, using appropriate speech language, and performing at the stage. This finding is in line with the theoretical framework reported by Leopold [16] that there are some micro skills of public speaking competence that is needed to master before developing one's own public speaking.

3.2 Public Speaking Coursebook's Structure

There are eight chapters developed in the coursebook: (I) Public Speaking, (II) The Function of Public Speaking, (III) Knowing about Your Speech, (IV) Preparing Your Speech, (V) Designing Your Speech, (VI) The Use of the Language, (VII) Delivering Your Speech, and (VIII) The Examples of Speech Text. Learning objectives of each chapter are explained in the beginning of the lesson to demonstrate what students are going to expect in the end of chapter. In addition, it also provides a clear frame for the students to focus on their attempts to succeed public speaking class. The following figures are the excerpts of coursebook material contained of learning objectives that previously stated in the lesson plan.

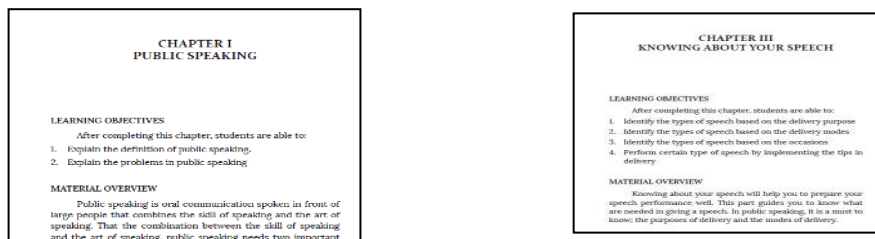


Fig. 4. Learning Objectives of Chapter I (p.1) and Chapter III (p.9)

It can be seen in the figure 4 that in the chapter I, students are required to define the nature of public speaking activity and the issues that the speakers may encounter during the performance. As stated in the research methodology, that the coursebook development process, bottom-up approach is implemented. Therefore, students have a higher demand in the following chapters as described in the chapter III.

Apart from learning objectives, material overview is available for students to give them a general description of the lesson. In this part, they are facilitated an illustrative of micro skills they are going to learn in the chapter. Designed for academic tertiary context, the material is definitely supported by theoretical research framework from public speaking experts as can be reviewed in the figure 5 below.

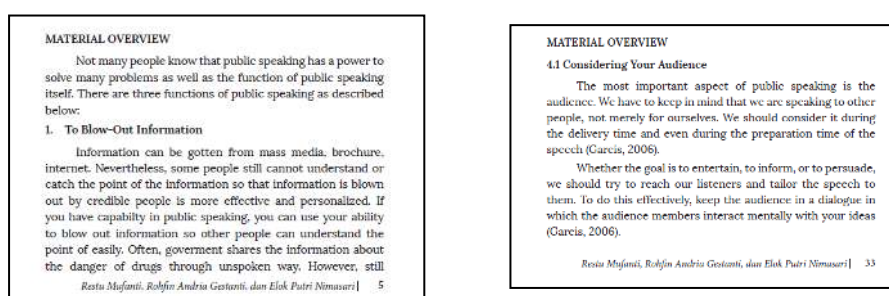


Fig. 5. Sample Material Overview of Chapter II (p.5) and Chapter IV (p.33)

Answering the gaps that the studies highlighted[1]–[3], the coursebook yields useful tips and advice in a particular layout to be easily learnt by the students. This guidance is given to help students' difficulties during their efforts in the public speaking course program. The tips are in a form of short table with a numbered list as presented in figure 6.

