

Cloud based IoT Smart Healthcare System for Remote Patient Monitoring

G.Jaya Lakshmi^{1*}, Mangesh Ghonge², Ahmed J. Obaid³

¹Assistant Professor, Department of Information Technology, V R Siddhartha Engineering College, Vijayawada, India.

²Senior IEEE member, Assistant Professor, C and E Department, Sandip Institute of Technology and Research Center, Nashik, India.

³Assistant Professor, Faculty of Computer Science and Mathematics, University of Kufa, Iraq.

Email-ID: jaya1123@vrsiddhartha.ac.in, mmghonge@gmail.com, ahmedj.aljanaby@uokufa.edu.iq

Abstract

INTRODUCTION: Covid-19 has exposed the necessitate for the rapid acceptance of increasingly pioneering digital health technologies, especially remote health monitoring. The digital revolution in Healthcare is dynamic ease of use of inexpensive concern solutions, enhancing patient care, reducing complications, improving effectiveness, and authorizing healthcare decision- makers with intelligence insight at the point of care.

OBJECTIVES: The primary objective of this work is to depict the need to recognize wearable sensors as a prerequisite for supporting paradigms in monitoring patients in real-time and enabling access information from the cloud.

METHODS: Internet of Things (IoT) is the association of substantial objects where information and communication tools connect various embedded devices to the internet for gathering and switching over data. The combinations of embedded devices with cloud servers recommend extensive pertinence of IoT to several areas of human life. This paper has proposed a method through cloud-based IoT healthcare sensors to formulate patient monitoring remotely. In combination with the implementation of various inbuilt capabilities, internet-enabled heterogeneous wearable sensors can be used for the collection of biomedical data to transmit patient data directly to cloud severe systems to monitor health remotely.

RESULTS: Smart healthcare monitoring includes channels of communication, embedded internal and external sensors, IoT server, and cloud storage. The health parameters activities are done at various levels of refining named application layer, management layer, network layer and layer of device. Different data sensors have been collected by wireless media from nodes. It is saved as an unstructured dataset in the cloud. For security with username and password, a patient database is created. Authorized individuals have access to the cloud in order to monitor cloud sensor data in data log, analogue log, digital input and digital output.

CONCLUSION: Patient physical parameters like heart beat respiration ,high temperature and stress are calculated via sensors and can be progressed by WIFI unit in the cloud. From this healthcare practitioner will analyze medical to have effective medication. For face-to-face consultation between doctors and patients, the video feature can be added in the future work.

Keywords: cloud, IoT, remote patient, smart Healthcare, sensors, cloud-based IoT, Internet of Things, Internet of Things in Healthcare, Health monitoring, Tele-medicine, Raspberry Pi.

Received on 06 May 2021, accepted on 12 July 2021, published on 15 July 2021

Copyright © 2021 G.Jaya Lakshmi *et al.*, licensed to EAI. This is an open access article distributed under the terms of the [Creative Commons Attribution license](https://creativecommons.org/licenses/by/4.0/), which permits unlimited use, distribution and reproduction in any medium so long as the original work is properly cited.

doi: 10.4108/eai.15-7-2021.170296

*Corresponding author. Email: jaya1123@vrsiddhartha.ac.in

1. Introduction

A characteristic IoT system would involve the architecture depicted; sensors would gather data and move them to a gateway, which would drive them to a processing system called analytics cloud, as shown in figure 1. The connection between sensors and gateway (MQTT) would be via Radio Frequency, Bluetooth, BLE, Wi-Fi, or even wired connections (LAN). Using gateway, client devices are connected to Cloud IoT to perform tasks like communicating with the cloud, using ZigBee or Bluetooth connecting to the internet, and authenticating Cloud IoT using device's and gateway credentials [1][2].

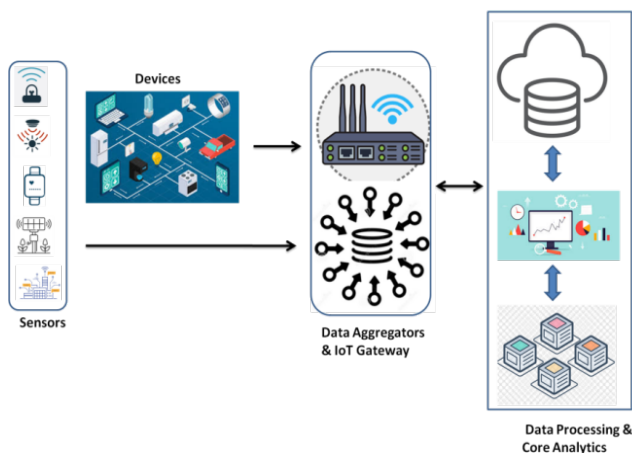


Figure 1. Cloud based IoT architecture for Patient Remote Monitoring

A “thing” is an entity prepared with sensors that collect data that will be transmitted over a network and switches that permit entities to operate. Sensors are not in every case attached to the things: sensors may necessitate monitoring, for instance, what ensues in the nearby situation to an object. Data goes from objects to the cloud as well as vice-versa throughout the gateways [2]. A gateway offers connectivity among objects. Entities then perform guidelines using their switches. Cloud gateway assists data density and protected data broadcast between field gateways in addition to cloud-IoT servers [3][31]. It also makes certain compatibility with diverse practices and corresponds with field gateways using various protocols depending on what is sustained by gateways. Data aggregation is a significant technique in removing data redundancy and improving energy efficiency [4][32-38]. Internet of Things (IoT) facilitates data getting and sending for all sensors/devices through the transmission network [39-47]. The cloud part of the IoT result facilitates data preprocessing and filtering previous to affecting it to the cloud and broadcasts control instructions from the cloud to

objects [48-53]. In this view, data aggregation can be used as an effective method to reduce transmissions around entities [54-57]. As storage systems, data cloud implies network-attached storage device (NAS) device. The data preprocessing and analytics phase examines the raw data for decision-making using an algorithmic process [58-64].

1.1 IoT Application - Remote Patient Care

In several parts of the globe, people live miles away from the nearby hospital. When there is an urgent situation, it takes time to arrive at the healthcare service centers [65-67]. Likewise, it is difficult for healthcare service providers to visit patients with persistent circumstances [5] regularly [68-71]. The matter with long travel can be solved with remote patient care power-driven using the IoT [72-74]. The connectivity can permit healthcare professionals to help outpatients through recommendations, medication and well compute their biometrics using sensors and distant equipment [6]. For example, patients can unite any wearable gadget to the cloud moreover revise the data instantaneously [7].

