

# Adolescent's Interpersonal Communication Patterns on the Development of Learning Motivation

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**Abstract.** Humans are social creatures who need each other in carrying out daily activities and meeting the needs of life. Humans often carry out interpersonal communication as a process of socializing with other individuals. Adolescent interpersonal communication greatly affects the development of individual adolescent learning, because in this interpersonal communication there is an exchange of information or ideas and makes emotional, intellectual, and responsibility maturity. The purpose of writing this paper is to identify patterns of adolescent interpersonal communication on the development of learning. The writing method used is the analysis of library materials related to the topic of the paper. The result of writing this paper is that teenagers are able to create an atmosphere of interpersonal communication quite well. There are two points of conclusions regarding the paper. First, there are factors that encourage and inhibit adolescent interpersonal communication on the learning development. Last, adolescents have the potential or ability to increase interpersonal communication, good self-adaptation, even proven to have a very strong positive and significant relationship.

**Keywords:** adolescent, communication, development.

## 1 Introduction

Basically, humans are not only individual beings but also social beings. It is said to be social beings because individuals in their lives cannot be separated from interacting with other people in achieving certain goals. In order for individuals to succeed in interacting with their environment, the individual is required to be able to adapt to his social environment. For teenagers, the need to interact with other people outside the family environment is very large, especially the need to interact with their peers [15]. The need to interact with other people is very impactful, especially with their peers [14].

Humans will experience developments in their lives, both advanced and vice versa. One of the

developments that humans must go through is the development of adolescence. During this development, communication patterns are also important to develop. We learn to be human through communication. In the world of work, effective communication skills are important as they play a role in determining one's success [17]. Communication is a human activity that is often carried out. Every day Humans must communicate to interact with each other. Through interaction with someone through communicating indirectly can build interpersonal relationships with others. Frequent interpersonal communication occurs among teenagers because teenagers usually have problems that they want to tell his friend. Interpersonal communication involves emotional relationships between communicators and communicants, therefore teenagers often perform interpersonal communication with close friends or friends. In stage friendship and friendship usually arise from the similarities and interests that exist during a relationship. Adolescent metamorphosis occurs in adolescents both in terms of physical, emotional, interests, roles, and changes in the values that are believed [13].

Communication is an important part of human life, where communication activities are activities of exchanging information, both in the process of exchanging information, whether in the form of discriminatory stimuli, to change the behavior of the recipient of the message in the form of understanding or action [19]. Article 28 F of the 1945 Constitution explains that, "Everyone have the right to communicate and obtain information for personal development and social environment, and has the right to seek, obtain, possess, store, process, and convey information using all kinds of available channels". This means that communication is freedom which belongs to everyone. Research conducted by Kamaruzzaman entitled "Analysis of Students' Interpersonal Communication Skills", found obstacles in interpersonal communication by students who are quite high, such as inconsistent speaking, lack of understanding of cultural values so that communication with people of different cultures can be difficult [12]. Not understanding the other person, judging what he is doing is not good for other people, speaking without using body language, only centralized communication in one person, less skilled in communication, not in harmony in the style of speech and language, as well as different views in responding to something. In order for others to understand what we think and feel, our thoughts and feelings must be communicated verbally and nonverbally to others. In interpersonal communication, individuals want to understand feelings, thoughts, opinions, actions that individuals do. An individual tends to have good relations with people who can understand him well. On the other hand, the relationship between individuals will end badly when one or both individuals cannot understand each other [1].

## **2 Literature Review**

### **2.1 Interpersonal Communication**

In interpersonal communication, there is a relationship process carried out by two people individual. The individual relationship can be started from an attraction because of the similarity in interest, school level also comes from hobby tendencies. When two teenagers interact compatibility is not based on race, creed, ethnicity, gender and status, but according to interests and interests. On the other hand, in the virtual global, individuals tend to will be evaluated on the idea, not on gender, race, group or age. The changes in the relationship strongly related to sociology [7]. In the era of the latest post-citizen, technology in the world cyberspace or cyberspace experiences three levels of impact. The three levels of impact including at the individual, inter-individual, and community levels.

Communication in social media consists of the level of intrapersonal communication, interpersonal communication, group communication, and mass communication. Every level has its own characteristics and character [25]. Social media can make it easier individuals in communicating and can communicate privately, confidentially through the direct message feature that can only be read by the two of them. Besides that Another convenience is the absence of space and time limits that allow individuals can access social media anytime and anywhere.

Interpersonal communication contains two elements, namely: the process of exchanging information and feedback conversations [9]. Students in form a correlation with others showing the nature and character of openness, feel what others are experiencing, can hear and accept opinions of others, respecting diversity and older people. It means problems in the learning process can be overcome, including by creating interpersonal communication. In interpersonal communication, a communication atmosphere is built interpersonal. Difficulties in learning can be discussed internally (internally) with fellow students and teaching staff.

