# A CPW-Fed Wearable Dual-Ring Patch Antenna at ISM Band for Biomedical Applications

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**Abstract.** In this work, a dual-ring, co-planar waveguide (CPW) fed antenna is suggested for use in the ISM band. The suggested antenna is extremely flexible achieving a body isolation using a biocompatible RO4350 ( $\epsilon r = 3.6$ ) substrate. CST Microwave Studio software is used to obtain the simulation results for the proposed antenna's return loss, impedance matching, gain, and radiation pattern. Results are presented and discussed.

Keywords: CPW-fed, dual-ring, flexible antenna, ISM band, Biomedical.

## **1** Introduction

Over the past years, wearable and implantable electronics have seen enormous growth in their potential applications [1]. Flexible electronic devices are frequently used in information communication, biomedicine, emergency rescue, military warfare systems, consumer electronics, etc [2-4]. A built-in antenna is frequently needed for wearable devices, and these antennas must be small, flexible, and conformal in order to operate adequately. The performance of these antennas must also be outstanding. In addition, an antenna is a crucial part of any wireless communication system that is essential to ensuring the consistent operation of wearable technology [5]. Coplanar waveguide (CPW) feeding and microstrip feeding are the two feeding techniques used most frequently with printed monopole antennas [6-7]. Using a CPW feed line broadens the bandwidth of the antenna.

The requirement for medical applications such as patient monitoring and body diagnostics remotely has lately brought wearable antennas to the attention of researchers in the field of medicine [8-12]. Therefore, an antenna that operates in the Industrial, Scientific, and Medical bands, specifically between 2.35GHz and 2.45GHz [13], is required. The performance of wearable antennas is hampered by coupling to the human body. The performance of an antenna varies depending on its proximity to the human body, random body motions, the position of the antenna on the body, and even from person to person. Therefore, it is crucial to manage how the

body affects the performance of the antenna. Utilizing meandered line and meandered slot antenna topologies may increase the wearable antennas' robustness [14]. Compactness, compatibility with the human body, low specific absorption rate (SAR), reduced backward wave reduction, and high gain are the essential requirements for constructing an antenna for a medical purpose [15].

In this study, a co-planar waveguide (CPW) feeding technique is used to create a two-ring patch antenna employing Roger RO4350 flexible material as the substrate. S11 is less than -10 dB at the working frequency of 2.45 GHz, demonstrating its suitability for implantation. Simulation is carried out to confirm the antenna's radiation performance under various bending radians. The antenna design should also consider on-body analysis and use a simulated human tissue model. The suggested design exhibits a broad range of applications and covers the ISM band.

# 2 Antenna Design

The proposed antenna has dimensions of  $25 \times 32.5 \times 1.5$  mm<sup>3</sup>. The model is made up of a tworing patch that is fed by aco-planar waveguide (CPW) feeding technique employing Roger RO4350 flexible material as substrate. Due to its dependability, affordability, and accessibility, the Rogers RO4350 substrate, which has a dielectric constant of 3.6 and a loss tangent of 0.0027, has been recommended in this research. The proposed planar microstrip patch antenna was analyzed using the commercial CST Microwave Studio. The Geometrical parameters are shown in Figure 1. In Table 1, the work's optimal parameters are presented.



Fig. 1. Architecture of a typical wireless sensor node.

Param.	Value	Param.	Value	Param.	Value	Param.	Value
	(mm)		(mm)		(mm)		(mm)
W	25	l1	11	R1	12	w2	10.3
l	32.5	12	6	R2	9	g	3.5
h	1.5	w1	10.83	R3	7	g1	1.67
w	25	l1	11	lf	11.57		
1	32.5	12	6	wf	2.84		

Table 1. Design parameters of the proposed antenna.