Some of the IoT devices assist personally converse above the internet. This can offer healthcare experts the required information to organize care strategies. These aids generate a schedule of the patients' daily physical condition information for patients with chronic disorders. The composed data can outline charts and diagrams to be effortlessly visualized by healthcare experts [8]. Live video and audio torrents can be used to monitor patients' current condition, exclusive of the need for the exchange.

1.2 IoT and remote patient monitoring in healthcare is transforming care delivery in five ways

Reliability: For starters, this can contribute to increased efficiency: With remote care's simple, near-instant communication capabilities, practices may move to a more automated scheduling system, skipping in-person appointments while decreasing doctor-patient facetime.

Seasonableness: Another important benefit of IoT healthcare is that it can lead to earlier intervention. The extra minutes provided by continuous monitoring may mean the difference between life and death, especially in more urgent, time-critical medical incidents.

Efficacy: Another significant by-product of Healthcare IoT is the ability to improve quality and early detection. Connecting all devices and alarms to the same advanced GPS network allows for early intervention for flagged patient symptoms. It allows relief teams to respond quickly and more clearly in emergencies, especially for patients.

Security and safety are paramount: as a result of sophisticated network security: Patient surveillance improves physical safety by providing better fall prevention resources and improves digital protection by

providing access to a highly protected network where patient health information can be accessed. Several smaller hospitals have used RPM integration to help improve their in-house data protection activities.

Adaptability: This can aid in the improvement of customer satisfaction. Patients are seeking more access to treatment through their daily consumer devices. Allowing them this choice and then satisfying their standards with engaging, simple-to-use content and interactivity would help to ensure higher contentment rates. This development has been linked to the growth of FitBit and other mHealth technologies.

The progressive technology will change everybody's life and health monitoring, reduce healthcare costs remarkably and take steps forward in predicting the accuracy of the disease. This paper presents an idea of a service model for patients' comfort in technology and economy and the open challenges in implementing IoT in the real world.

2. Related Work

Considerable effort has been organized to support the patients in their daily life through telehealth and telemedicine systems. Peer-to-peer and IoT devices are integrated into the Smart Medical Institute to keep patients in proper diagnosis [9] and evaluate experimental results for various conditions. Web Real-Time Communication (WebRTC) [10] focuses on the secure transmission of data that synchronizes streams efficiently. The e-health system is designed for senior health screenings based on IoT with fog computing. This method periodically introduces my signals to the elderly using the HW V2 offer and the Android function and collects community health barriers. Along with the fog servers, the elderly and their families can monitor the commune with their physical condition and medical professionals.

In modern years, the healthcare sector incorporates devices such as remotely monitoring, testing and managing patients in situations. Hence, developing the dominance of patients' lives and better access to information. Most studies predict persistent disease. The first of the gyroscopes is responsible for monitoring sleep, the second is the remote monitoring of vital signals, and the third is the ECG system of telemedical patients. [11] A general architectural, classical framework targeting health care professionals and computer professionals has been proposed to evaluate mobile patient monitoring methods that can meet the health care needs using potential mobile patient monitoring by health care professionals. This structure is designed to address the characteristic set of potential real-time mobile patient monitoring using the example of epilepsy research [12]. It can be used to solve feature processes, as shown in figure 2.

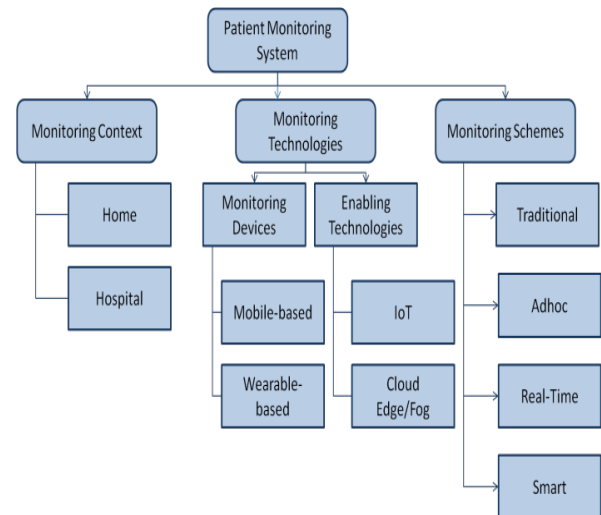


Figure 2. Clustering of Patient Monitoring System

IoT describes the ancient picture of observation, transmission, and information in medical care along with field approaches to health. Smart enables access and communication system based on IoT hosting components: medical devices, information management, telemedicine, mobile pharmacological care, and personal health management, among others, managing prescriptions. [13]. The Residence Nurse is part of many effective wellness systems aimed at alleviating the suffering of patients and especially the elderly by influencing hospital communities for a smart and revolutionary design and treatment of health care. Get constant care in relieving their habitat [14]. The environmental aspects of the nursed area must be observed because these environmental aspects can hold back the patient's improvement progression and be harmful to health. An increase or decrease in temperature to be monitored between these clogging angles dictates many risks, and in the elderly, it can disrupt the brain, heart, lung, and lung system. Unfortunate cases can lead to death [15]. The sensor, the main controller, the communication module, and the webserver are the four modules that make up the proposed patient monitoring system. An ECG sensor, The integrated signal conditioning block for ECG, AD8232, collects ECG data from the heart to be polite. Based on the ECG signal [18], it tracks and amplifies it. Arduino ESP 32 with the main controller Wi-Fi capabilities in the proposed system of myocardial power control. The main controller collects real-time ECG data through the Wi-Fi module before sending it to the MQTT broker. Mosquitto Message in Raspberry 3 The Qing Telemetry Transport (MQTT) broker publishes ECG data to the webserver. Proposed a secure health care monitoring system that integrates NDN-based IoT with the Edge cloud [19]. The system utilizes the benefits of NDN to expedite the retrieval of medical data and uses ciphers and signatures to ensure that data is delivered securely. The system is quantitatively evaluated. According to the results, this system reduces medical data retrieval delay and cost by 28% and 52%, respectively, compared to the current solution. The proposed method includes methods

