

# **Proceedings of the 5th International Conference on Psychological Studies**

24 – 25 July 2024, Semarang, Central Java, Indonesia

*ICPSYCHE 2024*

## **General Chair**

Dian Ratna Sawitri, Universitas Diponegoro, Indonesia

## **Technical Programme Chair**

Jati Ariati, Universitas Diponegoro, Indonesia

# Conference Organization

## Steering Committee

Dian Ratna Sawitri Faculty of Psychology, Universitas Diponegoro, Indonesia  
Dian Veronika Sakti Kaloeti Faculty of Psychology, Universitas Diponegoro, Indonesia

## Organizing Committee

### General Chair

Jati Ariati Faculty of Psychology, Universitas Diponegoro, Indonesia

### General Co-Chair

Nailul Fauziah Faculty of Psychology, Universitas Diponegoro, Indonesia

### TPC Chair and Co-Chairs

Ika Febrian Kristiana Faculty of Psychology, Universitas Diponegoro, Indonesia  
Dinni Asih Febriyanti Faculty of Psychology, Universitas Diponegoro, Indonesia  
Imam Setyawan Faculty of Psychology, Universitas Diponegoro, Indonesia

### Sponsorship and Exhibit Chairs

Stetcher Rangga Inanda Faculty of Psychology, Universitas Diponegoro, Indonesia  
Resti Fitria Dewi Faculty of Psychology, Universitas Diponegoro, Indonesia

### Local Chair

Vemita Sinantia Faculty of Psychology, Universitas Diponegoro, Indonesia  
Rofifatun Nisa Faculty of Psychology, Universitas Diponegoro, Indonesia

### Publicity & Social Media Chairs

Dwi Widiastuti Faculty of Psychology, Universitas Diponegoro, Indonesia  
Ariel Gemilang Jaya Faculty of Psychology, Universitas Diponegoro, Indonesia

### Web Chair

Joko Santoso Faculty of Psychology, Universitas Diponegoro, Indonesia  
Norhendra Ardhanaputra Faculty of Psychology, Universitas Diponegoro, Indonesia

**Technical Program Committee**

Kartika Sari Dewi

Jessica Dhoria Aribowo

Hasan Fahrur Rozy

Fika Nadia Tirta Maharani

Dwi Hardani Oktawirawan

Crossita Nabila Sofiefany

Faradila Umayya

Faculty of Psychology, Universitas Diponegoro, Indonesia

Faculty of Psychology, Universitas Diponegoro, Indonesia

Faculty of Psychology, Universitas Diponegoro, Indonesia

Faculty of Psychology, Universitas Diponegoro, Indonesia

Faculty of Psychology, Universitas Diponegoro, Indonesia

Faculty of Psychology, Universitas Diponegoro, Indonesia

Faculty of Psychology, Universitas Diponegoro, Indonesia

## **Preface**

We are delighted to introduce the proceedings of the fifth edition of the 2024 International Conference on Psychological Studies (ICPSYCHE). The conference with the theme “Embracing Diversity and Creating Inclusive Spaces through Family Values and Connection” shares scientific findings through empirical studies as well as a review of literature relevant to the topic. A total of 35 articles were selected through a blind review process from the 44 articles submitted, and following the themes of the call for papers, they have been published in this proceeding. The themes of all published articles include psychological well-being and resilience, educational psychology, psychology in workplace setting, psychometric and measurement tools, digital psychology and social media, community, society, and cultural issues, parent, children, and family relation.

The inclusion of 35 articles in this proceeding underscores the substantial interest and dedication of the contributing authors. The editorial team extends its sincere appreciation to all authors and reviewers for their invaluable efforts and collaboration, which have made the publication of this proceeding possible. Furthermore, the articles presented are anticipated to offer significant scientific contributions and meaningful social implications, fostering positive societal impact. Finally, it is hoped that this proceeding will serve as a reputable scientific resource, widely referenced by scholars and readers in the future.

Regard,

Editor in chief

# Contents

## Psychological Well-Being and Resilience

- Psychological Well-Being of Individuals in Early Marriages and the Causal Factors: A Systematic Literature Review 1  
*Fetty Alfiya, Salsabila Zahra Nur Aulia, Suci Helga Papuani Simbiak, Dinie Ratri Desiningrum*
- Resilience of Single Working Mother: A Systematic Literature Review 16  
*Danurswari Danurswari, Maftuhatul Muna, Hastaning Sakti*
- Family Resilience and Psychological Well-Being in Dual Career Type Families: Children's Perspective 23  
*Ridha Adenika, Dian Veronika Sakti Kaloeti*
- Psychological Well-Being of Middle-Aged Diabetes Mellitus Patients at The Clinic Kusmi Ceria: One Shot Case Study 33  
*Dewi Marianty, Fanindiya Indriadi Rasyid, Ivanka Natalia Elga Hamiseno Putri, Dinda Afiyata Vika, Nailul Fauziah*

## Educational Psychology

- Does Self-Compassion Have A Role in Resource Index and Vulnerability Index Of Resilience in First-Year University Students? 43  
*Imam Setyawan*
- A Systematic Literature Review on Student Boredom: Analyzing Contributing Factors 54  
*Ropiah Tul'adawiyah, Juntika Nurihsan, Nandang Budiman*
- Descriptive Characteristics of Cognitive Impairment in Autistic Children (A Descriptive Study at Gilang Ramadhan School Band-GRSB) 64  
*Nailul Fauziah, Endang Sri Indrawati, Adi Dinardinata*
- The Role of Nature-Based Schools in Advancing the Sustainable Development Goals (SDGs): A Preliminary Study and Literature Review 76  
*Aldani P Wijayanti, Ezraputi Salsabila, Prasetyo Budi Widodo, Imam Setyawan*

