

Tutors' Efforts to Overcome Early Children's Aggressive Behavior in PAUD Tunas Kartika Binjai

Yusnadi¹, Rabiatul Adhawiyah², Sani Susanti³, Vidya Dwi Amalia Zati⁴
{yusnadi@unimed.ac.id}

Community Education, Universitas Negeri Medan¹²³⁴

Abstract. The purpose of this study was to find out how the efforts made by tutors in overcoming aggressive behavior in early childhood at PAUD Tunas Kartika, Binjai City. This study uses a qualitative approach with a descriptive method. The informants in the study consisted of 4 people and the data collection techniques were observation and interviews. The data analysis technique used is by collecting data, reducing data, presenting data and drawing conclusions. The results showed that the forms of aggressive behavior carried out by early childhood were hitting, pushing, breaking things, pinching, berating and cursing, mocking, saying dirty words and refusing to be spoken to. As for the efforts made by tutors in overcoming aggressive behavior in early childhood were by correcting the words spoken by children and giving them an understanding of good and bad things; the tutors make themselves as an inspiration and can make themselves as an example for the students; tutors provide good information to deal with children's aggressive behavior; tutors organize children's academic and non-academic activities; motivate children.

Keywords: Tutor's Role, Overcoming Children's Aggressive Behavior

1 Introduction

Early childhood education is an effort aimed at children from birth to 6 years which is carried out through the provision of educational stimuli to help physical and spiritual growth and development, so that children have readiness to enter the further education. This emphasizes that early childhood education is very influential at the next level. [10] The field of early childhood education development is the totality of children's potential. The development areas include physical-motor, language, social-emotional and cognitive.

However, in this research, the potential to be studied is related to the socio-emotional potential of children. Because in general, early childhood still tends to have unstable social-emotional abilities. Children still show the ability to interact that is less than the maximum. In addition, children are also not able to show stable emotional abilities. We can see this by the behavior shown by early childhood. Early childhood still tends to show aggressive behavior. Many factors influence a person to carry out aggressive behavior including social, personal, cultural, situational, resources and mass media factors [9]. [4] Gender and personality also affect a person in behaving aggressively. Aggressive behavior is hurting other people both verbally and physically [11].

The aggressive behavior must be handled immediately and get attention from both parents and teachers, because if it is left unchecked, it has a great chance of becoming a permanent behavior [6]. So, it needs to be handled seriously, because it can be fatal. This aggressive

behavior is also shown by early childhood children in PAUD Tunas Kartika in Binjai, out of 20 children, there are 11 children who show aggressive behavior. This aggressive behavior is carried out by boys and girls. Aggressive behavior carried out by children includes hitting, pushing, fighting, breaking things, pinching, kicking, scratching his friend's cheek, berating. Swearing, insulting / mocking, said dirty and some even refused to speak.

In a day, there are children who do aggressive behavior once a day and some even do it up to eight times a day. Usually the tutor scolds the child and pinches the child to stop the act, but these actions do not stop the child, instead the child imitates the tutor's actions, namely scolding his friend. The punishment given by the tutor does not cause a deterrent effect on the child, but causes feelings of anger, so that the child repeats the actions another day, even they imitate the actions that the teacher has taken when venting his aggression.

The impact is a learning disability or inability to express thoughts and feelings, unable to play with peers because children prefer to do negative behavior than play and unable to accept opinions from peers and the surrounding environment. This shows that aggressive behavior carried out by children is a negative behavior that has a negative impact on children. It needs to be handled, so that the aggressive behavior does not increase and will not eventually become a habit for early childhood children. Based on this fact, the researchers are interested in seeing how the efforts made by tutors in overcoming aggressive behavior in early childhood at PAUD Tunas Kartika, Binjai.

Aggressive Behavior

According to [8] aggressiveness is defined as behavior that can cause personal injury to others, the injury can be physical or psychological. From this definition, it can be understood that aggressiveness is a behavior that can cause injury to others, both physically and psychologically. [1] Aggressive as an offensive behavior, either verbally or verbally or by making a threat that is used as a statement of hostility. This behavior can harm or injure others. The losses incurred can be in the form of psychological losses and physical losses.

Zirpoli (2008:440) says that aggressive behavior is a form of physical injury from other creatures that is automatically contained in the mind, which will appear with signs of anger or overflowing emotions, so that it can hurt others through harsh words or ridicule. Based on the opinions of the experts above, it can be concluded that aggressive behavior is a negative behavior carried out by children that can disturb, hurt and harm other people and objects around them.

Lancellota and Vaughn state that there are four types of aggressive behavior and children's reactions to social acceptance, namely: (1) provoked physical aggression, for example: attacking back following the provocation; (2) explosive aggression, for example: angry for no apparent reason; (3) verbal aggression, for example: threatening; and (4) indirect aggression, for example; telling the teacher that other students made mistakes (Vaughn and Bos, 2012: 106). Meanwhile, Baron and Byrne classify aggressive behavior into eight, including: (1) direct physical verbal aggression; (2) nonverbal active direct aggression; (3) passive verbal direct aggression; (4) nonverbal passive direct aggression; (5) verbal active indirect aggression; (6) nonverbal active indirect aggression; (7) passive verbal indirect aggression; (8) passive nonverbal indirect aggression (Fatturrohman, 2006: 207-208)

The Impact of Child Aggressive Behavior

This aggressive behavior is allowed to continue or even be defended, then the child has a great opportunity to grow into an individual with an anti-social personality [7]. These impacts can affect themselves and others. The impact for themselves, namely: will be shunned by their friends and have the bad self-concept, the child will be labeled as a naughty child so that they feel less secure and less happy. Impact on other people (environment), which can cause fear for

other children and will create unhealthy social relationships with their peers. In addition, it can disturb the peace of the environment because usually children who behave aggressively tend to damage things around them [5].