to protect data protection through encryption and safe key exchange and authenticate patients using effective hashing [20] of selected data. It enables privacy protection while also considering the network's irregular existence by providing redundancy to prevent data loss. Developed a low-cost device that can transmit important signals to the patient in an emergency. Sensors are used to use wireless networks to measure the patient's vital signals [21]. Data is collected from the sensor and sent to the cloud for storage via a Wi-Fi module attached to the controller. The data is stored in the cloud, and feedback is provided on the analyzed data, which can then be analyzed remotely by a physician. Remote streaming relieves doctors' workload and offers patients precise health status. A note will be sent to the doctor if immediate treatment is needed. Patients can be tracked remotely from their homes, and some features of the smart home automation system [22] help them live more comfortably on their phones. In self-isolation or self-control, patients can use the new platform to send daily health symptoms and challenges to physicians via their cell phones, one of the study's most important contributions. Thus, amid the 2019 COVID-19 pandemic, This has resulted in 20,026,186 million cases and 734,020 thousand deaths worldwide, leading to a better safe life and a comfortable lifestyle. Introspective models have been introduced that implements a lightweight class encryption strategy to ensure the wellbeing and security of clinical information in cloud-based IoT environments. In this model, clinical IoT gadgets are used to explore patients' biological information through decision-making strategy, information about basic conditions, and patient decision-making about mild conditions [23] used to ensure a secure class of encryption process Information. Lightweight square encryption strategies have a pivotal viable impact on such a framework because of the confined assets in IoT stages. Test results show that the K-STAR alignment strategy with 95% accuracy, 94.5% accuracy, 93.5% review, and 93.5% F combines the best results among RF, MLP, SVM, and J48 classifiers. -Score. Accordingly, the recommended model is useful in cloud-based IoT to achieve a successful remote detection model that helps secure IoT information regarding the results obtained. Coronavirus is an amazingly difficult illness due to its profoundly irresistible nature. Altogether, to give a speedy and prompt ID of contamination, legitimate and quick clinical help is required. This original copy seeks to demonstrate the compatibility and rationality of ANVs [24] COVID-19 patients stigma (IN), non-infectious (UI), unlocked (EP), and helpless (ST). To do this, Bayesian and back spread calculations were used to give results. In addition, Witterby's calculations can be used to improve the accuracy of the proposed framework. The proposed system was approved against various Random Tree (RT), Blurred Sea Means (FCM), and Repetry (RPT) strategies. Chronic diseases are becoming more common. The treatment and monitoring of these diseases require regular visits to hospitals, adding to hospital and patient burdens [25]. The development of wearable sensors and communication

systems currently enriches the field to quickly rebuild healthcare systems. Remote patient care (RPM) is the prime mover of these advances. The RPM frameworks are based on the classification of the patient's basic symptoms removed using illegal and noninvasive procedures, sending them continuously to doctors. This information may help doctors in making the perfect choice at the perfect time. The fundamental goal is to lay out research bearings on distant patient observation. This examination's consequences endorsed RPM's adequacy in improving medical services conveyance, speed up, and diminish costs. To this end, we additionally present the ongoing infection checking framework as a contextual analysis to give upgraded answers for RPMs. In the early months of the COVID-19 epidemic without treatment or immunization, it was self-inflicted and kept physically isolated as it neared the end of this series of diseases. This article presents the possible use of the Internet of Things (IoT) in medical care and real-time awareness of disease conditions. The proposed program consists of three phases: a lightweight IoT hub [26] and a low-cost mobile phone (app) and haze based Machine Learning (ML) devices for investigating information and discovery. The IoT hub tracks wellbeing parameters, including internal temperature, hack rate, respiratory rate, and oxygenated blood flow. At that point, refreshes the cell phone application to show the client wellbeing .user medical issue to anticipate the danger of spreading disease progressively. The COVID-SAFE structure can help with limiting the Covid openness hazard. This model has three social sensors: heart rate sensor, body temperature sensor, and galvanic reaction sensor. All these sensors were combined into one frame, an Arduino Uno and Raspberry Pi were combined. The data obtained from the sensors is transmitted to cloud capacity via the Raspberry Pi. Distributed storage is continuously updated for continuous data setup. Android Studio is built using Android Studio to access a set of data and show a clear display of social boundaries. IoT-directed social dressings can beat the need for visiting clinics for important medical problems [27]. This additionally diminishes the clinical costs for patients essentially. Furthermore, the specialists can recommend vital prescriptions by noticing the patient's wellbeing details over the long haul through an application. The IoT innovation identified with clinical applications, the different bearings where it enters the medical care area, and highlights future patterns in its continuation such as Bio-IoT and Nano-IoT or, on the other hand, the Internet of Things Nano Things. From the point of view of important patient symptoms, the most important part of the IoT-based framework is the Wireless Body Area Networks (WBAN) [28]. WBANs comprise brilliant little gadgets set in or on a patient's body, which can convey remotely. The proposed framework sets out the pulse rate, the plethysmogram, and the patient's oxygen level. Integrated data is transferred from the remote control to a data set centred using IoT intelligence. The study is about providing feedback on patient care in social offices with the help of development far from remembering the

importance of community removal and can be touched to prevent the spread of the disease. The procedure is to identify the two sides on which patient communication should be made. The forerunner is where the patient should be identified and given the potential risk; at this stage, the new should separate the negative side effects of the patient. The subsequent front is where a conceded patient should be observed and taken into consideration with customary registration. The innovation ought to likewise take great of the patient's emotional wellbeing. The paper proposes an answer for gadget [29] far-off advancements that could demonstrate a useful battle against the lethal Covid.

A powerful medical service checking framework has been built up that is adequately smart to screen patients' essential wellbeing boundaries utilizing IoT and cloud innovation. It gathers the status data of the patient's pulse and temperature. It sends a crisis warning to the patient's specialist/relative with his present status and full clinical data if there are various recorded boundaries concerning the limit esteem. This would assist [30] the specialist observes his patient from any place and for the patient to get to and send his wellbeing status straightforwardly without visiting the medical clinic. The pulse sensor and the temperature sensor are associated with an Arduino DIY board. The wellbeing boundaries estimated are sent to the cloud. Here, cloud innovation is utilized to store, measure, and investigate a monster measure of medical services information from patients across various geological regions. Advanced cells, too, like PCs, can be straightforwardly associated with the proposed framework with the assistance of a Wi-Fi association. Subsequently, the specialist's cell phone or PC could be utilized to gather the wellbeing information of a specific patient. The specialist will want to propose appropriate medical care direction for the situation of a basic ailment. This prompts a more brilliant medical care executive's framework. For the most part, the IoT framework includes the recognizing layer, the vehicle layer, and the application layer. The sensors assume a significant part in the recognizing layer. The vehicle layer engenders data that the sensors have caught. This goes about as an interface between cloud engineering and the IoT framework to move the information to the cloud from where anybody can get the information universally. The application layer is the place where we can access the boundaries from the web. Here we partition the entire framework into various modules to have a superior thought on what is happening inside the framework. For example, get the module, ingest module, recover module, act module/advise module.