## **3** Results Analysis

#### 3.1 Off-Body Analysis

When creating a microstrip patch antenna, selecting the right substrate material is crucial. The substrate's permittivity and thickness have an impact on the microstrip patch antenna's bandwidth, efficiency and gain. By making the proper decisions, these performance characteristics can be significantly improved.



The  $S_{11}$  parameter is referred to as the return loss of the antenna since the  $S_{11}$  characteristics of the proposed antenna represents the amount of power reflected from the antenna. The best outcome for an antenna is achieved when S11 is less than -10 dB since it indicates that 90% of the available power has already reached the antenna and 10% is reflected back. Figure 1 depicts the design process for the antenna working principle. Figure 2 depicts the corresponding return loss. Figure 2 shows a scan of a monopole antenna operating in the 2.4 GHz frequency band. The simulated  $S_{11}$  results show that the proposed antenna covers the ISM band frequencies. The suggested antenna's input impedance characteristics at the intended band are shown in Figure 3 indicating that the device receives at least 90% of the input power and that less than 10% of it is reflected, which is sufficient for all applications. The E-plane and the H-plane, which represent the planes containing an electric field and a magnetic field, respectively, are essentially the principal planes for the propagation of waves or radiated fields. The proposed antenna has been simulated at 2.4 GHz. Figure 4(a) represents the E-plane graph and Figure 4(b) represents the H-plane graph at 2.4 GHz. As is evident, the antenna patterns behave in an omnidirectional manner, which is typical of this particular monopole antenna. The simulated surface current distribution at 2.45 GHz is shown in Figure 5. In the operational band, a good current distribution is attained.



Fig. 4. Radiation pattern at 2.4 GHz

**Fig. 5.** Surface current distribution at 2.4GHz.

#### 3.2 Effect of Antenna Bending

In order to examine the impact of bending (Fig. 6), a 40 mm-diameter cylinder was considered. Figure 7 compares the return loss of the antenna with flat and bending structures. As it can be seen, even though the resonance frequency and operating frequency band are slightly moved, the bandwidth is still maintained with S11 parameter <-10dB under bending conditions.



Fig. 6. Bended antenna design

Fig. 7. S<sub>11</sub> parameter of bended designed antenna.

#### 3.3 On-Body Analysis

A three-layer structure model is loaded at the base of the antenna structure to simulate human skin, fat and muscle tissues, respectively. Simulation is then carried out using the antenna system, with the model structure shown in Figure 8, using the relevant electrical parameters of the human tissue structure [15] (Table 2).



Table 2. Human tissue dielectric properties at 2.4 GHz frequency [16].

Fig. 8. Structure of the human tissue model.

The performance of on-body antennas is evaluated with the antenna at 3 and 5 mm from the human body arm, respectively. Figure 14 depicts the simulated S11 parameter of an antenna with a gap (d). The resonance occurred in the frequency band 2.27 GHz (2.2-2.36 GHz) for d=5mm. The antenna resonates at 2.38 GHz (2.28-2.46 GHz) and has an S11 of -27.6 dB, for d=3 mm.

Figure 10 shows the set-up for a far-field radiation pattern simulated at 2.38 GHz for an onbody scenario. The radiation pattern shows a semi-omnidirectional shape in the E-plane, while omnidirectional radiation patterns are observed in the H-plane.



**Fig. 9.** S<sub>11</sub> parameter on-body scenario with a gap "d"

**Fig. 10.** Radiation pattern at 2.38 GHz for on-body scenario

# 4 Conclusion

The proposed work presents a CPW-fed wearable antenna and its design procedure, which is suitable for low-cost biomedical applications. In order to function, this antenna is distinguished by its small size, durability, flexibility, and conformity. The proposed antenna exhibits good radiation pattern characteristics. Since the antenna covers the ISM band range, it is intended for biomedical applications. Furthermore, the integrated antenna loaded with a human tissue model was evaluated. The results demonstrated that the proposed antenna has sufficient bandwidth and is suitable for wearable devices in wireless body area networks.

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