

The Meaning of Love to The Wife who Thoughts Ta'aruf

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Abstract. Individuals naturally need the presence of other people to care for and care for its survival. Ta'aruf is defined as a series of processes introductions between men and women, whether physical or non-physical who have a purpose for marriage. The purpose of marriage to create love feeling. love is a psychological symptom that dominates in everyone individual behavior that has a positive and constructive form of behavior of good civilization. The wife who has no love in the relationship Husband and wife can hinder their role. The wife who has love if the relationship with husband looks happy and prosperous. This situation can be characterized by decreased feelings of anxiety, tension, disappointment, and the emergence of a feeling of satisfaction with all conditions. Research participants used non-probability sampling. Informant selection method with purposive sampling. The method for collecting data with the sampling technique is snowballing sampling. Researchers used a semi-structured interview method. This research is planned to use a credibility test extending observations and using appropriate references. This research uses the phenomenological analysis method because the author wants to describe the meaning of love with the aim of revealing in detail how the participants interpret their life and social life. The meaning of love possessed by the wife of a Ta'aruf marriage partner is the emergence of physical attraction and accepting what her husband is and being able to live happily and feel comfortable when she is with her husband. Participants also have trust in their husbands and participants can understand their husband's character well. Participants can even serve and support their husbands in every situation they face. Already have trust in her husband. Based on this conclusion, love is interpreted as the presence of happiness and peace and a way to get closer to Allah SWT.

Keywords: Meaning of love, Ta'aruf, Wife, Social life.

1 Introduction

Individuals naturally need the presence of other people to maintain and care for their survival. Marriage is a relationship between a man and a woman that is legal according to religion and the state. Both parties harmonize each other emotionally, providing physical and emotional comfort and intimacy so as to achieve a harmonious relationship with various responsibilities [12]. Marriage is a happy moment in the form of a loyal bond between husband and wife accompanied by responsibilities [5].

Marriage can also be interpreted as a permanent attachment between a man and a woman, determined by culture with the aim of achieving happiness as well have a harmonious relationship [7]. Duvall and Miller say, marriage is a relationship and a way of communicating as a form of two-way interaction that is intimate [22]. Munandar said, by obtaining happiness, love and offspring, the goal of marriage has been achieved [22].

Before the wedding takes place, usually a man and a woman get to know each other first for an assessment which is generally called dating. There is an introduction process that can be done through ta'aruf. Ta'aruf means a series of introductions with the aim of marriage between men and women which are regulated according to Islamic teachings [5]. Ta'aruf is defined as a series of introductions between men and women, both physical and non-physical introductions that have the goal of marriage [7].

At the ta'aruf stage, couples are allowed to assess each other and ask questions or by looking at their appearance within the boundaries set by religious law [7]. The introduction period in the ta'aruf process is short so that there are various challenges for each married couple who carry it out when the marriage takes place [16].

Successful marriages will experience happiness because they use positive ways of dealing with conflict [8]. The criteria for marital success have a close relationship with the presence of love in marriage. Love is an indicator of the formation of marital happiness, marital satisfaction and marital adjustment [8].

If a wife is married with a very short introduction process and without growing love at the beginning of the marriage, it will have an impact on the wife's psychological condition such as stress, depression. Unfavorable psychological conditions will have an impact on a wife who is not optimal in carrying out her roles such as taking care of the household, as a caregiver and educator of her children and protector [4]. A wife has love if her relationship with her husband appears happy and prosperous. This situation can be marked by a decrease in feelings of anxiety, tension, disappointment, and the emergence of a feeling of satisfaction with all conditions [2]

There is research conducted by Dewi regarding the meaning of love that results in violence in dating [3]. The meaning of love is different, there are people who interpret that love is something that disappoints, lies, is willing to sacrifice for the sake of a partner, and there are aspects of intimacy, there is closeness and intense communication, and selfdisclosure to partners. The results of research conducted by Awaris & Hidayat show that married couples in the ta'aruf way have an adjustment that marriage is a means of increasing obedience to Allah, meaning that interactions are built not only on the basis of the rights and obligations of partners but also as a form of obedience to God [7].

This is the background for researchers in formulating the problem. Where every meaning of love obtained by the wife of a ta'aruf couple is true love bring peace. So the researcher will submit research with the title *"The Meaning of Wife's Love for Married Couples Through Ta'aruf"*.