The key contribution and novelty of this review is addressing the topical areas like

- Ambient supported Living - artificial intelligence integrated with IoT
- Internet-based healthcare facility
- Community-based healthcare network

3. Proposed Methodology

The motivation for the proposed work is to redefine Healthcare with IoT with an architecture of deployment of interconnected devices like camera systems, sensors, actuators, monitors, detectors to collect data, aggregate data, analyze data for effective decision making. And they are designed For the measurement and monitoring of various parameters like temperature, cardiac beat rate, movement in hospitals. Raspberry Pi will be shown on a monitor to record the results. And the result is stored in the cloud and can be sent via Wi-Fi. Physicians can log in and view the results

The proposed methodology for patient monitoring is to consider the IoT and telemedicine technology to monitor patient health remotely to make certain a fine hospitalization procedure. The design is based on Raspberry pi, which gives the power needed and Wi-Fi and Bluetooth. It is moderately enough, excluding regrettably. It doesn't have ADC, so Arduino nano is considered to acquire data from sensors and send it to the raspberry pi through the serial port. Raspberry Pi gives out data with the program, displays information on a screen, and drives information to the server. A server accepts information from Raspberry pi and drives it to the associated smartphone. The network connection method loads this data into the cloud for additional additions. The smart software manager furthers this data and sends a warning to cells and specialist doctors. Any android phone running merely this application can connect to the server furthermore access information.

The principal idea of the proposed system is continuous online patient and room condition monitoring. The healthcare monitoring system, therefore, makes use of three-stage architectural features - (1) Data Processing Module, (2) Sensor Module, (3) Data Analysis.

Table 1. Healthcare Programs and Parameters

S.No	Programs Needed	Parameters
1	Arduino code to hold data from sensors.	ECG Graph
2	Raspberry pi program to process and drive data and present information on the screen	SPO2(oxygen saturation)
3	Server-side program to receive information from Raspberry pi and drive it to related smartphone	Temperature
4	Android app to accept information from the Server-side and present information	Heart rate (from ECG)

Raspberry Pi 3 is an appealing device that is easy to use and simple to run any preprocessing and assessment

making that may be necessary on the side of the data resource. The subsequent mechanism would be required to accomplish the objective to store and correspond to data from wearable devices, as shown in figure 3.

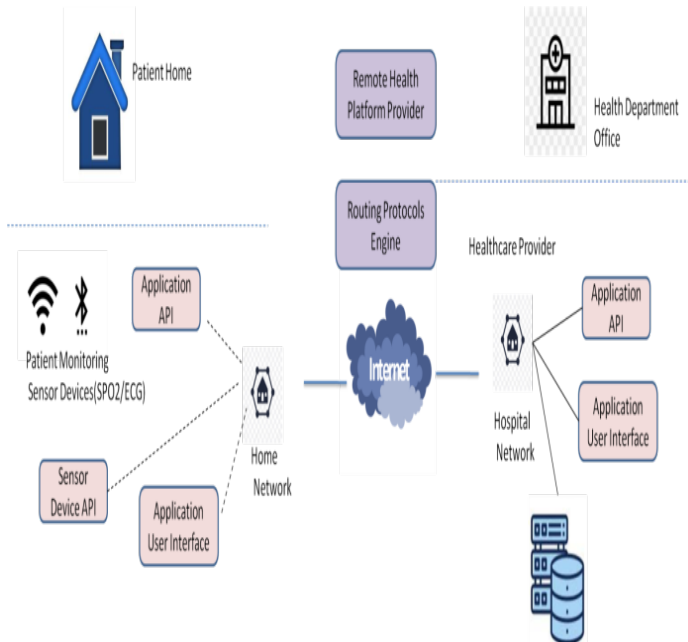


Figure 3. Remote Patient Health Monitoring Platform

Sensors are vital to confine constantly patients’ health data. It can be a component of wearable devices of observe system. The sensors opted for the proposed methodology, and their parameters are given in Table 1. Network communication allows sensor streaming to disable health data on continuous server-like modules. This server is required to deal with all approved real-time patient data. And also, the server has a database of common health features.

This system uses a heartbeat and temperature sensor to monitor the health of patients. Both sensors have an Arduino-uno connection. To track the patient's health microcontroller, an LCD, and a wireless internet connection is interfaced to send data to a web server (wireless sensing node). An alert to patients with IoT is issued if there are abrupt changes in their cardiac rates or body temperature. This system also shows live data tracked with timestamps on the internet to patients' temperatures and heartbeats.

As ThingSpeak offers a very good IoT-based tool, With the use of ThingSpeak websites, the Channels and websites provided by ThingSpeak enables us to monitor our data and control our system over the internet. ThingSpeak 'Collect' information from the sensors, 'Analyze and view' data, and 'Acts' by triggering a response. For the matching of Wi-Fi and the web server, the HTTP protocol allows easy connectivity. Every 15 s,

the HTML UI is updated, and patients can be tracked in real-time.

The storage stage is made up of servers that store sensed and processed data. As data from IoT devices are enormous, the capacity of the servers should be very high. The data analysis is conducted in analytical stage tools to analyze the required data

Table 2. Standard Health Parameters

Features	Normal intervals	SPO2(oxygen saturation) Level	Normal Indication
PR interval	120 – 200 ms	Normal	More than or equal to 95%
QRS duration	up to 120 ms	Hypoxic	85%- 94%
QT interval	up to 440 ms	Severely Hypoxic	Less than 85%

(a) ECG Graph

(b) SPO2 Level

Body Temperature	Human State
36.0 to 37.5 0 C	Normal
greater than 37.5 0 C	High
Less than 36.0 0 C	Low

(c) Human Body Temperature

State	Range
Good	62 – 65
Above Average	66-71
Poor	>=85

(d) Heart Rate Parameters

The wearable ECG sensor will collect data from the patient's body for the most extensive hours. The ECG signals are then processed from end to end extension and filtration to improve signal size [16]. These signals are used to diagnose numerous heart diseases, as shown in Table 2 (a). If the intervals among adjacent RR interval) waves are nearly identical, and then there is no health risk. To investigate the important features of the calculated ECG signal, two signal cycles are selected, and relative differences are calculated using

$$\text{Difference} = \left| \frac{\text{Predicted} - \text{Actual}}{\text{Predicted} + \text{Actual} / 2} \right| * 100 \tag{1}$$

SpO2 oxygen supplementation is targeted at the normal time limit, and this standard radius is designed with a moderate IR ratio with a red LED [17].

$$SPO_2 = \text{constant1} * (\text{AverageRadius})^2 + \text{constant1} * (\text{AverageRadius}) + \text{constant3} \quad (2)$$

The temperature sensor is connected to the spot of the body to make certain the correct temperature. The data is collected at a phase interval of time furthermore sent to the smartphone or web application to perform data analysis. Moreover, send real-time data to the definite cloud application over a GPRS/Wi-Fi backbone.

A real-time monitoring system that examines the material of the human body. The bedside sensors constantly monitor the flow of patient data, i.e. Heart Rate (HR), Blood Pressure (BP), Oxygen level confinement to the server for testing. This can help immediately transfer and identify an emergency with the onset of referrals with health care workers and resources to start effective and prompt treatment. This health care arrangement minimizes the choice of individual errors, a barrier to transmission, and helps the health professional to provide more time for testing with specific definitions.