## **2.2 Adolescent Development**

Adolescence is a transitional period between the period of life of children and the period of adult life characterized by biological and psychological growth and development. Biologically it is characterized by the growth and development of primary sex and secondary sex whereas psychologically it is characterized by unstable or erratic attitudes and feelings, desires and emotions. The adolescent phase is divided into early adolescence with ages between 13-17 years and late adolescence between 17-18 years. Early and late adolescence have different characteristics because in late adolescence the individual has reached a developmental transition that is closer to adulthood [8].

The transitional period of development and growth faced by adolescents due to various physical, social, emotional changes, all of which will cause anxiety and discomfort. As a result, this period is also referred to as a period full of storms and pressures, because adolescents must learn to adapt and accept all changes that often cause emotional upheaval in them [8]. Adjustment in adolescents is the ability to plan and organize responses in such a way, so that they can survive and overcome all forms of conflict, difficulties, and frustrations efficiently and have mastery and emotional maturity. With this adjustment, it is hoped that adolescents will be able to live a better life, avoid problems and be more prepared to face change. The efforts made by adolescents in finding their identity are often done by forming an image or image about themselves [23].

## **3 Methods**

The writing method used in this paper are observation, interview and library literature which is sourced from several electronic scientific articles and electronic books that related to the title of this paper, namely the pattern of interpersonal communication of adolescents towards the development of the spirit of learning. The library materials used in this paper are already studied and analyzed into scientific writings

## **4 Results and Discussion**

### **4.1 Adolescent Interpersonal Communication Pattern**

Interpersonal communication skills are skills needed in an effort to build relationships and communication skills with other people [22]. The process of adolescent interpersonal communication usually occurs because of proximity or interest in something. The students as teenagers already have good enough skills in interpersonal communication. Students can also put themselves in certain situations for smooth interpersonal communication with others. There are several goals of interpersonal communication, namely knowing oneself and others, knowing the outside world, creating and maintaining relationships, changing attitudes and behavior, playing games, and helping others [20]. students' interpersonal communication skills are in the pretty good category [12]. In achieving good interpersonal communication, it is necessary to support adequate communication technology. Communication technology causes changes in culture and existing communication patterns. Global village, shows that we live in a global society and receive information very quickly [5].

Problems in the learning process can be overcome, among others, by: building interpersonal communication. There are several things that describe the closeness of a person's relationship in communicating, such as feeling close, telling about what they feel, appreciating each other, supporting each other, being emotionally close, unconditional support, openness and honesty, and affection and warmth. In interpersonal communication, a good interpersonal communication atmosphere can be built, as previously mentioned. Interpersonal communication skills are required in all types of interpersonal communication, both direct and indirect communication. Difficulties in learning can be discussed internally, both with fellow students and with professional educators.

A pattern is a fixed shape. Therefore, the communication pattern is communication between the communicator and the communicant through an appropriate way so that both parties can understand each other [3]. The pattern of adolescent interpersonal communication occurs quite well, there are several indicators that affect the pattern of interpersonal communication, namely students are good enough to have the desire to communicate and share information. Students are also quite good at having the confidence to express what is on their mind. The state of self in receiving a variety of information is quite good, and responds to what is received and is quite good at providing feedback. Before conducting interpersonal communication, students are good enough in having speaking skills, especially the preparations made before having conversations with other people include: physical preparation, material preparation, and mental preparation.

Based on research from previous journals that examined interpersonal communication at MTsN Parak Lawas Padang students, it appears that most students have interpersonal communication in the high category, which is 65.7%, some other students are in the medium category, which is 31.5%, then in the very high category by 2.8%. So, in general, students' social self-concept is in the high category. [4]. Here we can see openness between students, such as the willingness to open up to reveal information and be honest about the stimulus that comes.

#### **4.2 Supporting and Inhibiting Factors of Interpersonal Communication between Adolescents**

Learning is a process of adapting behavior in one condition, even during a pandemic that feels empty. The current state of learning is done virtually. Low motivation to produce a learning process that is not optimal [6]. Learning motivation is closely related to learning achievement, which is one of the factors for students to concentrate more and give more desire to be more enthusiastic in undergoing the teaching and learning process [11].

The characteristics of social life oblige each individual to build a relationship with another. So there will be a bond of reciprocal feelings in a relationship pattern called interpersonal relationships. In adolescent development at school, will do a lot of good interpersonal communication with teachers, friends, or the others. However, in interpersonal communication there are also supporting factors and obstacles to the continuity of the communication process.

The supporting factors of interpersonal communication in adolescents are teenagers have various types of interpersonal communication skills are quite good in speaking, good enough at asking questions, good enough at opening the door of communication by being open in communicating, and quite good at keeping polite when communicating. Students also apologize when they feel guilty, respond quickly to situations that occur around you, and is quite responsible for what is the obligation. In addition, students are also quite good at having desire to communicate and desire to share information, speak confidently what's on your mind.