2 Literature Review

2.1 Meaning of Love

Frankl suggests that love is a person's ultimate goal in liking other people, a person can automatically make meaning every time he loves another person [9]. Hazm said that love is an expression of the feelings of the soul, heart and instinct that a person has for another person, usually of the opposite sex [18]. Osho argued that love is the radiance of serenity, peace, inner well-being and personal happiness [18].

Fromm says love is a positive feeling and active force that can unite two individuals emotionally and physically and can become a protected wall between individuals. Furthermore, Fromm

stated that love is an active action in the form of good behavior and attitudes given to individuals [11]. Crisp and Turner state that love is an emotional reaction such as anger, sadness, joy and fear that goes beyond just feelings of romantic and sexual attraction to an individual.

Ibn Qayyim said in the book *Madārijus Sālikīn* that love is life, so those who don't have it are like dead people. Love is light, who doesn't have it is like being in the middle of a pitchblack ocean. Love is a healing drug, who does not have it then his heart is filled with various kinds of diseases. Love is a delicacy, who does not have it then his whole life is filled with anxiety and suffering. Love is referred to as the spirit of faith and charity, position and condition, which if love is not there, then it is like a body that has no spirit. Al-Ghazali explained love as the core of religion which is the beginning and end of a human journey. Based on the understanding conveyed by several figures, it can be concluded that love is a positive emotion expressed by the positive behavior of an individual without expecting a return.

According to KBBI, meaning means an in-depth discussion of the topic discussed by the researcher. Chaer explained that meaning is the willingness to produce certain responses to certain conditions, so that experience emerges in relationships to find the process of searching for the meaning of love [3].

So it can be concluded that the meaning of love is the willingness to produce certain responses to the positive emotions that individuals have for other individuals with the components of desire, commitment and intimacy. As well as having an impact on kindness and no self-interest for what is done.

2.2 Components of Love

Fatimah suggests that a love relationship will be said to be ideal if the relationship has three components of love [6]. The first is the love component of intimacy. Desire is an emphasis on the strength of feelings that arise as a result of physical or sexual attraction. The second component of love is passion or passion. Intimacy is the sensitivity of feelings that people experience between men and women related to each other. The third component of love is commitment. Commitment is an agreement about everything that has been mutually agreed upon.

According to From Loka and Yulianti love as an active human nature has several components of love, including the attention given to the lover in the form of active action to support the growth and development of our loved ones, support all actions taken by partners and support personal development for continue to grow together [11]. Second The responsibility in relationships between individuals is actually to fulfill their partner's psychological needs. When the relationship has a sense of responsibility, the relationship will be harmonious. Third, respect. Individual respect is being ready to do everything for the person you respect, and being able to accept your partner as they are and being able to respect differences. Fifth, relationships that have knowledge will solve problems well and can overcome difficulties well.

Sternberg's love triangle theory mentions eight types of love. Firstly, nonlove is a type of love that lacks commitment, passion and intimacy [6]. Second, liking (friendship) is a type of love that only has intimacy. Third, infatuation love (infatuation), there is passion but without intimacy and commitment. Fourth, empty love has commitment but lacks passion and

Intimacy. Fifth, romantic love, a relationship that is intimate and passionate but lacks commitment. The sixth is companionate love, the result of commitment and intimacy but no passion. Seventh, fatous love (blind love), there is commitment and passion but lacks intimacy.

Eighth, consummate love (perfect love), namely a form of love that contains all components such as passion, commitment and intimacy.

Lee suggests that types of love have different patterns in manifesting love itself [20]. Lee created three main types of love, as follows: Passionate love is a statement of feelings of longing for another person that is experienced as an early stage experience in a romantic relationship. Close love (friendship) is a feeling of affection that is felt with someone around you deeply and can be applied to friends or also to romantic friends. Ludus is a playful and less serious style of love, and ludus lovers will likely begin a relationship with a concern for appropriate distance that contrasts with eros's concern for closeness.