3.1 Wireless Technologies

Progress in technology made it potential for wireless sensors to determine and broadcast physiological data from patients to a control area for monitoring in addition to recording. ZigBee and GPRS can be used to maintain continuous signal monitoring in the incidence of the patient [18]. All data output from health devices is transferred within a wireless personal area network to the GPRS gateway. Then, the gateway broadcasts signal data to the healthcare hub for further study. The wireless data broadcast devices accept both RS232 and USB as a crossing point corresponding with different health devices. Healthcare sensor shield V2.0 (HSS) continuously acquires signals from health sensors like ECG Signal, SPO₂, and temperature. All of the imperative sign dimensions will be the noninvasive measurement. Data acquisition, storage, and processing unit is the heart of the remote patient monitoring system that coordinates, organizes, and sustains all the modules' correct processes and statements. In addition, it installs computers and displays the routes of forced signals obtained to conclude whether their specific values exceed the pre-determined obligation or not. This unit links with the remote server and broadcasts the test results and raw data through the communication systems. It also retains the effects of fractures and untreated details to clear memory [19].

The standard technologies involved are:

1. IEEE 802.15.1 / Bluetooth to broadcast voice as well as data
2. Wibree (Ultra Low Power Bluetooth) for low broadcast power and low down symbol rate
3. IEEE 802.15.3 / UWB to facilitate high-speed transmissions with low down power utilization
4. IEEE 802.15.4 / Zigbee provides a low down latency to send effortless forms of certain QoS.

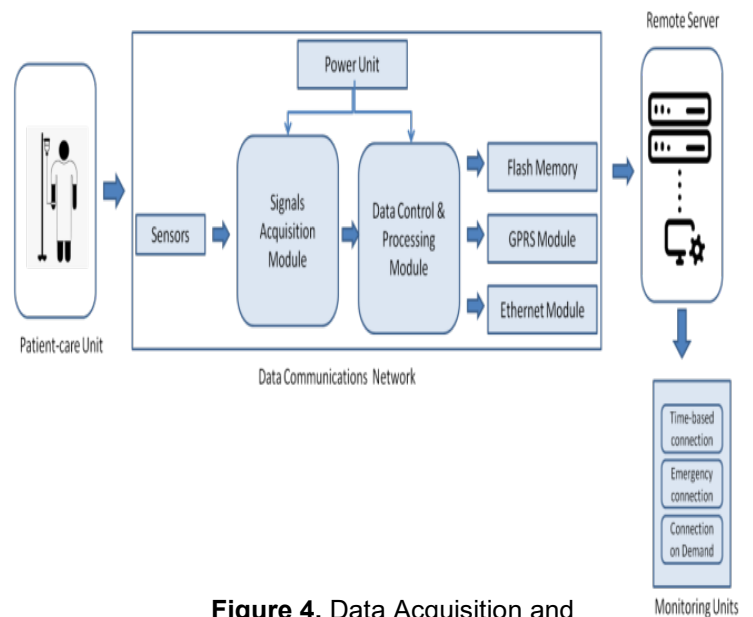


Figure 4. Data Acquisition and Processing

As IoT, Cloud computing also facilitates endeavours to scale up the communications based on their requirements, exclusive of setting up further hardware and infrastructure (figure 4). There are numerous cloud services as well as platforms that cooperate dissimilar roles in the IoT system. Cloud services facilitate IoT remote device lifecycle supervision that plays a vital job in allowing a 360-degree data analysis of the mechanical infrastructure. Definite cloud providers recommend several IoT device lifecycle tools to alleviate the revise and setup of firmware and software over the air (FOTA).

Platform-as-a-Service (PaaS) is facilitated by hosting web applications plus software solutions, building implicit data centers for large-scale endeavours, and conducting data mining with analysis in most cloud-based platforms, as shown in table 3.

Table 3. Benefits of PaaS in Cloud-Based Patient Remote Monitoring System

Cloud Computing Method for Patient Remote Monitors		Benefits
PaaS	Storage	Convenience
	Computation	Ease of Use
	Analytics	Compliance & Security
	Visulaization	Branding

Biological information acquired on a biosensor is sent to medical care staff and family members through the dedicated cloud. With the gateway devices mount at diverse locations inside and external patients wear the facility and biosensors, they may be supervised remotely when potentially impeding a dangerous area or an

unusual pulse. It helps not only develop patient safety but decreases the workload of medical care staff.

4. Conclusion and Future Work

Digital wearable devices have made it promising for patients to self-analyze problems long sooner than they become critical cases that need emergency concern. However, self-diagnosis can be hazardous, and it is preferable to have doctors' observation remote sensor data and make a diagnosis before a hospital or hospital admission. The necessities for Remote patient monitoring are a real-time examination of streaming data from patient health sensors and to aid in examining patient data to ensemble the requirements of patient trials or rigid needs. The proposed method intends to provide the potential for both categories using IoT Cloud Architecture. Various medical devices, sensors, and analytical and imaging devices can be observed as smart things comprising a foundation division of IoT. This resolution can be visualized to present diagnosis and medication remotely by the healthcare experts.

Depending on sensor availability or biomedical trend evolution, more parameters can be sensed and monitored, which dramatically improves the performance of the wireless biomedical monitoring system. An LCD graph shows a rate graph over time for changes in health parameters. The entire health surveillance system we have built-in can be integrated into a small, compact unit as small as a cell phone or a wristwatch. This helps the patients to carry this device easily anywhere.