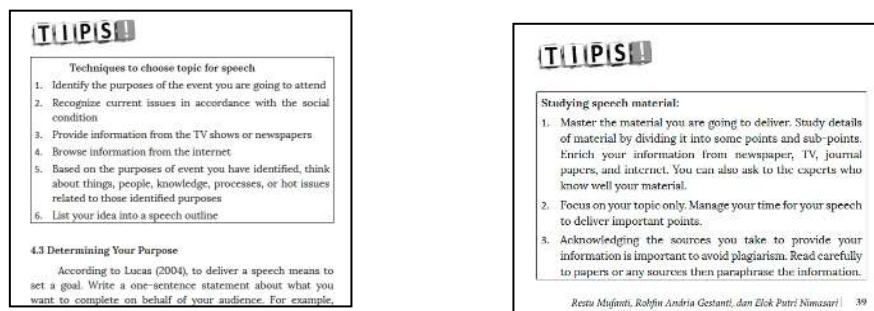


Fig. 6. Sample Useful Tips of Chapter IV (pp. 37 – 39) in the Coursebook

In addition to useful tips feature, there is also a similar attribute in the coursebook with a list of dos', don'ts and various recommended phrases for speech. These features can mentor the students to give a simple form of what should students do and avoid to vary their texts in front of many people[8], [10], [17].

Table 4.2 List of do and don'ts to support material

DOs	DON'Ts
<ul style="list-style-type: none"> • Research appropriately • Use evidences from credible sources • Display statistics in a readable chart or table • Add jokes which are pleasant and appropriate with the audiences 	<ul style="list-style-type: none"> • Do not jump the material as your wish. • Don't make your audiences think too hard of your complicated data or statistics • Do not use jokes to those audiences who easily get hurt

4.6 Organizing Your Speech

After preparing your topic and find the materials, then you should organize your ideas for your speech text. The text consists of introduction, body, and conclusion. (Gareis, 2006; Lucas, 2008). Averaging introduction of a speech is fitting enough since

40 *I Can I Be A Public Speaker? Get Ready For Speech*

Word or Phrases used to give a signal to develop the topic

- I'd like to look at this in a bit more detail.
- Let me speak about this more detail.
- Can I develop this point a bit further?
- Let me elaborate on this point.
- Let's look at this problem in a bit more detail
- I'll discuss it later.
- I'll be returning to this point later.
- I'll be coming back to this point later.
- As I'll show later,
- Later I'll come on to.....
- Later I'll be coming on to.....
- In the following part, we'll come on to it.
- As I mentioned earlier,
- As I said earlier,
- As I discussed analytically earlier,
- As we saw earlier,
- As you will remember,
- Can I now go back to the question I posed at the beginning?
- If we come back now to the issue saying that.....
- I'd like now to return to the question.....
- The interesting thing about.....is.....

50 *I Can I Be A Public Speaker? Get Ready For Speech*

Fig. 7. Another Coursebook Feature to Simplify the Material

The last part of coursebook that promotes students' practical competence is summary of the lesson and students' practices. The practices are attached in the last of each chapter in the coursebook. This can be used to measure and evaluate students' comprehension of the lesson. Moreover, this tasks and authentic materials for public speaking topics facilitate an effective rehearsal to improve students' confident and ability performing a good public speaking in front of audience[3], [25].

SUMMARY OF CHAPTER VI

Spoken language is more casual yet requires more attention since the listeners or audiences only have one chance to get the point. Concerning this matter, there are several things a speaker should pay attention to in delivering a speech. First, use clear language. Using simple terms is more recommended so that the points can be conveyed in an understandable way. Second, fit the language with the level of audiences. In this case, language that matches the level of audience is a way more appropriate. Third, use interesting language. Metaphors, similes, rhyme, or personification is some types of interesting language that will beautify the speech delivery. Moreover, it will make the language more effective for the listeners. In addition, understand the use of language is helpful during the rehearsal so that the speech can be delivered smoothly.

STUDENT PRACTICE 1

Use the text in student practice 1, and give sign to the following expressions:

1. Common expression for moving into another topic
2. Common expressions to open the speech
3. Connectors or transitions

STUDENT PRACTICE 2

Choose a topic out of these 3 topics. Then, develop the ideas of your speech text by using spider-gram

Topics:

1. End violence towards children in the world
2. Ethics in communicating with lecturer using mobile phone
3. The importance of maintaining health

STUDENT PRACTICE 3

Based on the ideas you have developed in student practice 3, make a draft of your speech text by completing this following template.