## Psychology in Workplace Setting

- The Role Of Optimism As The Mediator Between Self Compassion And Work Engagement In Female Police Officer In The Central Java 89  
*Priska Priska Ardianisa, Shafira Aurellia Indaryanto, Nurafifa Rachmanulia, Yondara Marsada Bassang, Unika Prihatsanti*
- Compassion Fatigue on Rescue Area: A Scoping Review 100  
*Fanindiya Indriadi Rasyid, Dinie Ratri Desiningrum*
- Investigating the Influence of Stress on Occupational Safety Risks Among Construction Workers: A Scoping Review 113  
*Endah Kumala Dewi, Ayu Kurnia, Aprilia Kusuma Putri, Dita Indah*
- Job Insecurity Research Trend and Future Research Direction: A Bibliometric Analysis 127  
*Andi Alya Zhafira, Prasetyo Budi Widodo*

An Overview of The Relationship Between The Intolerance of Uncertainty and Mental Health Status of Educational Staff in The Working Environment: A Scoping Review <i>Kartika Sari Dewi, Endah Kumala Dewi, Yohanis Franz La Kahija, Maulidina Nurul Fadila</i>	139
<b>Psychometric and Measurement Tools</b>	
Adaptation and Psychometric Properties of Benevolent Childhood Experiences Instrument among Undergraduate Students <i>Dian Veronika Sakti Kaloeti, Jamilatu Istiyah, Rifda Naufalin Oktavian, Hastaning Sakti, Suparno Suparno, Fika Nadia Tirta Maharani</i>	162
Psychometric Properties of the Indonesian Version of McMaster Family Assessment Device-General Functioning Subscale in a sample of University Students with Non-Suicidal Self-Injury <i>Lusi Nur Ardhiani, Restu Tri Handoyo, Sofia Retnowati</i>	176
Validation of the Indonesian Version of the Short Problematic Internet Use Test (SPIUT) Using Rasch Analysis <i>Vemita Sinantia, Ika Zenita Ratnaningsih, Unika Prihatsanti</i>	187
A Scoping Review On Optimism: The Concept And Its Measure <i>Didin Kusuma Jasmani, Annastasia Ediaty</i>	196
<b>Digital Psychology and Social Media</b>	
The Impact of Digital Detox on the Mental Well-Being of Active Social Media Users: A Systematic Literature Review <i>Aisyah Kamila, Jati Arianti</i>	213
Podcast for Promoting Mental Health Literacy on Parents: Study Narrative Review <i>Mudrika Munawaroh, Alim Panggih Raharjo, Jati Ariati</i>	225
<b>Community, Society, and Cultural Issues</b>	
Self-Disclosure of Prisoners at Class IIA Sungguminasa Women's Penitentiary South Sulawesi <i>Andini Andini, Tuti Bahfiarti, Sudirman Karnay</i>	234
Reflections on the Application of Critical Discourse Analysis to the Legend of Malin Kundang <i>Pupe Putriza, Vina Adriany, Hani Yulindrasari</i>	247
Navigating Mental Health in Prison: A Study on Inmates Help Seeking Behavior <i>Yondra Marsada Bassang, Priska Ardianisa, Dian Veronika Sakti Kaloeti</i>	254
Influence of Collective Emotion on Aggressiveness among Street Children in Semarang: A Literature Review <i>Nathasya Sekar Ayu Silalahi, Aldani Putri Wijayanti</i>	261
Bibliometric Analysis of Self-Determination Theory Research in a Decade (2014 - 2024) and Future Research Directions <i>Crossita Nabila Shofiefany, Aisyah Kamila, Unika Prihatsanti</i>	271
<b>Parent, Children, and Family Relation</b>	
The Influence of Family Supportive Supervisor Behavior on Employee Work	283

Engagement at PT. Apex Mitra Prima: The Role of Work Tenure and Employee's Age <i>Amanda Audrey Affandi, Gusti Novia Nanda, Alim Panggih Raharjo, Yondra Marsada Bassang, Kartika Sari Dewi, Unika Prihatsanti</i>	
Overview of Bullying and Cyberbullying among Adolescents : Preliminary Study <i>Erin Ratna Kustanti, Tina Afiatin, Arum Febriani</i>	296
Positive Benefit of Being a Peer Counselor for Emerging Adults with ACE's History : A Thematic Analysis <i>Nurafifa Rachmanulia, Kartika Sari Dewi</i>	310
Psychological and Physiological Outcomes of Benevolent Childhood Experiences: A Scoping Review <i>Fika Nadia Tirta Maharani, Suparno Suparno, Hastaning Sakti, Dian Veronika Sakti Kaloeti</i>	322
The Impact of Child-Parent Closeness on Corruptors <i>Novi Qonitatin</i>	343
A Systematic Literature Review: The Formation of Identity and Role Adjustment in Motherless Mothers <i>Winda Karina Wulandari, Novi Qonitatin</i>	353
Coping Strategies in Mothers of Children with Special Needs : A Systematic Literature Review <i>Yosi Eka Putri, Dinie Ratri Desiningrum</i>	363
What is linked to Infidelity? <i>Cindy Claudia Soen, Monty P. Satiadarma</i>	377