References

- [1] Yang. (2018).Open knowledge accessing method in IoT-based hospital information system for medical record enrichment, *IEEE Access*, 6, pp. 15202-15211, IEEE
- [2] Maitra, S.Yelamarthi.(2019). Rapidly Deployable IoT Architecture with Data Security: Implementation and Experimental Evaluation. *Sensors*, 19, 2484. <https://doi.org/10.3390/s19112484>
- [3] Christos Stergiou, Kostas E. Psannis, Byung-Gyu Kim, Brij Gupta. (2018).Secure integration of IoT and Cloud Computing, *Future Generation Computer Systems*, Volume 78, Part 3, Pages 964-975, ISSN 0167-739X, <https://doi.org/10.1016/j.future.2016.11.031>.
- [4] Behrouz Pourghebleh and Nima Jafari Navimipour.(2017). Data aggregation mechanisms in the internet of things. *J. Netw. Comput. Appl.* 97, C,23–34. DOI:<https://doi.org/10.1016/j.jnca.2017.08.006>
- [5] Sullivan, H.T.Sahasrabudhe.(2017). Envisioning inclusive futures: technology-based assistive sensory and action substitution. *Futur. J.* 87, 140–148.
- [6] Gulraiz J. Joyia, Rao M. Liaqat, Aftab Farooq, and SaadRehman.(2017).Internet of Medical Things (IOMT): Applications, Benefits and Future Challenges in Healthcare Domain, *Journal of Communications* Vol. 12, No. 4.
- [7] P. Rizwan, K. Suresh. (2017).Design and development of low investment smarthospital using Internet of things through innovative approaches, *Biomedical Research*. 28(11).
- [8] Kolici, V., Spaho, E., Matsuo, K., Caballe, S., Barolli, L., Xhafa, F.: Implementation of a medical support system considering P2P and IoT technologies. In: Eighth International Conference on Complex, Intelligent, and Software Intensive Systems, Birmingham, pp. 101–106
- [9] Sandholm, T., Magnusson, B., Johnsson. An on-demand WebRTC and IoT device tunneling service for hospitals. (2014). In: International Conference on Future Internet of Things and Cloud, Barcelona, pp. 53–60.
- [10] H. Ben Hassen, W. Dghais, B. Hamdi. (2019). An E-health system for monitoring elderly health based on Internet of Things and Fog computing, *Health Inf Sci Syst*, pp. 24-33, [10.1007/s13755-019-0087-z](https://doi.org/10.1007/s13755-019-0087-z)
- [11] Pravin Pawar, Val Jones, Bert-Jan F. van Beijnum, Hermie Hermens. (2012). A framework for comparing mobile patient monitoring systems, *Journal of Biomedical Informatics*, Volume 45, Issue3, Pages544-556, ISSN15320464, <https://doi.org/10.1016/j.jbi.2012.02.007>.
- [12] Hu, F., Xie, D., & Shen, S. (2013). On the application of the internet of things in the field of medical and health care. In *Green Computing and Communications (GreenCom), IEEE and Internet of Things (iThings/CPSCoM), IEEE International Conference on and IEEE Cyber, Physical and Social Computing* (pp. 2053-2058). IEEE.
- [13] K.V. Voudris, M.A. Silver. (2018). Home hospitalization for acute decompensated heart failure: opportunities and strategies for improved health outcomes, *Healthcare*, 10.3390/healthcare6020031
- [14] T. Shaown, I. Hasan, M. M. R. Mim and M. S. Hossain. (2019). IoT-based Portable ECG Monitoring System for Smart Healthcare, *1st International Conference on Advances in Science, Engineering and Robotics Technology (ICASERT)*, Dhaka, Bangladesh, pp. 1-5, DOI: 10.1109/ICASERT.2019.8934622.
- [15] O'Leary RJ, Jr, Landon M, Benumof JL.(1992). Buccal pulse oximeter is more accurate than finger pulse oximeter in measuring oxygen saturation. *Anesth Analg*.75(4):495–498.
- [16] Ng, H.S., Sim, M.L., Tan, C.M. *et al.* (2006). Wireless technologies for telemedicine. *BT Technol J*24, 130–137 <https://doi.org/10.1007/s10550-006-0050-9>
- [17] G. Tartarisco, G. Baldus, D. Corda. Personal Health System architecture for stress monitoring and support to clinical decisions, *Computer Communications*, vol. 35, no. (2012). 11, pp. 1296–1305.
- [18] Hoe Tung Yew, Ming Fung Ng, Soh Zhi Ping, Seng Kheau Chung, Ali Chekima, Jamal A. Dargham.(2020). IoT Based Real-Time Remote Patient Monitoring System. *16th IEEE International Colloquium on Signal Processing & its Applications (CSPA 2020)*, 28-29 Feb. 2020, Langkawi, Malaysia.
- [19] Xiaonan Wang , Shaohao Cai.(2020). Secure healthcare monitoring framework integrating NDN-based IoT with edge cloud, *Future Generation Computer Systems*, Volume 112, Pages 320-329.
- [20] Elias Yaacoub, Khalid Abualsaud, Tamer Khattab, and Ali Chehab. (2020). Secure Transmission of IoT mHealth