Love also has many types love triangle theory mentions eight types of love. Firstly, nonlove is a type of love that lacks commitment, passion and intimacy. Second, liking (friendship), a marriage relationship that has lasted a long time, where passion (physical/sexual attraction) has disappeared, but the couple still feels a deep emotional bond and commitment (decision to stay together). Third, infatuation love (infatuation), this love arises from the experience of passionate passion, without the element of intimacy and without a decision/commitment in love. Fourth, empty love, this type can occur at the beginning of a marriage (for example because of an arranged marriage), where the components of intimacy and passion have not yet developed. Fifth, romantic love, partners are physically attracted to each other, feel like friends and spend time together comfortably. Sixth, companionate love, this love arises from long-term, committed friendship, the type that often occurs in marriages where physical attraction (the main source of passion) has subsided. Seventh, fatous love (blind love), love is made on the basis of lust without the stabilizing element of intimate involvement. Eighth, consummate love (perfect love), namely love that can help someone to achieve their goals. This type of love will last a long time.

Based on the statement above, it can be concluded that a wife who has affection in the family has passion, intimacy, commitment, respect and jealousy. Desire is the beginning of physical attraction to the opposite sex. Intimacy is related to the nature of mutual understanding, openness, and support. Commitment is related to the nature of caring for each other. Individual respect is an attitude of being ready to do anything for the sake of the person you respect, being able to accept your partner as they are, and being able to respect differences. Jealousy is an emotional turmoil that arises because something happens to your lover.

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2.3 The Marriage That Went Through Ta'aruf

Wedding is a sacred agreement between two people to legally live together, so love is very important if a marriage is to last [10]. Ta'aruf is an Islamic term which means "to know each other" [16]. Ta'aruf comes from Arabic which means to know each other, to know the prospective partner before marriage according to Islamic teachings. People know their potential life partner, starting from religion, character, face, origin, and so on [14]. Ta'aruf is considered as a medium whose goal is to make the candidate know more about the potential partner, ask

more questions about the potential partner in order to get more information from the potential partner.

Ta'aruf process begins with an exchange of information between the prospective husband and wife, usually the third party is the closest or most trusted person [16]. Someone who follows ta'aruf can talk about personality, weaknesses, strengths, likes and dislikes, ideals, criteria for what kind of partner and family they want, and much more that can be told honestly and objectively [14]. The ta'aruf process begins with an exchange of information between the prospective husband and wife, usually the third party is the closest or trusted person [16]. If a match is found then hold a meeting. These meetings were also only held for three to four months [16].

The ta'aruf process begins with an introduction period then continues with a meeting process which is held two to three times accompanied by another party as a mediator. After the meeting process shows that they are compatible, they can proceed to marriage. These meetings were also held for only three to four months [16]. The rules of the ta'aruf meeting will be determined by the mediator as a person who can be compromised, his position does not take sides with anyone, and the mediator must not hide information that is considered useful for the establishment of a relationship. The parties who act as intermediaries are usually people who are usually trusted, such as parents, siblings, religious teachers and Koran teachers [14].

An uncomfortable environment will cause stress and pressure on the wife so that it will hinder the wife's role in the family. The lack of feelings of love for the wife is the cause of a wife's discomfort in the family. This usually happens to wives who marry through the ta'aruf process considering that their introduction was very short [4]. Various life experiences experienced after marriage indirectly have an influence on forming feelings of love. Individuals who place religion as the highest position in their marriage will lead individuals to obtain the meaning of love [9].

So from statement on can concluded that wife who does it wedding through ta'aruf can effect of obstruction wife in operate his role as a wife and one mother. Even can cause stress and depression Because an environment that doesn't comfortable. An environment that doesn't comfortable caused Because No growth feeling Love in wedding.

3 Method

This research approach is using a phenomenological approach Because studies phenomenological is method participant can understand the events that happened with conscious [13]. This research is on the meaning of love for the wife of the ta'aruf couple which is focused on the elements of desire, intimacy, commitment, jealousy and mutual respect.

Research participants used non- probability sampling. Selection method informant with purposive sampling that is technique taking semke according to the criteria participant [21]. The criteria for participants selected by researchers are: married wife through the ta'aruf process with age marriage 1-5 years Because considered as age wedding yet too long and enough said has through all problem, as well for support statement participant so needed supporting documents.

The method for collecting data with the sampling technique is snowballing sampling. Researchers used a semi-structured interview method. This research is planned to use the extended observation credibility test and use appropriate references. Study This use method

analysis phenomenolis Because writer want to describe meaning love with objective reveal in detail how participant interpret lively and social his life.