Behind all the supporting factors of interpersonal communication, there are also inhibiting factors that occur in the process of interpersonal communication, such as inconsistent in speaking, lack of understanding of cultural values so communication with people from different cultures becomes difficult. Not enough understand the interlocutor, judge poorly what others are doing, speak without the use of body language, communication that is only focused on one person, less skilled in communication, not in harmony in speech and language style, and not the same view in response to something.

One of the factors that cause students not to have a passion for learning is that students are less active in asking and expressing their opinions when interacting. Students will be more confident in asking questions and can express opinions only to close friends. The causes of these problems are experiencing misconceptions and principles, learning activities are not optimal, interest in learning is low, interaction between adolescents is not optimal [2]

The application of communication by a person must always be trained and practiced, because in the process, a person may encounter obstacles and problems that need to be resolved. The experiences experienced in the communication process are a transition to the formation of effective communication. Communication barriers that occur are inversely proportional to the emergence of one's motivation. If communication is hampered, then motivation will not be formed. Barriers that arise in communication can be in the form of technical barriers due to lack of support for communication facilities and infrastructure, communication methods, physical conditions, environmental conditions, communication time, language, position, differences in social and educational backgrounds [16]

### **4.3 The Effect of Interpersonal Communication Between Adolescents on Development**

The students as teenagers have the potential or ability in foster interpersonal communication, good self-adaptation, even proven, has a very strong positive and significant relationship. Interpersonal communication can optimize the potential of students in the Peer Guidance program such as socializing the dangers of drugs and counseling services for friends who experience interpersonal communication and adjustment problems. Communication interpersonal skills can also help to determine a capable leader in building communication and can adapt in various activities intracurricular, cocurricular, and even extracurricular. In optimized learning learning model that emphasizes communication skills and fosters self-confidence, for example with group assignments, discussions, and presentations.

The role of social media also plays a role in influencing the process of occurrence interpersonal communication between adolescents. Especially in this day and age with the presence the internet and social media that are easily accessible via smartphones make teenagers easier to get information. Social media presence helps teens to interact with other people easily. Social media also allows teenagers to have many relationships and wide networks, because social media is like a window to see the outside world.

However, of the many positive sides of social media, there are also the negative side of social media that has an impact on teenagers. "The emergence of social media provides instant convenience for people to communicate personally through the internet but on the other hand it is also necessary considering the existence of social media, hoaxes, hate speech, or explicit content that is widely and massively disseminated" [7]. Therefore, teenagers need to perform screening beforehand so as not to be easily influenced by fake news which can reduce learning achievement.

Various difficulties of students in making adjustments at school are shown in the form of behavior, such as low self-esteem, fighting, violating school rules, not carrying out school assignments, truancy, often being late for school, opposing teachers, even not hesitate to do physical violence to teachers until die [10]. Like the case that happened in Madura, the persecution of an art teacher by his students during the process of learning fine arts until he died. Teenagers as social beings always interact with other people and throughout his life required to be able to adapt to the situation life is always changing [24]. Self-confidence means appreciating and judging yourself. More precisely have a positive attitude and belief in ourselves-we are in control of our lives and we can do anything we want [19]. Interpersonal communication skills are closely related to self-confidence. If students have good interpersonal skills, then students' self-confidence will be high. The better the students' interpersonal communication skills, the higher the student's self-confidence. Students who lack self-confidence will tend as much as possible to avoid communication situations

### **4.4 Thesis or Main Idea**

The teenagers have good interpersonal communication skills. Based on the literature sources analyzed by the author, teenagers are able to create an atmosphere of good communication with the interlocutor.

## 5 Conclusion

Based on the analysis and synthesis, it can be concluded that:

1. The supporting factors of interpersonal communication in adolescents are teenagers have various types of interpersonal communication skills are quite good in speaking, good enough at asking questions, good enough at opening doors communication by being open in communicating, and quite well in maintaining good manners when communicating. In addition, the factors obstacles that occur in the process of interpersonal communication, such as: inconsistent in speaking, lack of understanding of cultural values so communication with people from different cultures becomes difficult.
2. Students' interpersonal communication patterns occur quite well. There are several indicators that affect the pattern of interpersonal communication, namely the students it's good enough to have the desire to communicate and share information. Adolescents have the potential or ability to grow interpersonal communication, good self-adaptation, even proven to have very strong positive and significant relationship. Social media presence help teenagers to interact with other people easily. Social media also allows teenagers to have many relationships and wide networks, because social media is like a window to see the outside world. Share experience and information is often done.

## 6 Suggestion

That can be given through the writing of this article is interpersonal communication affects the personality of adolescents, therefore the family as the child's first place of learning should be the right place for the child to develop.

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