- Patient Monitoring Data from Remote Areas Using DTN. 0890-8044/20, IEEE Xplore.
- [21] Vani Yeri, Dr.Shubhangi D C.(2020). IoT based Real-Time Health Monitoring. *Proceedings of the Second International Conference on Inventive Research in Computing Applications (ICIRCA-2020) IEEE Xplore Part Number: CFP20N67-ART*; ISBN: 978-1-7281-5374-2
- [22] Olutosin Taiwo a,Absalom E. Ezugwu.(2020). Smart healthcare support for remote patient monitoring during covid-19 quarantine. *Informatics in Medicine Unlocked*, Volume 20, 2020, 100428
- [23] Samira Akhbarifar,Hamid Haj Seyyed Javadi,Amir Masoud Rahmani,Mehdi Hosseinzadeh.(2020). A secure remote health monitoring model for early disease diagnosis in a cloud-based IoT environment. *Personal and Ubiquitous Computing*<https://doi.org/10.1007/s00779-020-01475-3>.
- [24] Geetanjali Rathee, Sahil Garg, Georges Kaddoum, Yulei Wu, Dushantha Nalin K. Jayakody, And Atif Alamri. (2021). ANN Assisted-IoT Enabled COVID-19 Patient Monitoring. *Special Section On Advanced Internet Of Things For Smart Cyber-Physical Infrastructure Systems*, Volume 9.IEEE.
- [25] Nora El-Rashidy, Shaker El-Sappagh, S. M. Riazul Islam, Hazem M. El-Bakry and Samir Abdelrazek. (2021).Mobile Health in Remote Patient Monitoring for Chronic Diseases: Principles, Trends, and Challenges. *Diagnostics 2021, 11, 607*. <https://doi.org/10.3390/diagnostics11040607>.
- [26] Seyed Shahim Vedaiei, Amir Fotovvat, Mohammad Reza Mohebbian, Gazi M. E. Rahman, Khan A. Wahid, Paul Babyn, Hamid Reza Marateb, Marjan Mansourian, And Ramin Sami. (2020). COVID-SAFE: An IoT-Based System for Automated Health Monitoring and Surveillance in Post-Pandemic Life. *Digital Object Identifier 10.1109/ACCESS.2020.3030194*.IEEE Access.
- [27] Mohd. Hamim, Sumit Paul, Syed Iqramul Hoque, Md. Nafiur Rahman, Ifat-Al-Baqee,(2019). IoT Based Remote Health Monitoring System for Patients and Elderly People. *2019 International Conference on Robotics, Electrical and Signal Processing Techniques (ICREST)*. 978-1-5386-8014-8/19,IEEE
- [28] M.A. Akkas, R. SOKULLU, H. Ertürk Çetin. (2020). Healthcare and patient monitoring using IoT. *Internet of Things*, Elsevier. <https://doi.org/10.1016/j.iot.2020.100173>.
- [29] Prakash Kanade, Monis Akhtar, and Fortune David.(2021). Remote Monitoring Technology for COVID-19 Patients. *EJECE, European Journal of Electrical Engineering and Computer Science*, Vol. 5, No. 1,
- [30] Vikram.K, Sarat Kumar Sahoo, "Load Aware Channel Estimation and Channel Scheduling for 2.4GHz Frequency Band Wireless Networks for Smart Grid Applications", Volume 10, Number 4, Pg. No: 879-902, DEC-2017. International Journal on Smart Sensing and Intelligent Systems.<https://doi.org/10.21307/ijssis-2018-023>
- [31] Subasish Mohapatra, Suchismita Mohanty, Subhadarshini Mohanty. (2019). Smart Healthcare: An Approach For Ubiquitous Healthcare Management Using IoT. *Big Data Analytics for Intelligent Healthcare Management*. Elsevier Inc. <https://doi.org/10.1016/B978-0-12-818146-1.00007-6>
- [32] Manne, R., & Kantheti, S. C. (2021). Application of Artificial Intelligence in Healthcare: Chances and Challenges. *Current Journal of Applied Science and Technology*,40(6),78-89. <https://doi.org/10.9734/cjast/2021/v40i631320>
- [33] Vikram. K, K. Venkata Lakshmi Narayana, "Cross-layer Multi Channel MAC protocol for Wireless Sensor Networks in 2.4-GHz ISM Band", IEEE conference on, Computing, Analytics and Security Trends (CAST-2016) on DEC 19-21, 2016 at Department of Computer Engineering & Information Technology, College of Engineering, Pune, Maharashtra. DOI: 10.1109/CAST.2016.7914986
- [34] K.K.D. Ramesh, G. Kiran Kumar, K. Swapna, Debabrata Datta, and S. S Rajest, "A Review of Medical Image Segmentation Algorithms", *EAI Endorsed Transactions on Pervasive Health and Technology*, 2021, doi: 10.4108/eai.12-4-2021.169184
- [35] A.K. Gupta, , T. Maity, H. Anandakumar, and Y.K Chauhan, "An electromagnetic strategy to improve the performance of PV panel under partial shading," *Computers & Electrical Engineering*, Vol. 90, pp.106896. 2021.
- [36] Mondal A., Das A.K., Satpathi S., Goswami R.T. (2021) PCA and Substring Extraction Technique to Generate Signature for Polymorphic Worm: An Automated Approach. In: Hassanien A.E., Bhattacharyya S., Chakrabati S., Bhattacharya A., Dutta S. (eds) *Emerging Technologies in Data Mining and Information Security. Advances in Intelligent Systems and Computing*, vol 1300. Springer, Singapore. https://doi.org/10.1007/978-981-33-4367-2_50
- [37] Metwaly, A. F., Rashad, M. Z., Omara, F. A., & Megahed, A. A. (2014). Architecture of multicast centralized key management scheme using quantum key distribution and classical symmetric encryption. *The European Physical Journal Special Topics*, 223(8), 1711-1728
- [38] Farouk, A., Zakaria, M., Megahed, A., & Omara, F. A. (2015). A generalized architecture of quantum secure direct communication for N disjointed users with authentication. *Scientific reports*, 5(1), 1-17
- [39] A.K. Gupta, Y. K. Chauhan, and T Maity, "Experimental investigations and comparison of various MPPT techniques for photovoltaic system," *Sādhanā*, Vol. 43, no. 8, pp.1-15, 2018.
- [40] Naseri, M., Raji, M. A., Hantehzadeh, M. R., Farouk, A., Boochani, A., & Solaymani, S. (2015). A scheme for secure quantum communication network with authentication using GHZ-like states and cluster states controlled teleportation. *Quantum Information Processing*, 14(11), 4279-4295
- [41] Wang, M. M., Wang, W., Chen, J. G., & Farouk, A. (2015). Secret sharing of a known arbitrary quantum state with noisy environment. *Quantum Information Processing*, 14(11), 4211-4224
- [42] Zhou, N. R., Liang, X. R., Zhou, Z. H., & Farouk, A. (2016). Relay selection scheme for amplify-and-forward cooperative communication system with artificial noise. *Security and Communication Networks*, 9(11), 1398-1404.
- [43] Zhou, N. R., Li, J. F., Yu, Z. B., Gong, L. H., & Farouk, A. (2017). New quantum dialogue protocol based on continuous-variable two-mode squeezed vacuum states. *Quantum Information Processing*, 16(1), 1-16
- [44] Abdolmaleky, M., Naseri, M., Batle, J., Farouk, A., & Gong, L. H. (2017). Red-Green-Blue multi-channel quantum representation of digital images. *Optik*, 128, 121-132
- [45] A.K. Gupta, "Sun Irradiance Trappers for Solar PV Module to Operate on Maximum Power: An Experimental Study,"