Handling Child Aggressive Behavior

According to [2] many roles are needed by teachers as educators to deal with children's aggressive behavior, as described below:

a. Corrector

The teacher as a corrector in handling aggressive children, namely the teacher can reduce good values in children and notify children if the values are carried out will have a good impact on children, tell which values are bad and the consequences of bad behavior, for example the attitude of children behaving aggressively includes bad grades for negatively impacting or injuring others. Teachers must be able to distinguish between good grades and bad grades.

b. Inspiration

The teacher as an inspirator in handling aggressive children, namely behavior and everything that appears from the teacher can be an inspiration for aggressive children to imitate the good things. Teachers must be able to provide good inspiration for the learning progress of students.

c. Informator

The teacher as an informant in handling aggressive children, namely the teacher can provide information related to the values of life by showing exemplary films. Teachers must be able to provide information on the development of science and technology, in addition to learning materials for each subject that has been programmed.

d. Organizers

The teachers as organizers in handling aggressive children, namely teachers can organize all activities related to academic activities with interesting activities and the application of active learning, so as to provide flexibility for children in activities during the learning process. The other side of the required role of the teacher in this field, teachers have activities to manage academic activities.

e. Motivator

The teacher as a motivator in handling aggressive children, namely the teacher can provide enthusiasm, support and positive appreciation to children so that children actively learn and behave well. Teachers should be able to encourage students to be passionate and active in learning.

2 Research Methods

This research was conducted in July-October 2021 at PAUD Tunas Kartika, South Binjai, Binjai. The subjects in this study were 4 people. This research used descriptive qualitative approach. Data collection techniques used in this study were observation and interviews. Observation and interview techniques were carried out to observe and collect information through informants related to the role of tutors in dealing with children's aggressive behavior, namely as: correctors, inspiration, informants, organizers and motivators.

The data analysis techniques used in this study include the credibility test to test the validity of the data and the triangulation technique to test the credibility of the data which is done by checking the data to the same source with different techniques.

3 Result and Discussion

Based on the results of the research that has been carried out, it shows that the implementation of the tutor's efforts as a corrector carried out by the tutor at PAUD Tunas Kartika Binjai has been carried out to the maximum, the tutor has given good and bad grades to students, especially to children who behave aggressively. The tutor has also provided education and guidance to the child, given a warning to the child if the actions taken have disturbed the peace and comfort of the classroom atmosphere, the tutor also urges other students to immediately report a child who is behaving aggressively. In addition, tutors also use electronic media and print media to convey good and bad grades.

In addition, tutors have also played their role as inspiration, tutors provide inspiration to students so that they can study well, especially children who behave aggressively. Before starting learning, the tutor gives motivational words to the learning community, this is done so that children are enthusiastic about participating in the learning to be studied and far from aggressive behavior.

In addition to providing motivational words as inspiration for children in learning, tutors also give confidence to children and continue to provide support for children's wishes, if the child's wishes have a positive influence on children, friends and tutors then they are able to control themselves and avoid aggressive behavior. The tutor invites the child to visit his friend who is sick and in trouble so that the child has a high social attitude and reduces his aggressive behavior, besides that the tutor also uses stories and stories of the prophets and apostles to the child so that the child becomes a good child and reduces aggressive behavior.

As an informant, the tutor has also provided information to students so that they can study well, especially to children who behave aggressively through electronic and print media as a means of conveying information. Tutors also use hand puppets in the form of animals in presenting stories and use different intonations for each character. In addition, the tutor also asks questions related to the content of the story and what we can do. As an organizer, tutors have made efforts to organize learning activities for students so that they can study well, especially for children who behave aggressively.

Tutors conduct group learning to build good interaction and cooperation between students, for example through playing puzzles, holding coloring competitions, guessing words with students, with the hope that students will try to overcome aggressive behavior in children. As a motivator, tutors have provided motivation to students in learning activities, especially to children who behave aggressively, so that they study well. Tutors also provide advice, motivation and support to children who behave aggressively so that they do good things. The motivation given is in the form of rewards in the form of star stickers, praise.

The results of interviews and observations that have been made from the four tutors who teach at PAUD Tunas Kartika show that there are changes experienced by children who engage in aggressive behavior. Efforts made by tutors in the form of correctors, inspirations, informants, organizers, and motivators have been successful, because of the 20 children in the class, 15 children show aggressive behavior, but after the efforts of the tutor, the number of children who behave aggressively decreases, namely as many as 10 children. Meanwhile, 5 children still want to do aggressive behavior but not as often as before.

4 Conclusion

Based on the results of the research that has been done, it can be concluded that the tutor's efforts in overcoming aggressive behavior in early childhood at PAUD Tunas Kartika Binjai consist of five, namely as correctors, inspiration, informants, organizers and motivators, have been able to have positive impacts on reducing aggressive behavior in early children. The children who previously liked to make noise, were undisciplined and liked to annoy their friends, now have shown a better attitude, of the 20 total children, 15 have shown good behavior, while 5 others still want to show aggressive behavior but only just once in a while.

Acknowledgment

The author would like to thank all those who have helped in the implementation of this research, in particular to teachers of PAUD Tunas Kartika Binjai.

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