Template:

Addressing	
Greeting	
Opening	

Fig. 8. Summary of Chapter (p.96) and Student Practices (p.86) in the coursebook

Linguistic aspect competence such as pronunciation and parts of speech is given following example texts that can be used for students. By having more example texts, students are intended to have more information, clearer insight, and decrease the chances that the fact or idea to be inappropriately applied to real-practical speech situations[6], [24].

4 CONCLUSIONS

The findings from the descriptive discussion respond to the research objective that focuses on presenting a final product of public speaking course book as a further examination from the previous studies. The eight chapters of coursebook and those features such as learning objective statements, material overview, useful tips, summary of lesson and student practices have been presented. The organization of the material uses bottom-up teaching approach in which students study from the most fundamental skill into the complex units[7], [15], [23], [24]. Bottom-up approach is applied to deal with existed situation which students have low understanding and competence in public speaking pre-test. Using lesson plan teaching framework, the material of the coursebook is designed accordingly[20]–[22].

The results of the study have implications for the innovation of English Language Teaching material and pedagogical curriculum research and development. At the individual level, the results of the study may inform a benefit value for those who need practical coursebook material with the same condition. At the organizational level, the results of this study indicate implications for positive educational and social change for improving practice across the country.

Apart from the implication of the study, the research limitation is addressed as recommendation for future research. While the study reports the result of public speaking coursebook material in the English certification program in Universitas Muhammadiyah Ponorogo, the study limits in quantitative research design. Further research require a more in-depth analysis quantitatively of the effectiveness using the coursebook material correlated with other variables such as student's self-regulated learning and user experience.

References

- [1] R. Mufanti *et al.*, “PUBLIC SPEAKING INTENSIVE COURSE FOR STUDENTS OF NON- ENGLISH DEPARTMENT (A Study in English Language Centre),” *Exposure*, vol. 7, no. 2, pp. 161–178, 2018.
- [2] R. A. Gestanti, E. P. Nimasari, and R. Mufanti, “Esp Issue in Indonesian Tertiary Context: What Students Need in Learning English,” *PUPIL Int. J. Teaching, Educ. Learn.*, vol. 3, no. 1, pp. 98–117, 2019.
- [3] E. P. Nimasari, “English Material Development Based on Scientific Approach: a Content Analysis of ‘When English Rings a Bell’ Course Book,” *Kaji. Linguist. dan Sastra*, vol. 1, no. 2, p. 105, 2017.
- [4] M. R. Atai and F. Mazlum, “English language teaching curriculum in iran: Planning and practice,” *Curric. J.*, vol. 24, no. 3, pp. 389–411, 2013.
- [5] A. Kostoulas and J. Stelma, “Understanding curriculum change in an ELT school in Greece,” *ELT J.*, vol. 71, no. 3, pp. 354–363, 2017.
- [6] K. Fajii, “Exploration into the Effects of the Schema-Based,” *J. Pan-Pacific Assoc. Appl. Linguist.*, vol. 20, no. 1, pp. 75–94, 2016.
- [7] M. L. Malebese, “A socially inclusive teaching strategy: A liberating pedagogy for responding to English literacy problems,” vol. 39, no. 1, pp. 1–9, 2019.
- [8] D. Irwansyah, “Teaching English at Indonesian Islamic Higher Education: An Epistemological Perspective,” *Din. Ilmu*, vol. 18, no. 1, p. 1, 2018.
- [9] E. N. Ogwu, “Comparative analysis of teacher trainee students’ e- learning technology (ELT) readiness towards promoting global curriculum best practice,” *Educ. Res. Rev.*, vol. 11, no. 17, pp. 1679–1688, 2016.
- [10] Y. Hery, “Teachers and students perceptions of communicative competence in English as