- Turkish Journal of Computer and Mathematics Education (TURCOMAT), Vol. 12, no.5, pp.1112-1121, 2021.
- [46] Naseri, M., Heidari, S., Baghfalaki, M., Gheibi, R., Batle, J., Farouk, A., & Habibi, A. (2017). A new secure quantum watermarking scheme. *Optik*, 139, 77-86
- [47] Heidari, S., Naseri, M., Gheibi, R., Baghfalaki, M., Pourarian, M. R., & Farouk, A. (2017). A new quantum watermarking based on quantum wavelet transforms. *Communications in theoretical Physics*, 67(6), 732
- [48] A.K. Gupta, Y.K Chauhan, and T Maity and R Nanda, "Study of Solar PV Panel Under Partial Vacuum Conditions: A Step Towards Performance Improvement," *IETE Journal of Research*, pp.1-8, 2020.
- [49] Nagata, K., Nakamura, T., & Farouk, A. (2017). Quantum cryptography based on the Deutsch-Jozsa algorithm. *International Journal of Theoretical Physics*, 56(9), 2887-2897
- [50] Nagata, K., Nakamura, T., Geurdes, H., Batle, J., Abdalla, S., & Farouk, A. (2018). Creating Very True Quantum Algorithms for Quantum Energy Based Computing. *International Journal of Theoretical Physics*, 57(4), 973-980.
- [51] Abulkasim, H., Farouk, A., Hamad, S., Mashatan, A., & Ghose, S. (2019). Secure dynamic multiparty quantum private comparison. *Scientific reports*, 9(1), 1-16.
- [52] Abulkasim, H., Alsuqaih, H. N., Hamdan, W. F., Hamad, S., Farouk, A., Mashatan, A., & Ghose, S. (2019). Improved dynamic multi-party quantum private comparison for next-generation mobile network. *IEEE Access*, 7, 17917-17926
- [53] A.K. Gupta, Y.K Chauhan, and T Maity, "A new gamma scaling maximum power point tracking method for solar photovoltaic panel Feeding energy storage system," *IETE Journal of Research*, vol.67, no.1, pp.1-21, 2018.
- [54] Farouk, A., Alahmadi, A., Ghose, S., & Mashatan, A. (2020). Blockchain platform for industrial healthcare: Vision and future opportunities. *Computer Communications*, 154, 223-235.
- [55] A. K. Gupta et al., "Effect of Various Incremental Conductance MPPT Methods on the Charging of Battery Load Feed by Solar Panel," in *IEEE Access*, vol. 9, pp. 90977-90988, 2021, doi: 10.1109/ACCESS.2021.3091502.
- [56] Zhu, F., Zhang, C., Zheng, Z., & Farouk, A. (2021). Practical Network Coding Technologies and Softwarization in Wireless Networks. *IEEE Internet of Things Journal*, 8(7), 5211-5218.
- [57] D. K. Sharma, B. Singh, R. Regin, R. Steffi and M. K. Chakravarthi, "Efficient Classification for Neural Machines Interpretations based on Mathematical models," 2021 7th International Conference on Advanced Computing and Communication Systems (ICACCS), 2021, pp. 2015-2020, doi: 10.1109/ICACCS51430.2021.9441718.
- [58] H. Ghayvat, Pandya, S., and A. Patel, "Deep Learning Model for Acoustics Signal Based Preventive Healthcare Monitoring and Activity of Daily Living," 2nd International Conference on Data, Engineering and Applications (IDEA), Bhopal, India, 2020, pp. 1-7, doi: 10.1109/IDEA49133.2020.9170666
- [59] Pandya, S., Shah, J., Joshi, N., Ghayvat, H., Mukhopadhyay, S.C. and Yap, M.H., 2016, November. A novel hybrid based recommendation system based on clustering and association mining. In *Sensing Technology (ICST)*, 2016 10th International Conference on (pp. 1-6). IEEE.
- [60] Ujjainiya, L., & Chakravarthi, M. K. (2015). Raspberry-Pi based cost effective vehicle collision avoidance system using image processing. *ARPJ J. Eng. Appl. Sci*, 10(7).
- [61] Chakravarthi, M. K., Tiwari, R. K., & Handa, S. (2015). Accelerometer based static gesture recognition and mobile monitoring system using neural networks. *Procedia Computer Science*, 70, 683-687.
- [62] Rupapara, V., Narra, M., Gonda, N. K., & Thipparthy, K. (2020). Relevant Data Node Extraction: A Web Data Extraction Method for Non Contagious Data. 2020 5th International Conference on Communication and Electronics Systems (ICCES), 500-505. <https://doi.org/10.1109/icc48766.2020.9137897>
- [63] Ishaq, A., Sadiq, S., Umer, M., Ullah, S., Mirjalili, S., Rupapara, V., & Nappi, M. (2021). Improving the Prediction of Heart Failure Patients' Survival Using SMOTE and Effective Data Mining Techniques. *IEEE Access*, 9, 39707-39716. <https://doi.org/10.1109/access.2021.3064084>
- [64] F. Arslan, B. Singh, D. K. Sharma, R. Regin, R. Steffi and S. Suman Rajest, "Optimization Technique Approach to Resolve Food Sustainability Problems," 2021 International Conference on Computational Intelligence and Knowledge Economy (ICCIKE), 2021, pp. 25-30, doi: 10.1109/ICCIKE51210.2021.9410735.
- [65] G. A. Ogunmola, B. Singh, D. K. Sharma, R. Regin, S. S. Rajest and N. Singh, "Involvement of Distance Measure in Assessing and Resolving Efficiency Environmental Obstacles," 2021 International Conference on Computational Intelligence and Knowledge Economy, 2021, pp. 13-18, doi: 10.1109/ICCIKE51210.2021.9410765.
- [66] D. K. Sharma, B. Singh, M. Raja, R. Regin and S. S. Rajest, "An Efficient Python Approach for Simulation of Poisson Distribution," 2021 7th International Conference on Advanced Computing and Communication Systems (ICACCS), 2021, pp. 2011-2014, doi: 10.1109/ICACCS51430.2021.9441895.
- [67] D. K. Sharma, B. Singh, E. Herman, R. Regine, S. S. Rajest and V. P. Mishra, "Maximum Information Measure Policies in Reinforcement Learning with Deep Energy-Based Model," 2021 International Conference on Computational Intelligence and Knowledge Economy, 2021, pp. 19-24, doi: 10.1109/ICCIKE51210.2021.9410756.
- [68] S. Sharma and A. J. Obaid, "Contact-mechanics and dynamics analysis of three-different ellipsoidal raceway geometries for deep Groove ball bearing using Abaqus 6.13 version FEA simulation for high load-bearing as well as speed-rotating applications," *International Research Journal of Multidisciplinary Science and Technology*, vol. 3, no. 5, pp. 36-43, 2020.
- [69] A. J. Obaid and S. Sharma, "Recent Trends and Development of Heuristic Artificial Intelligence Approach in Mechanical System and Engineering Product Design," *Saudi Journal of Engineering and Technology*, vol. 5, no. 2, pp. 86-93, 2020.
- [70] D Datta, S Mishra, SS Rajest, (2020) "Quantification of tolerance limits of engineering system using uncertainty modeling for sustainable energy" *International Journal of Intelligent Networks*, Vol.1, 2020, pp.1-8, <https://doi.org/10.1016/j.ijin.2020.05.006>

- [71] Leo Willyanto Santoso, Bhopendra Singh, S. Suman Rajest, R. Regin, Karrar Hameed Kadhim (2021), “A Genetic Programming Approach to Binary Classification Problem” EAI Endorsed Transactions on Energy, Vol.8, no. 31, pp. 1-8. DOI: 10.4108/eai.13-7-2018.165523
- [72] Pandya, S., Vyas, D. and Bhatt, D., A Survey on Various Machine Learning Techniques], International Conference on Emerging trends in Scientific Research (ICETSR-2015), ISBN no: 978-81-92346-0-5, 2015.
- [73] Pandya, S., Wandra, K., Shah, J., A Hybrid Based Recommendation System to overcome the problem of sparcity], International Conference on emerging trends in scientific research, December, 2015.
- [74] Mehta, P., Pandya, S., A review on sentiment analysis methodologies, practices and applications, International Journal of Scientific and Technology Research, 2020, 9(2), pp. 601–609