4 Result

This research is to reveal the meaning of love for wives who experience it ta'aruf before married. Study This use three participants with age marriage 1-3 years and with the ta'aruf period one year. Third participant using a current mediator meet with candidate her husband. Meeting done as much three until four times in the ta'aruf period at table 1.

Table 1. Participants and age wedding

| Name (Initials) | Participant 1 (D) | Participant 2 (I) | Participant 3 (L) |
|-----------------|-------------------|-------------------|-------------------|
| Age | 26 years old | 21 years old | 32 years |
| Address | Purbalingga | Purwokerto | Purbalingga |
| Age Wedding | 1 year | 1 year | 3 years |

Every meeting only own duration not enough from two hours up to can said meeting the is very short Each meeting only had a duration of less than two hours so it could be said that the meeting was a very short meeting. Meet first to get to know each other. The second meeting is to determine the decision on how the process of ta'aruf will continue or stop. If it continues then there will be a sermon. After the sermon the wedding took place.

There was no interest in living together when she first met her future husband. However, after marriage, interest and even comfort in living together began to emerge. Participant 1, participant 2 and participant 3 have a good assessment of their husband and always feel comfortable when they are together.

There is good communication in marriage. Participant 1, two weeks into their marriage, they experienced problems communicating. However, as time went by, the participant was able to suppress his ego to start a conversation, so communication between the two went well. Participant 2 and participant 3, from the start of their marriage, have felt the continuation even though during the ta'aruf process the two of them did not communicate or participate with each other. Already aware of the need for openness in the household.

There is an attitude of caring for each other and maintaining the relationship between husband and wife. Participant 1, participant 2 and participant 3, solving all housekeeping problems was always discussed even though it had to go through long debates. This fosters an attitude of mutual trust and care, making participants feel at peace with their husbands. There is an attitude of mutual respect and respect for all existing differences. Participant 1, participant 2 and participant 3 were able to accept their partner's shortcomings. Even participation is able to adapt quickly to all habits.

Participant 1 interprets love as a form of his love for God Almighty and obtaining peace and happiness. Participant 2 interprets love as an uninterrupted field of worship. Meanwhile, participant 3 interpreted that love is something that makes humans happy and of course everything they do is a form of obedience to the Creator. Based on this conclusion, love is interpreted as the presence of happiness and peace and a way to get closer to Allah SWT.

Based on the findings, it can be said that the three participants themselves have the meaning of romantic love for their partner. Participants' feelings of love grow when there is interest, attention, comfort and trust. Participants in love are also able to accept all their shortcomings and are able to adapt quickly to their partner. The three participants were also able to create a peaceful and harmonious marriage.

5 Discussion

This research focuses on the components of the meaning of love, namely: passion, intimacy, commitment, jealousy and mutual respect. This research can show that each participant interprets love with a different process. This is a natural thing considering that each participant has a different love journey related to her as a wife who is married through the ta'aruf marriage process. Third participants had no pre-marital attraction. However, after getting to know the husbands of the three subjects, interest arose. This is in accordance with the opinion of Stenberg that the emphasis is on the strength of feelings that arise due to physical and sexual attraction [6].

Third participants can have good communication so that there is openness and comfort when together. This is in accordance with Stenberg's opinion that the sensitivity of feelings experienced by men and women are related to each other. Third participants discuss all the problems that occur to find the best solution [6]. The three subjects can also maintain their relationship well. This is in accordance with the opinion of Stenberg that an agreement on everything that has been mutually agreed upon [6].

Third participants already have a sense of trust in her husband even though her husband left without her. This is in accordance with opinion Ibn Qayyum that emotional turmoil arises because something happened to a lover [11]. Third participants are able to accept all the behavior that is owned by her husband. Even the participants were able to adjust to the habits of their husbands. This is in line with Fromm's opinion ready to do everything for the people who are respected, and able to accept the couple as they are and can respect differences [11].

6 Conclusion

The love you have third participant is type romantic love. Romantic love is Relationships are intimate and passionate but lack commitment. The relationship is intimate and passionate but lacks commitment. Individuals feel emotional closeness and sexual attraction, but do not have serious commitment. The characteristics of this type are that partners are physically attracted to each other, feel like friends and spend time together comfortably. The characteristics of this type are partners who are physically attracted to each other, feel like best friends and spend time together comfortably. Third partisan interpret Love as suggestions bring closer self to Allah and as form obey a servant with objective happiness and peace.

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