- a foreign language in Indonesia,” *Educ. Res. Rev.*, vol. 12, no. 17, pp. 867–883, 2017.
- [11] Y. C. Kim and J. H. Jung, “Conceptualizing shadow curriculum: definition, features and the changing landscapes of learning cultures,” *J. Curric. Stud.*, vol. 51, no. 2, pp. 141–161, 2019.
- [12] A. Wall and A. Leckie, “Curriculum Integration: An Overview,” *Curr. Issues Middle Lev. Educ.*, vol. 22, no. 1, pp. 36–40, 2007.
- [13] P. Mahabeer, “Curriculum decision-makers on decolonising the teacher education curriculum,” *South African J. Educ.*, vol. 38, no. 4, pp. 1–13, 2019.
- [14] I. Ashby, “Designing for Interdisciplinarity in Higher Education: Considerations for Instructional Designers,” *TechTrends*, no. Holley 2017, pp. 202–208, 2018.
- [15] J. Schneider, D. Börner, P. van Rosmalen, and M. Specht, “Presentation Trainer: what experts and computers can tell about your nonverbal communication,” *J. Comput. Assist. Learn.*, vol. 33, no. 2, pp. 164–177, 2017.
- [16] L. Leopold, “Stunning statistics for persuasive speaking,” *Commun. Teach.*, vol. 31, no. 1, pp. 21–26, 2017.
- [17] R. Mufanti, “The Supporting Factors And Barriers of Students Communicative Activities in a Speaking Class,” *62nd TEFLIN Int. Conf.*, pp. 332–339, 2015.
- [18] E. P. Nimasari, “AN ESP PROJECT WORK FOR ENGINEERING FACULTY: BOOSTING STUDENTS’ AUTONOMY LEARNING,” in *PROCEEDINGS International Conference of 63 TEFLIN “Creativity and Innovation in Language Materials Development and Language Teaching Methodology in Asia and Beyond,”* 2017, pp. 553–557.
- [19] D. Rubel and J. E. A. Okech, “Qualitative Research in Group Work: Status, Synergies, and Implementation,” *J. Spec. Gr. Work*, vol. 42, no. 1, pp. 54–86, 2017.
- [20] T. Salagaram, “Benefits and challenges of lesson study: A case of teaching Physical Sciences in South Africa,” *South African J. Educ.*, vol. 39, no. 1, pp. 1–9, 2019.
- [21] V. L. Akerson, K. Pongsanon, M. A. Park Rogers, I. Carter, and E. Galindo, “Exploring the Use of Lesson Study to Develop Elementary Preservice Teachers’ Pedagogical Content Knowledge for Teaching Nature of Science,” *Int. J. Sci. Math. Educ.*, vol. 15, no. 2, pp. 293–312, 2017.
- [22] W. Lim, J. W. Son, and D. J. Kim, “Understanding Preservice Teacher Skills to Construct Lesson Plans,” *Int. J. Sci. Math. Educ.*, vol. 16, no. 3, pp. 519–538, 2018.
- [23] G. Luera, S. Brunvand, and T. Marra, “Challenges and Rewards of Implementing ePortfolios Through a Bottom-Up Approach,” *Int. J. ePortfolio*, vol. 6, no. 2, pp. 127–137, 2016.
- [24] A. N. Khuziakhmetov and G. V. Porchesku, “Teaching listening comprehension: Bottom-up approach,” *Int. J. Environ. Sci. Educ.*, vol. 11, no. 8, pp. 1989–2001, 2016.
- [25] E. P. Nimasari, R. A. Gestanti, and R. Mufanti, “What University-Students Believe About Plagiarism,” *PEOPLE Int. J. Soc. Sci.*, vol. 4, no. 3, pp. 1912–1925, 2019.

